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| **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| **Boundary Promises and making the right choices**   * Understanding what is expected * High Expectations   **Respect**   * Being respectful * Manners * Compliments * Understanding consent and personal space   **Active Listening**   * Listening skills * Listening with empathy | **Managing Distractions**   * Understanding * Strategies   **Persisting**   * Preserving * Being focussed   **Growth Mindset**   * The power of yet     **Awareness and Observation**   * Noticing changes in the environment * Caring about the environment and others | **Responsibility**   * Taking responsibility * Being responsible * Online safety awareness   **Managing Impulsivity**   * Take your Time * Patience * Self-control * Self-regulation | **Thinking About Thinking**   * Know your knowing * Metacognition How to remember   **Tasks**   * Planning and Prioritising * What comes first * Time management | **Striving for Accuracy**   * High standards * Improving * Making progress and achieving * Intrinsic motivation   **Empathy**   * recognise and understand the feelings of others   **Thinking Interdependently**   * Team Work * Collaborative learning | **Creativity, Imagining and Innovating**   * Try a different or new way * Generating possibilities * Being creative   **Dealing with Change**   * Different changes * Transition |
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