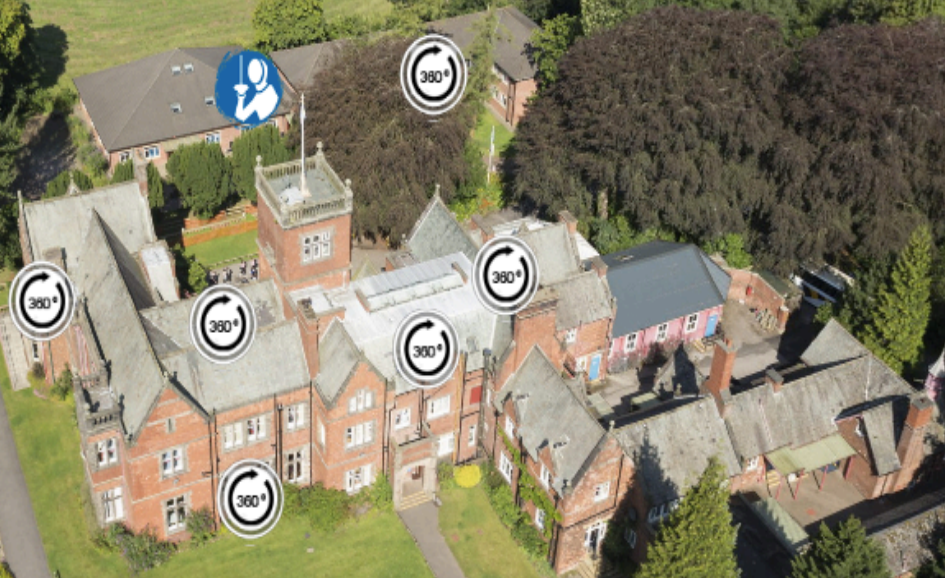


Year 5 residential – PGL Winmarleigh

Wednesday 5th – Friday 7th July 2023





















































Evening entertainment

- 50/50
- Ambush
- Campfire
- Disco
- Get Your Own Back
- Generation Game
- Hole in the Bucket
- Karaoke
- Quiz
- Robot Wars
- Shelter Build
- Splash
- Star Auction
- Talent Show
- The Cube
- Wacky Races



Facilities

- 50 acres of grounds to enjoy
- Floodlit activity area
- Football pitch
- Games room
- On-site adventure activities
- Disco
- Shop
- Classrooms / meeting rooms



Catering and dietary needs

- **3 nutritious, balanced meals per day**
- **Self-service salad bar**
- **Vegetarian option**
- **Special diets catered for by prior arrangement**
- **Sample menus available online: www.pgl.co.uk**

Sample day for Primary Schools at Winmarleigh Hall

Schedule	Activities
07.00 - 09.00	Get up, get ready and fuel up for the day ahead
09.15 - 12.30	Morning activities - usually 2 sessions with a 15 minute break in-between
12.30 - 14.00	Dry off & clean up. Time for a fresh & tasty two-course hot lunch
14.15 - 17.30	Afternoon activities - 2 exciting sessions with a 15 minute break in-between
18.00 - 19.00	Time to eat again - a different menu each day
19.00 - 21.00	Talent shows, campfires, quizzes and more. The evening entertainment programme keeps you laughing until bedtime.
21.00 / 21.30	Bedtime. Catch up on some zzz's and prepare to do it all over again tomorrow!

MONDAY	TUESDAY	WEDNESDAY
Breakfast	Breakfast	Breakfast
Choice of 3 Cereals with Semi-Skimmed Milk Assorted Yoghurts White & Brown Toast with Preserves Porridge Sausages (V) Quorn Sausages Omelette Baked Beans Seasonal Fresh Fruit Hot & Cold Drinks	Choice of 3 Cereals with Semi-Skimmed Milk Assorted Yoghurts White & Brown Toast with Preserves Porridge Bacon (V) Vegetable Sausages Mushrooms Spaghetti in Tomato Sauce Seasonal Fresh Fruit Hot & Cold Drinks	Choice of 3 Cereals with Semi-Skimmed Milk Assorted Yoghurts White & Brown Toast with Preserves Porridge Sausages (V) Quorn Sausages Hash Browns Tomatoes Seasonal Fresh Fruit Hot & Cold Drinks
Lunch	Lunch	Lunch
Homemade Soup of the Day Choice of Breads Pizza with Potato Wedges Choice of Meat or Vegetarian Toppings Seasonal Fresh Fruit & Salad Bar Hot & Cold Drinks	Homemade Soup of the Day Choice of Breads Jacket Potatoes Choice of Meat & Vegetarian Dishes Seasonal Fresh Fruit & Salad Bar Hot & Cold Drinks	Homemade Soup of the Day Choice of Breads Fish Fingers or Vegetarian Sausage Rolls Served with Chips and Baked Beans Seasonal Fresh Fruit & Salad Bar Hot & Cold Drinks
Dinner	Dinner	Dinner
Homemade Soup of the Day Sausages with Red Onion Gravy Steak and Mushroom Pie Lentil & Vegetable Curry (V) Mashed Potatoes or Rice Peas & Carrots Seasonal Fresh Fruit & Salad Bar Doughnuts Hot & Cold Drinks	Homemade Soup of the Day Beef Lasagne Oven-Baked Chicken Nuggets (V) Creamy Vegetable Kiev Chips Green Beans & Sweetcorn Seasonal Fresh Fruit & Salad Bar Lemon Drizzle Cake Hot & Cold Drinks	Homemade Soup of the Day Chicken Tikka and Vegetable Curry Pork and Vegetable Chow Mein Noodles (V) Ricotta and Spinach Cannelloni Rice & Garlic Bread Peas & Carrots Seasonal Fresh Fruit & Salad Bar Apple Crumble with Custard Hot & Cold Drinks

Finance

- A £50 deposit is required to secure your child's place. Payment must be made by
- The price includes meals, all activities, a trained tutor with each group of children, some equipment needed for the activities.
- This year children will be provided with pillows and bedding so they will not have to bring their own.
- Payment to be made by 9th June.

Any other questions?

- Money – there is a shop on site. We ask no more than £10.
- Mobile phones – not allowed! No electrical devices or valuables.
- Medication – if any child takes medication then this will need to be told to staff and forms will need to be filled in.
- Water safety – children don't need to be strong swimmers to take part in the canoeing activity. Children can sit out if they feel anxious.
- Kit list – will be provided soon.

Please ensure that all items are named.

CLOTHING

Clothes are likely to suffer wear and tear and also get dirty and/or wet therefore you should bring several changes of old clothes for doing activities.

- Tops & jackets**
 - T-shirts
 - Long sleeved shirt/T-shirts
 - Waterproof jacket
 - Fleeces/jumpers
- Trousers or leggings**
but not jeans as they get heavy and cold when wet
- Underwear & socks**
- 1 or 2 sets of **clothes for the evening**
- Suitable **nightwear**



Your arms will need to be covered to do some activities.



Your socks will need to cover your ankles to do some activities.



TRAVELLING IN THE...

...SUMMER?

- Shorts
- Baseball hat/sun hat
- Sunscreen

...WINTER?

- Warm anorak or similar
- Hat and gloves

Lost property

We recommend you write a list of what you pack to check before you come home. If you do leave anything behind, please contact your party leader who will contact PGL. Postage will be charged for returning lost items.

Study courses and sports weekends

Groups taking part in study courses and sports weekends e.g. netball/football, should bring appropriate clothing/footwear for these activities.

FOOTWEAR

- 2 pairs of trainers**
 - 1 for activities
 - 1 old pair for watersports
- 1 pair of dry shoes**
for evening activities



OTHER ITEMS

- 2 towels** → 1 for showering
1 old one for activities
- Plastic **drinks bottle**
- Small **rucksack/bag**
- Labelled **bin bag** for wet and dirty clothing
- Sleeping bag or duvet** and pillow (unless otherwise advised)
- Washbag** including soap, shampoo, toothbrush and toothpaste (please do not bring Aerosols)



PLEASE DO NOT BRING

- ✗ Electrical devices
- ✗ Computer games
- ✗ Jewellery/valuables
- ✗ Aerosols

If you bring your **mobile phone**, please note, it is not covered by our insurance.