

St Martin's Newsletter



Autumn TERM 2026/2027

Friday 11th September

Attendance

A fabulous first week back with a whole school attendance of 95.5%. Remember anyone arriving at school after 8:50 am will be marked late. Let's be an attendance HERO!

			
	Attendance	Lateness	Purple Points
Nursery	96.1%	3	Not started
Reception	95.35%	3	13.3
Year 1	100%	6	20.3
Year 2	98.4%	3	12.7
Year 3	91.43%	3	23.5
Year 4	96.54%	1	14.2
Year 5	90.69%	9	14.7
Year 6	96.48%	4	11.7

Year 1 and Year 3 win the bonus break this week.

St Martin's Stars

Well done to all our certificate winners this week!

			
	Shining Star	Purple Tie	Our Values
Nursery	Parker	Lottie P	Bonnie
Reception	Arlo	Aubrey	Archie
Year 1	Muna	Layla	Bobby
Year 2	Georgie	Violet	Harry
Year 3	Ellenor	Layla	Theo
Year 4	Kingsley	Addison	Kyra
Year 5	Harvey	Savannah	Ellzah
Year 6	Tyler J	Sapphire	Kai

Safety Advice

This guide is about helping children [return to school routines](#) after the holidays, with practical tips for sleep, wellbeing, learning, confidence and connection.

Message from Mrs Ming

What a lovely first week back, we have all had. The children all looked so grown up in their new uniforms and most had grown at least 5cms in 6 weeks! It has been lovely hearing all the stories of their summer holidays and they have all come back excited and enthusiastic to learn. Thank you to the parents who have completed the home/school partnership agreement. It is really, important that we work together to achieve what the children deserve.

The classes have been very busy applying for their roles and voting for their class representatives. A list is attached to this newsletter, and I would like to say a big well done to everyone.

Just a reminder that it is our **50th anniversary celebration next week** but I would still like some photos to put a display together. If you have any from across the years please email them to admin@st-martins.halton.sch.uk or bring them in on Monday for us to photocopy. Thanks. Have a lovely weekend.

Parent Notice Board

St Martin's 50th Anniversary Friday 18th September
See attached leaflet
UKS2 Mass Wednesday 23rd September 10am
School Photos Thursday 24th September
Children to bring PE kits with them to change into
Y6 Assembly Friday 25th September 9am

Clubs

The survey for clubs will be sent out today and clubs will begin on Monday (14th September.)

PE days and Extra opportunities

PE is on Thursday for Y1, 2, 4, 5 & 6.
Swimming until Christmas is on Friday for Y3.
Judo is on Friday for Y6 until October half term.

Y5 and Y6 will be learning Brass instruments on a Tuesday Morning.
Y2 will be having Music and Movement lessons on Tuesday Afternoon.
Y3 and Y4 have singing lessons on Wednesday Mornings

Catholic Life and Reflection

The Wednesday Word is a resource for parents to use when discussing the [weekly Gospel](#) with their families.

All parents and families are welcome to join year 5 & 6 for Mass on **WEDNESDAY 23rd SEPT at 10am.**

Pupil Leadership Team

Y6 Leaders

Head students – Charlie and Imogen

Class Captains –

Pre-School – Damien & Cathryn

YR – Amelia F & Isaac

Year 1 – Mila & Reggie

Year 2 – Sophie & Pennie

Year 3 – Sapphire & James

Year 4 – Kai & Tyler R

Year 5 – Lennocks & Evie

Tech gurus – Charlie & Imogen

Sports ambassadors – Tyler R, Chimmy, Kai & Sapphire

Library monitors – Amelia F & Sophie

Hall monitors – Mason, Chimmy & Pennie

Phone monitors – James & Tyler J

Junior Safety Officers – Year 5 – Harper & Vlad

Class	School Council	Eco Heroes	Attendance Ambassadors
YR	Aubrey & Penelope	Archie & Sienna	Arlo
Y1	Archie & Layla	Lucas & Olivia	Muna
Y2	Isla & Bobby	Amira & Thomas	Maddison
Y3	Layla & Fraser	Theo & Ellenor	Romaisa
Y4	Ava & Teddy	Emmanuel & Adara	William
Y5	Keira & Louis	Maisie & David	Louis
Y6	Evie & Amelia B	Mila & Tyler J	Mason, Cathyrn & Evie

Top Tips for SUPPORTING CHILDREN'S RETURN TO ROUTINE

Returning to school after the holidays can be challenging for some children and young people, and both families and education settings can play an important role in helping them readjust. Consistent routines, clear expectations, and supportive communication can support children and young people's wellbeing, self-regulation, and academic success. These practical tips can help make the transition back to school feel more manageable.

1 START EARLY

Gradually reintroduce school-day sleep, meal, and wake-up routines around a week before term begins. In education settings, familiar routines and expectations can also be introduced from the start of term to help pupils settle back in. A gradual and predictable approach can make the transition feel less abrupt and give children and young people the time they need to readjust to the structure of school life.



2 REBUILD ROUTINES TOGETHER

Involve the children and young people in your care in the rebuilding of familiar routines at home and in education settings. Having a say in their daily schedule can increase predictability for them and give them a greater sense of control. This might include discussing morning routines at home or reviewing classroom timetables, expectations, and activities together at the beginning of the school day.



3 ENCOURAGE RESPONSIBILITY

Giving children and young people age-appropriate responsibilities can help foster their autonomy and engagement. For younger children at home, this might include getting dressed independently or checking their school bag. In education settings, children and young people could organise their learning materials, complete simple classroom tasks, or follow a familiar morning routine. These manageable responsibilities can help them feel more involved in the school day while developing useful skills.



4 RECONNECT WITH PEERS

Re-establishing friendships can help children and young people feel more confident and connected when they return to school. Families might arrange opportunities for their children to speak to or spend time with school friends, while educators can use group activities, 'buddy' systems, or collaborative tasks to help rebuild classroom connections.



5 SUPPORT HEALTHY NUTRITION

Regular, balanced meals, particularly at breakfast, are linked to improved concentration, behaviour, and academic outcomes. Families can gradually return to familiar school-day mealtimes, while education settings can reinforce healthy eating routines at the start of term and signpost breakfast provision where available. Consistent access to food can help support children and young people's energy levels and concentration throughout the day.



6 COMMUNICATE OPENLY

Talk to the children and young people in your care about how they feel about the return to school and give them the opportunity to share any worries or questions. Anxiety around going back to school, particularly when starting a new year group, can be common, and children and young people may benefit from your reassurance and support. Parents and educators can all help with this by listening calmly to concerns and questions, and sharing relevant information with one another where appropriate.



7 RECONNECT WITH LEARNING AND PEERS

Light educational activities before term begins can help children become familiar with learning routines again without creating any unnecessary pressure on them. In school, low-pressure recap activities and familiar tasks from the previous year group can serve a similar purpose during the first few days back. Keeping learning positive and achievable can help rebuild children's concentration, confidence, and academic motivation as they settle back into their usual routine.



8 PRIORITISE SLEEP

Ensure the children and young people in your care get age-appropriate sleep and begin returning to their usual bedtime habits before term starts. Reducing screen use before bedtime may also support better sleep quality. Educators can also be mindful that tiredness may temporarily affect children's concentration, behaviour, and emotional regulation as they readjust to school routines.



9 PREPARE AHEAD

Organising uniforms, bags, lunches, and other school essentials in advance can reduce unnecessary stress when school mornings begin again. Educators can also help by preparing pupils for any changes to classrooms, timetables, staff, or behaviour expectations. Giving children clear information about what to expect ahead of time can make the return feel more familiar and help build up their confidence and independence.



10 BE PATIENT AND FLEXIBLE

Children adjust to changes in their routines at different rates, so your patience and flexibility can be important during the first days and weeks back. Some may settle quickly, while others need longer to adapt to earlier mornings, classroom expectations, or busy schedules. Parents and educators can support children and young people's readjustment by maintaining consistent routines, all the while recognising that concentration, behaviour, or confidence may temporarily look different for them.



Meet Our Expert

Adam Gillett is Associate Vice Principal for Personal Development at Penistone Grammar School, and a business development specialist for Minds Ahead, which works with schools to improve their mental health provision.



The
National
College

See full reference list on our website

@wake_up_weds

/www.thenationalcollege

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St. Martin's Catholic
Primary School



Love to Learn
— and —
Learn to Love

Wear
PURPLE!

50th

ANNIVERSARY

celebrations!



SPECIAL
ASSEMBLY
from Mr Barr



PHOTO
EXHIBITION



COFFEE
& CAKE

Proceeds going to
support

MACMILLAN
CANCER CARE

CELEBRATING
50 YEARS
OF FAITH,
LEARNING &
COMMUNITY



FUN AFTERNOON *with* FAIR GAMES!



HOOK-A-DUCK



CLOWN HOOPLA



CANS DOWN



BEAT THE KEEPER



Thank you for being part of our journey.

Here's to the next 50 years!