Create a healthy menu. Make sure you make your menu colourful and inviting. Think about the 'Eatwell Plate'.



## Year 1

## Autumn 1

## Boundary Learning Together Activities

There are four activities to complete. You can complete one a week and bring them in OR you can complete them all at once and bring them in at the end of the half term.

The deadline for these to be handed in is on the last Monday of the half term. You will also receive homework on Seesaw each Friday. This needs to be completed by the Thursday.

Have a go at keeping active and healthy by completing some Cosmic Yoga. Follow the link below and send a photograph or video of yourself to your class teacher on Seeesaw.

https://www.youtub e.com/user/Cosmic



Choose your favourite book from home and bring it in to share with the class.



Go on Hit the Button as many times as you can to practice your number bonds to 10. Record your scores and let your teacher know. You can always share your score with your teacher on Seesaw.