

THOMAS FRANKS COMMUNITY

WEEKLY MENU



Week 2 – Winter Menu					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main	Chicken Sausage (H) Or Plant Based Sausage (V)	Pasta of the Day Chicken or Cheese	Turkey Rolls Or Veg Rolls	Slow-cooked Katsu Chicken Curry (H) Or Veg Katsu(V)	Beef Burger Or Veg Burger
Side	Yorkshire Puddings & Crushed Potatoes	Home-made Garlic Bread	Mash Potatoes	Egg Noodles	Chips
Vegetable Side	Daily selection of Vegetables & Gravy	Daily selection of Vegetables	Daily selection of Vegetables	Daily selection of Vegetables	Peas
Dessert	Fruit Jellies	Carrot Cake	Banana Bread	Chocolate Rice Pudding	Sprinkle Cake
FRESH FRUIT & SALADS AVAIABLE DAILY					