

# Guilden Sutton Church of England Primary School



*'Love and Justice for All'*

*'And what does the Lord require of you? To act justly and to love mercy and to walk humbly with your God.'* Micah 6:8.

*Through the teachings of Jesus all can flourish spiritually, emotionally and academically throughout life, living out love and justice for all.*

## Sex and Relationships Education Policy

<b>Staff member responsible</b>	Mrs. T. Rainford
<b>Governor/Other responsible</b>	Mrs. J. Hawkins
<b>Date of Policy</b>	May 2026
<b>Reviewed</b>	Annually

## School Mission Statement

Guilden Sutton Church of England Primary School strives to provide the best possible education for our children. We aim for excellence within a happy, secure environment where each individual's achievements are valued and celebrated. Our work is rooted in Christian values and attitudes. We provide a broad, balanced and inclusive curriculum that inspires and motivates pupils to achieve their full intellectual, emotional and physical potential. This includes ensuring pupils receive factual, developmentally appropriate information about the emotional and physical changes they will experience, particularly in relation to puberty, relationships and personal wellbeing.

## Introduction

This updated Sex and Relationships Education (SRE) Policy aligns with the **DfE RSHE Guidance Impact Assessment (September 2025)**. It reflects statutory duties placed upon schools, updates definitions and terminology from the 2025 review, and ensures compliance with the Equality Act 2010 and the Education Act 1996.

The school recognises that high-quality RSHE is essential for safeguarding, health promotion, and the development of respectful, healthy relationships. RSHE remains part of a whole-school approach to wellbeing, inclusion and character development.

## Aims

- Equip pupils with the knowledge, skills and values needed to build positive, safe and healthy relationships.
- Develop pupils' self-esteem, resilience and decision-making skills.
- Ensure pupils understand the physical and emotional changes associated with puberty before they experience them.
- Provide clear, factual, age-appropriate teaching that supports safeguarding and prevents misconceptions.
- Promote respect for difference and encourage inclusive attitudes reflecting the school's Christian ethos of *"Love and Justice for All."*

## Objectives

- To provide accurate, up-to-date and age-appropriate information, reflecting the 2025 RSHE revisions.
- To support pupils in understanding the consequences of their choices and how to keep themselves safe.
- To promote empathy, respect and understanding of diverse families and relationships.
- To ensure pupils learn how to recognise unhealthy behaviours, coercion, bullying and exploitation.

- To develop pupils' ability to seek help, report concerns and access trusted support networks.

### **Moral Values and Framework**

The sex and relationship education programme will reflect the school ethos and demonstrate and encourage the following values:

- Respect for self and others.
- Responsibility for actions and relationships.
- Rights of the individual and equality.
- Respect for diversity within the family, community, and wider society.

### **Delivery**

The school will ensure that keeping children safe and preventative education remain at the heart of PHSE subject.

The Sex and Relationship Education programme is integrated through Science, PSHE, and R.E. as well as a Health Week held annually in the Autumn term. The class teacher will be responsible for the delivery of the programme that has been developed by Coram Life Education-SCARF which has specific content including clear progression of 'knowledge and skill' for each year group and can be found on the school website under the 'Curriculum' tab or on each class page. Additional workshops or sessions may be delivered by trained external specialists when appropriate. Parents will be informed through newsletters and curriculum evenings.

### **Alignment with 2025 DfE Requirements**

In accordance with the September 2025 RSHE updates, the school ensures that:

- Core content is sequenced clearly, with progression mapped across year groups.
- Sensitive content is taught at developmentally appropriate stages, in line with updated DfE age brackets.
- All materials used are reviewed by the RSHE Lead to ensure they meet statutory expectations.
- Teaching places a strong emphasis on safeguarding, digital safety and personal boundaries.
- Concepts related to consent, respect, online interactions, and prevention of sexual harassment and violence are integrated across year groups.

### **Inclusion and Equalities**

- All pupils will receive RSHE education, including LGBTQ+ content, taught in a non-sexualised, age-appropriate way, in accordance with the Equality Act 2010.
- LGBTQ+ relationships and families will be integrated across relevant topics rather than taught separately.

- Materials will reflect a wide diversity of families, identities and life experiences.
- Lessons will be adapted to meet the needs of pupils with SEND or those with additional vulnerabilities.

### Teaching Approaches

- Interactive, discussion-based learning such as role-play, case studies and group tasks.
- Use of agreed vocabulary to promote clarity and consistency.
- Opportunities for pupils to ask questions safely, including use of anonymous question boxes.
- Clear ground rules established for respectful participation.
- Single-sex groups may be used for certain puberty-related sessions where appropriate.

Teachers will ensure that:

- Pupils' questions are answered factually and sensitively.
- No inappropriate or explicit materials are used.
- Pupils are discouraged from sharing personal or sensitive information in whole-class settings.
- Disclosures are managed in line with safeguarding policies.
- Content related to self-harm or suicide is handled carefully, avoiding detailed or suggestive information.

### Working with Parents and Carers

The school is committed to strong partnership with parents and will:

- Provide information about when and how RSHE content will be taught.
- Offer opportunities to view teaching materials.
- Consider parental feedback when shaping curriculum delivery (although parents do not have a veto on content).
- Provide support and guidance for parents wishing to discuss RSHE topics with their child at home.

In line with the Education Act 1996 and the 2025 DfE guidance:

- Parents may withdraw their child from **non-statutory sex education**.
- Parents **cannot withdraw** their child from **relationships education, health education, or the science curriculum**, including teaching about puberty.
- Requests to withdraw will be discussed with the Headteacher to ensure parents understand the implications.

Parents wishing to withdraw are invited to see Mrs. Rainford and/or Mrs. Cawley, Mr May who will explore their concerns and discuss any impact that such an action may have on their child, including the possible negative experiences or feelings that may result.

Sex and Relationship Education materials will be made available to parents who wish to supplement the school programme. This policy will be shared with parents to ensure further cementing open communication and opinions/views sort.

Parents can seek additional support from the school where they feel it is needed.

### **Safeguarding and Confidentiality**

- All staff will follow the school's Safeguarding and Child Protection Policy.
- Staff cannot promise complete confidentiality to pupils.
- Any safeguarding concerns arising from RSHE lessons or pupil questions will be referred immediately to the Designated Safeguarding Lead.
- Pupils will be made aware that adults may need to share information to protect their safety.

### **Answering Difficult Questions**

Teacher should establish with the young people, a set of ground rules so that young people are aware of the parameters. For example:

- If a question is too personal, remind the young person about the ground rules.
- If a question is too explicit, acknowledge it and meet with the young person later. (It is important to remember to never meet with a young person on own whilst also respecting the request of confidentiality of the young person.)
- If the answer to a question is not known- say so. The class and teacher can research the information together.
- Any concern about sexual abuse should be followed up under the child protection procedures.
- If children need additional support the staff can refer to School Health Advisor or help from another outside agency.
- There are questions that staff will not answer and children will be guided to their parent/ carers.

### **Procedures for Policy Monitoring and Evaluation**

The overall responsibility for the policy monitoring and evaluation remains with the Governing Body.

Other policies linked to Sex and Relationship Education policy are:

- Safeguarding & Child Protection Policy
- Equality & Diversity Policy
- Teaching & Learning Policy
- Anti-Bullying Policy

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- Mental Health & Wellbeing Policy
- Online Safety Policy

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