

ALLERGY FREE Spring 2026 – HALE SCHOOL - TRADITIONAL

	Main	Accompaniments	Desserts	Recipe checked for allergies
Week 1 Day 1	RAFJDNW1342 AF Tomato Pasta	RJDNW1602a Peas & Sweetcorn Medley	RJDNW2703 Strawberry Fruit Smoothie	
Week 1 Day 2	RAFJDNW0119 – Allergy Free Bolognese	RJDNW1604 Carrot & Broccoli Medley	RAFJDNW2304f – Allergy Free Chocolate Cookie	
Week 1 Day 3	RAFJDNW0338 AF Chicken in KM Tom Sauce	RJDNW1612a Carrot & Cauliflower RJDNW1506 Rice	RAFJDNW2306 AF 'Jammy Dodger'	
Week 1 Day 4	RAFJDNW0403 Chicken Paella	RJDNW1627 Green Beans	RAFJDNW2304 AF Shortbread	
Week 1 Day 5	RAFJDNW0401 AF Chicken Goujons	RJDNW1563 Skinny Fries RJDNW1603a Peas & Carrot Medley RJDNW2811 Ketchup	RAFJDNW2111 AF Orange jelly & Mandarins	
Week 2 Day 1	RAFJDNW1342 AF Tomato Pasta	RJDNW1602a Peas & Sweetcorn	RJDNW2703 Strawberry Fruit Smoothie	
Week 2 Day 2	RAFJDNW0440 Italian Chicken Loaded Wedges	RJDNW1605 Baby Corn	RAFJDNW2109 AF Raspberry Jelly	
Week 2 Day 3	RAFJDNW0404 - Allergy Free Chicken Risotto	RJDNW1627a Green Bean & Carrot Medley	RAFJDNW2304h AF Chocolate Shortbread	
Week 2 Day 4	RAFJDNW0338 AF Chicken in KM Tom Sauce	RJDNW1506 Rice RJDNW1612 Carrots	RAFJDNW2306 AF 'Jammy Dodger'	
Week 2 Day 5	RAFJDNW0401 AF chicken goujons	RJDNW1563 Skinny Fries RJDNW1611 Baked Beans	RAFJDNW2336t AF Lemon Shortcake	
Week 3 Day 1	RAFJDNW1342 AF Tomato Pasta	RJDNW1602a Peas & Sweetcorn Medley	RJDNW2703 Strawberry Fruit Smoothie	
Week 3 Day 2	RAFJDNW0440 Italian Chicken Loaded Wedges	RJDNW1611 Baked Beans	RAFJDNW2304f AF Chocolate Cookie	
Week 3 Day 3	RAFJDNW1358 - Allergy Free Roast Chicken	RAFJDNW1508 - Allergy Free Creamed Potato RJDNW1627a Green Bean & Carrot Medley RJDNW2807 - Gravy	RAFJDNW2305 AF Golden Crispy Cake	
Week 3 Day 4	RAFJDNW0338 AF Chicken in Tom Sauce	RJDNW1506 Rice RJDNW1606 Broccoli	RAFJDNW2109 AF Raspberry Jelly	
Week 3 Day 5	RAFJDNW0401 AF Chicken Goujons	RJDNW1563 Skinny Fries RJDNW2811 Ketchup RJDNW1603a Peas and Carrots	RAFJDNW2304 AF Shortbread	

AVAILABLE DAILY – Allergy Free Orian Dinner Packed Lunch RAFJDNW1403 AF Tomato & Basil Pasta PL, RJDNW1601PL Apple Wedges, RJDNW1608PL Orange Wedges,

RJDNW1658 Carrot & Cucumber Sticks, RJDNW1660PL Mixed Raisins & Sultanas