



Newsletter



Friday 2nd October 2026

Dear Parents and Carers,

As we begin the month of October, we see the return of the Rosary Challenge. This week classes have taken part in the Mark 10 Mission and have started to pray a decade of the Joyful Mysteries each day this week.

In other news this week, Mrs Bridge visited St Paschal Baylon in Liverpool on Tuesday in search of some additional items to furnish the Chapel. Tiffany, Layla, Sam & Bobby in Year 6 helped to clean up the statues and organise the new resources over lunchtime. A big thank you to them for giving their time so generously.

Our hugely popular Fairtrade Stall comes to an end today. We would like to express our gratitude for your support with this project. The children have enjoyed learning about how Fairtrade promotes fair pay for the farmers and producers around the world. This ties in with the Catholic Social Principles of 'Equality' and 'Option for the Poor'.

Well done to our Y4/5/6 Football team. Mrs Lawman is extremely proud of you all and the way you represented our School over the past three weeks. Congratulations on your win in last night's match against Farington Moss.

And finally, thank you for all you do to support our school community as we love, learn and follow Jesus every step of the way. Wishing you all a peaceful and restful weekend.

Mrs Bridge

Headteacher

*St Joseph, most loving and watchful father.
Pray for Us...*



Class St Teresa

Happy October! 🍂🍁

October is my favourite month of the school year, and we have certainly kept ourselves busy with lots of exciting learning this week!

One of the children's favourite activities was tasting a variety of delicious, juicy fruits. In History, we have been discussing how houses have changed over time and exploring the reasons why homes have evolved. In Science, we have been learning about the importance of keeping our teeth healthy and the ways we can look after them every day.

In RE, we discussed who Pope Francis is and why he is such an important leader in our Catholic faith. We linked our learning to the Nicene Creed and reflected on the many gifts God has given us. Next week, we are looking forward to learning all about Laudato Si' and how we can care for God's wonderful creation.

In English, we have begun exploring our new class texts: A Superhero Like You in Reception and Hoorah for Mary Seacole! in Year 1. The children have made a fantastic start, showing great enthusiasm as they read, discuss and learn about the characters and stories.

We have also been working hard in Phonics, learning lots of new sounds. Year 1 have been especially excited to learn their first split digraph, and we are incredibly proud of the progress they are making.

What a wonderful start to October! 🍁🍂🌟

Please continue to read regularly at home and use the provided flashcards to help consolidate their sounds. I am looking forward to another wonderful week of learning, growing, and walking alongside Jesus.

- Miss McEvoy and the St Teresa Class team!

Reminders

- Full Forest School kit is to be worn on Thursdays.
- Please ensure your child's reading book and wallet comes into school everyday.



'Love is Patient and Kind' - 1 Corinthians 13:4

P.E days

Tuesday
and
Wednesday



Forest school

Thursday



Homework

Maths- NUMBOTS
Reading- Daily
home reading
Year 1 Spelling



Spellings Test every Friday (Y1 only)

1. game
2. take
3. made
4. blame
5. house
6. our



Other

If there are any resources you require to support your child at home, please let me know and I will be more than happy to help!

This week we have learnt the sounds...

YR- o c k ck

Y1- a-e

Please help your
child to learn
these sounds.



Our week in photos!

Well done to this weeks certificate winners!

Head Teacher award- Bea
Reading award- Joshua
Witness award- Leah



Class St John Paul II

'Be determined and confident! Do not be afraid.' Joshua 1:9

What a wonderful week! The children have really collaborated and earned all their stars meaning a whole class treat is on the way!

In RE, we thought about how the people who sinned against God in the story of Noah and how this damaged God's Creation. We also reflected on how people who have damaged God's Creation can 'turn over a new leaf' and repair their friendship with God. The children worked exceptionally hard in English, planning, writing and publishing their own humorous poems. Year 3 began their new Maths unit on Addition and Subtraction and Year 2 worked on ordering and comparing two-digit numbers. In History, the children learnt about Florence Nightingale and the significance her life had. Everyone loved exploring our Forest School area in Science, searching and observing insects in different habitats.

Have a lovely weekend,
Mrs Shaw and the Class John Paul II team



Congratulations!

Witness Award - Marnie
Headteacher Award - Archie
Reading Award - Nancy



Homework

Each week the children will need to:

- Read daily
- Go on TTRS/ Numbots
- Practice their spellings for their spelling test on Friday

Year 2 Spellings

Monday
Tuesday
Wednesday
Thursday
know
knot
knuckles
knock
knees
knife

Year 3 Spellings

WEEK 4

Words with Long O

throat	stroke
croak	phone
below	toast
tomorrow	potatoes
hero	suppose

PE days are
Wednesday and
Friday

Class St Edmund Arrowsmith

1 Corinthians 16:13

"Be on your guard: stand firm in the faith: be courageous: be strong."

The week seems to have flown by. There have been so many moments of joy as the children develop new skills and gain in knowledge. It has also been lovely to see many examples of empathy being shown between the children in Class Arrowsmith. The classroom has been a place of encouragement and support. In RE the children were impressed and excited by the poem Refugee by Brain Bilston, a reverse verse poem which sparked some very deep thinking about how we live out the scripture "Love your neighbour." The class are becoming much more confident using their presenting voice to the class and we were entertained by a number of re-telling's of the myth Icarus in English. They are also becoming multiplication fact experts - next week we will focus on the 12 times table. For the third and final week I had the pleasure of accompanying the football team and I was over the moon to see them achieve an impressive win. I never doubted them for a second and have watched them grow from strength to strength. If any parents feel they would be interested in helping to coach the team with Coach Scott, please contact school for more information. As we are focusing on oracy in class please encourage your child to read aloud to you at home. It helps so much to develop reading fluency and understanding of the texts. This week there is a task on Maths.co.uk too.

Thank you, as always, for all your continued support.

Mrs Lawman and the Arrowsmith Class Team



PE: **Wednesday** and **Friday**

Swimming: **Tuesday for Y4**

Homework

Each week the children are expected to:

- Read daily
- Practise weekly spellings (Test on Friday) and multiplication facts.
- Complete task set on Spag.com and Maths.co.uk



This Weeks' Spellings

Year 4

group

through

bruise

cruise

suitcase

youth

routine

Year 5 and 6

passed

past

aloud

allowed

affect

effect

atrocious

Certificate winners this week:

Head Teacher award- Tiffany

Reading award- Elliott

Witness award- Sebby

Clubs, Attendance & Key Reminders

After School Activities

- Mondays: Choir (Let's Go Sing!)
- Tuesday: Multisports with Coach Scott
- Wednesdays: Multisports with Coach Scott, starting with Football Those taking part in the Y5/6 leagues this term are encouraged to attend but must still book
- Thursday: Jam-Coding with Mr Bamford

The Nest

The After School wraparound service at Brindle Gregson Lane runs until 6pm daily. Places can be booked by contacting office@bgl.org.uk



Polite Reminders

Please remember to let the school office know of any pupil absences as soon as possible. If we do not hear from you, we will phone to chase up the reason. This is part of our safeguarding procedures. Thank you.

Please continue to use School Spider for all bookings (The Ark before school, toast, lunches, trips, activities and after-school clubs). Please feel free to contact us if you need any help with this.

Please try and plan dentist appointments for times either outside the school day or at the end of the school day so that minimal learning time is lost.

Remember to label all items of clothing. Thank you.

Water bottles brought into school should only contain water please, and not juice.

Attendance

Year Group	Weekly	Year
Reception	91.7%	97.7%
Year One	100%	99.7%
Year Two	98.1%	97.0%
Year Three	100%	99.4%
Year Four	97.5%	99.3%
Year Five	100%	100%
Year Six	95.0%	94.6%
School Total	97.3%	98.3%

The Ark

Breakfast Club
7.30am - 8.40am
daily.

Places available on
School Spider.



Dates for your Diary

Date	Class	Event
Monday 5 th October	Invitation to all parents	Abdul Logde - Family Hub Drop in Session 9-10am No appointment needed. See School Spider message for further details.
Friday 9 th October	Reception & Year 1	Stay and Pray with us 9-9.30am (Class Celebration of the Word). All are invited to attend.
~~Tuesday 13th October~~	~~Year 4, 5 & 6~~	~~CANCELLED Chorley Crucial Crew Event 12pm-2.30pm (Free)~~
Wednesday 14 th October	All	Handball Festival- PE kits needed in school for all children.
Wednesday 14 th October	All	Disconnect to Reconnect Day! No devices used all day in our learning. Let's get outdoors! #LiveSimplyAward Pupils will need to come in PE kit but also bring layers to wear over the top as we plan to get outside as much as possible during the day
Monday 19 th October	Invitation to all parents	Abdul Logde - Family Hub Drop in Session 9-10am No appointment needed. See School Spider message for further details.
Tuesday 20 th October	All pupils	Individual and sibling school photographs
Wednesday 21 st October	New Parents for September 2027	Open day 1: 9.30am-11am; 1.30pm-3pm & 4pm-5pm
Wednesday 21 st October	Reception only	NHS Eye sight screening check (see School Spider for details)
Friday 23 rd October	All	Non-uniform in exchange for a long-life item donation to the Living Waters Food Bank and/or a small monetary contribution to CAFOD. 9am - Mini Vinnie-led assembly. Everyone is welcome to attend.
Friday 23 rd October	All	Break up at the normal time for the half term break

Tuesday 3 rd November	All	School re-opens for all pupils
Friday 6 th November	Y6 parents	Parental briefing about SATs and the residential trip 3.30-4.30
Monday 9 th November	All	CAFOD assembly and workshops in school
Monday 9 th November	Invitation to all parents	Abdul Logde - Family Hub Drop in Session 9-10am No appointment needed. See School Spider message for further details.
Tuesday 10 th November	All pupils	The Poppy and Remembrance day assembly
Wednesday 18 th November	Reception pupils	Height and weight checks
Thursday 19 th November	All pupils	PTFA Friendship Disco 6pm to 7.30pm
Monday 23 rd November	Invitation to all parents	Abdul Logde - Family Hub Drop in Session 9-10am No appointment needed. See School Spider message for further details.
Friday 4 th December	All	PTFA Christmas jumper swap - more details to follow
Monday 7 th December	Invitation to all parents	Abdul Logde - Family Hub Drop in Session 9-10am No appointment needed. See School Spider message for further details.
Monday 7 th December	All	Rocksteady concert - all parents are invited
Friday 11 th December	All	PTFA Santa dash - 2pm to 3.20pm
Friday 18 th December	All	School closes at 1.15pm

*Please remember that every Friday there will be a Celebration assembly at 2.50pm.
Everyone is welcome to attend and celebrate with us!*



SCHOOL ADMISSIONS SECONDARY EAST

**Do you have a child starting
secondary school in September 2027
and living in Lancashire?**

Closing date: 31 October 2026

You must apply even if a brother or sister is already at the school.

Apply for a school place now by scanning
the QR code or visit lancashire.gov.uk/schools



If travel cost is an important factor in your school preference,
please check the guidance on our website, or call 01254 220747.

**Have
your say**

*Between 1 October and 31 January schools are consulting with
you to make sure admission arrangements meet future needs.
To find out more please visit www.lancashire.gov.uk/schoolplaces
and click 'school admission policies'.*

lancashire.gov.uk



Lancashire
County
Council





Access School Health in a drop in session
Support for children, young people, parents and carers

HEALTH & WELLBEING SUPPORT

- ✓ Emotional health and wellbeing
- ✓ Healthy lifestyles
- ✓ Sleep concerns/ Toileting issues
- ✓ Behaviour support
- ✓ Growth and development
- ✓ School-related health concerns
- ✓ General health and wellbeing questions

DROP-IN SESSIONS FOR SEPTEMBER

📍 **1 October 2026** | 9:30am-12:00pm
The Zone (next to Skelmersdale Library), WN8 6PZ

📍 **15 October 2026** 09:00-12:00
Coppull Library PR7 5BZ

📍 **08 October 2026** 2:00-4:00pm
Preston West Family Hub, PR2 1TU

📍 **21 October 2026** | 9:30am-11:30am
West Paddock, PR25 1HR

📍 **27 October 2026** | 2:00pm-4:00pm
Ribbleton Family Hub, PR2 6EE

ACCESS TO WIDER SUPPORT

Delivered as part of the One Stop Shop in partnership with the Early Help Partnership, helping families access advice, guidance and local services.

NO APPOINTMENT NEEDED
Simply come along to a session that suits you.

★ **MORE LOCATIONS • MORE DATES • BETTER ACCESS TO SUPPORT** ★

October Timetable

All regular sessions delivered live online via zoom, 90 minutes long

£24 each or FREE with School Membership

Book online at facefamilyadvice.co.uk

Recordings available for 48 hours

Raising Self-Esteem	5 Oct 10am
Supporting Healthy Sleep	5 Oct 7pm
Decreasing Depression	6 Oct 10am
Introduction to OCD	6 Oct 7pm
Improving Family Communication	12 Oct 10am
What is ACT?	12 Oct 7pm
Understanding Addictive Behaviour	13 Oct 10am
Supporting a Child with ADHD	13 Oct 7pm
Understanding Anger	19 Oct 10am
Understanding the Teenage Brain	19 Oct 7pm
Supporting Healthy Screen Use	20 Oct 10am
Autism: Improving Communication	20 Oct 7pm
FREE - ADHD and Homework	22 Oct 7-8pm
Facing Defiance	26 Oct 10am
Cannabis & Ketamine Awareness	26 Oct 7pm
School Anxiety	27 Oct 10am
Anxiety Explained	27 Oct 7pm

Orchestral

Saturday 17th October 2026

All Hallows Catholic High
School, Preston, Lancashire,
PR1 0LN

[Find out more](#)



Calling 8-14 year old
musicians from
Lancashire!

Do you play an orchestral
instrument at Grade 2-5 level?

Join NCO for a day of free
orchestral music making.





Winter Warmer Event

Help us keep little ones warm this winter!

We are collecting clean, good condition children's items for 0-5 years.

A safe warm bed, warm clothes and cosy essentials can make a huge difference to a child's health, wellbeing and future.



Children's coats
♥ (0-5yrs) ♥



Hats, scarves
& gloves ♥



♥ Wellies ♥



Pyjamas
& cosy socks ♥



♥ Blankets
& sleepbags ♥



♥ Puddle suits ♥



♥ Pram cosy toes ♥



Drop off points

➤ Last day: Friday 23rd October ➤



3 Eagleton Way
PR1 9SL



294 Tag lane
PR2 3UY



3 Hillpark avenue
PR5 0AS



Message us here or text us on

07852304225

♥ if you can help ♥

Thank you for your kindness and support! ♥



There's life in your unwanted
furniture and electricals



FREE & FAST COLLECTION

You may not want your old sofa, TV or fridge,
but we do. We'll collect them from your home
and find them a new life. The funds raised will
help save countless lives too.

**FIGHT
FOR EVERY
HEARTBEAT**

bhf.org.uk

BOOK A FREE & FAST COLLECTION:
CALL YOUR BLACKBURN STORE
01254 867 670
bhf.org.uk/collection



PERCUSSION DAY 2026

SIGN UP!



£7.50 PER YOUNG PERSON

VENUE

ST CHRISTOPHERS CE HIGH
SCHOOL, QUEENS ROAD WEST,
ACCRINGTON, BB5 4AY

WHEN

SUNDAY 11TH OCT 2026 | 10AM-3:30PM

SPECIAL GUEST

SIMONE REBELLO & BACK BEAT



LANCASHIRE
MUSIC SERVICE

Active Camps

Venues:

Cuerden Church Primary School, PR5 6ED
Monday 26th to Thursday 29th October

Kingsfold Primary School, PR1 9HJ
Tuesday 27th and Wednesday 28th October

Halloween Parties, Scooting, Archery, UV
Sports, Dodgeball, and so so much more....

Cost per day: £14.00

Cost per block: £52.00

For booking Visit:

southribble.gov.uk/activecamps

Drop off 8.30am - 9am

Pick up 4.30pm - 5pm

**Council Funded Places available for
children in receipt of Free School Meals**



Dodgeball,
dance, scooting,
cycling, glow sport,
soft axe throwing,
archery and much
more!

All staff
enhanced DBS
cleared, also
safeguarding
and first aid
trained



With highly
qualified sports
coaches and
teachers



All children
provided with a
healthy lunch



Click here to
find out more

Online Safety Newsletter

October 2026

CapCut

CapCut is a video editing app. Their services are intended for those over the age of 13 (those under the age of 18 must have consent from their parent/legal guardian). It is rated as 13+ on the App store.

What can I do on CapCut?

CapCut is used as a video and image editing tool allowing users to edit their videos/ images as well as add music, sound effects, text and stickers.

What should I be aware of?

- The templates are user generated, therefore they may not always be appropriate for your child to view, for example may contain adult themes.
- CapCut includes access to a library of music that may include explicit lyrics.
- Premium content – CapCut does include in-app purchases/monthly subscriptions to allow users access to premium content.

Further information

Wayne Denner provides further information about the social side of CapCut including a comments section: <https://www.waynedenner.com/capcut-parents-guide/>

Would you like to read this newsletter in a different language? You

can use the translate tool on our web version: <https://www.knowsleycitycs.org.uk/october-2026/>

AI companions

What are AI companions?

AI companions are artificial intelligence services designed to interact with users to simulate friendship or romantic relationships. There are many different AI companions available, accessible via apps or websites. **Many of these apps are intended for adults and have an age rating of 18+.**



Why are children using AI companions?

There are many reasons a child might want to use an AI companion, including:

- ☐ To ask advice and questions that they may be embarrassed to ask another person. It may be easier to talk to an AI companion, so it is imperative children understand the difference between AI and real people.
- ☐ They feel lonely and are looking for friendship.
- ☐ Children may just be curious and want to try new technology.

What should I be aware of?

Age restrictions: it is important to check the age rating to see if it is appropriate for your child.

Inappropriate content: there is often a lack of moderation so users could be exposed to content/language that is not suitable for their age.

Emotional dependence: AI companions are designed to act as a friend, encouraging an emotional dependence. This may lead to your child becoming over reliant on the service. A chatbot should never replace a parent, a medical professional or other trusted adult.

Relationships: repeated use of AI may influence a child's understanding of relationships and consent in real life.

Privacy and personal information: children should not share personal or confidential information with AI companions.

What can I do?

- ☐ Check the age rating and any privacy settings.
- ☐ Set up appropriate parental controls on their devices/ broadband.
- ☐ It is crucial to have regular conversations with your child about the risks outlined above and about what they are doing online. Ensure your child knows that they should talk to you or another trusted adult if anything concerns them.

Further information

<https://www.internetmatters.org/resources/ai-chatbots-and-virtual-friends-how-parents-can-keep-children-safe/>

Discord

Discord is a social networking app originally designed for gamers, but is now used by lots of different people to **chat to each other online**. The minimum age to access Discord is 13. **The App store rates it as 17+.**

Discord is made up of servers, which are spaces for groups to chat, upload files and share images etc. Anybody can set up a server, and it can be set as either public or private. Users can video call and send direct messages to other individuals or groups. Children who play online games such as Fortnite may use Discord to chat whilst playing the game (**rather than using the game's own chat facility**). In-app purchases are available through Discord's subscription service called Nitro.



How can I make it safer?

Discord have created a Family Centre, which provides further information about what Discord is, as well as information about different safety settings available:

<https://discord.com/safety-family-center>

As always, we would encourage you to chat to your child to see why they use Discord and ensure that they know how to block users and what to do if they see any inappropriate content. It is important to be aware that Discord does include video/voice calling which cannot be filtered. **Discord is used by an array of users and therefore adult content can be found on Discord, as well as inappropriate language.** Discord have produced this article, which answers frequent questions:

<https://discord.com/safety-library>

5 fun online activities

Whilst we must be aware of the negative aspects of the internet, it's also important to remember that it can also be a great place to have fun or learn something new as a family. Why not try the following?



1. Playagametogether.
2. Takeafamilyquiz—itcouldbearoundthetopicofonlinesafety(e.g. from Childnet) or you could use Kahoot to create your own.
3. Learnsomethingnew—exploreBBCBitesize,NationalGeographic Kids or Khan Academy.
4. Createsomething—makeadigitaldrawingorvideo.
5. ReadanAudiobook.

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date released 01.10.26. The inclusion of any links does not imply any affiliation with or endorsement of the linked websites, documents, or videos, nor are we claiming any ownership or copyright in the content of the linked materials.

Doki Doki Literature Club

Doki Doki Literature Club is a game that, due to its cartoon anime appearance may appear to be a game suitable for all. However, as the game progresses, it contains much darker and potentially distressing themes. The game includes references to suicide, self-harm and death.

The App store rates it as 18+ as it has cartoon or fantasy violence and horror/fear themes as well as infrequent profanity and crude humour. The game is described as psychological horror. You should also be aware that the app also includes in app purchases.

The game's own website also states that it "is not suitable for children or those who are easily disturbed."

Please ensure you have set up appropriate parental controls on any devices and platforms that your child uses to ensure they can't access games that are not suitable for their age.

Happy Tree Friends

Happy Tree Friends is another animated series that might look harmless because of its cartoon graphics, but the programme contains violence, death and blood. Clips of Happy Tree Friends are also circulating on social media platforms.

As above, we would recommend that you have set up appropriate parental controls to limit exposure to content like this. Also, chat to your child about what they are watching online and ensure they know that if they do see something online that upsets them, then they should talk to you or another trusted adult.

Further information:

<https://www.commonsensemedia.org/website-reviews/happy-tree-friends>