

PSHE Whole School Overview

	AUTUMN Relationships		SPRING Living in the wider world		SUMMER Health and Wellbeing	
Y1	Who are my special people?	How can I keep myself safe?	Why are rules important?	How do people help us and keep us safe?	What are my healthy routines?	What makes me special?
Y2	How can I make a friend?	Why is difference important?	What is appropriate touch?	Who works in our local community?	How do I stay safe online?	How can I look after my body?
Y3	What is special about my family?	Can I really know someone online?	How can we help to make the world fair?	What jobs might I do when I grow up?	What choices can I make for myself?	How can we solve problems and overcome barriers?
Y4	How can I build positive relationships?	How can I be respectful online?	What roles can people have in the community?	What do people do with their money?	How have I changed physically?	How can I maintain a balanced lifestyle?
Y5	What are the features of a positive family life?	How can I maintain healthy boundaries?	What are the links between rights and responsibilities?	How do people earn money?	What are some changes and challenges I might face and how can I manage them?	What skills do I already have?
Y6	What constitutes a healthy relationship?	How can we challenge stereotypes?	What are my human rights?	What routes are available into jobs?	How can I support myself online and manage peer pressure?	What does my body need in order to be healthy?