SCHOOL DEVELOPMENT TEAM

BOUNDARY

Name of Team: Mental Health and Wellbeing Team

Date of Meeting: 25th September 2026

Attendees:

Y4 – AW, HB, JS, JL, KP, NH, KS, AD, IS
Y5- AD, LMD, JG, AG, NP, SO, AJ, AE, RW, CH, DJB,
Y6- LRR, ERP, AU, LF, OH, OH, CB

Agenda Item	Minutes / Actions
Welcome & Check ins	Champions shared how the term has started and discussed any positive experiences or challenges they have noticed in school. Overall, pupils felt the term had started positively
Skills and Qualities reminder	The team revisited the key qualities of a Mental Health & Wellbeing Champion: Observe with Empathy Connect with Kindness Uplift with Positivity Inform with Courage Champion with Leadership The group discussed how these qualities can be demonstrated in school each day
Pupil Roles	The team reviewed the role of a Mental Health & Wellbeing Champion, including supporting wellbeing initiatives, contributing to assemblies, and being visible and approachable during

	playtimes. Pupils discussed how individual strengths can contribute to the role in different ways and agreed that everyone brings unique skills to the team
Daily Classroom support	Champions discussed the use of classroom worry boxes and considered whether pupils know how to access them. The team suggested creating reminder posters and carrying out regular checks to ensure worry boxes are being used effectively. **Action:** Review current worry box provision and design pupil-friendly reminder posters where needed
Key theme for Autumn Term	The group explored possible wellbeing themes for the term, including promoting positive playtimes, recognising key awareness days, contributing to assemblies, and sharing wellbeing messages across the school community. **Action:** Agree a termly wellbeing theme and begin planning activities to support it.