



THOMAS FRANKS COMMUNITY WEEKLY MENU



Week 1 – Winter Menu					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main	Sweet & Sour Chicken (H) Or Plant Based Sweet & Sour (V)	Beef Chilli (H) Or Quorn Chilli (V)	Jacket Potato Day	Beef Lasagne Or Veg Lasagne	Jumbo Fish Finger Or Veg Fingers
Side	Vegetable Rice	Spaghetti	Cheese Tuna Mayo	Mash Potato	Chips
Vegetable Side	Daily selection of Vegetables	Daily selection of Vegetables	Coleslaw Beans	Daily Selection of Vegetables	Peas
Dessert	Danish Pastry	Shortbread	Fruit Flapjack	Fruit Choc Krispy Cakes	Beetroot Brownie
FRESH FRUIT & SALADS AVAILABLE DAILY					

FOR ALLERGEN INFORMATION, PLEASE ASK A MEMBER OF THE CATERING TEAM.