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| **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| **Boundary Promises and making the right choices** * Understanding what is expected
* High Expectations

**Respect** * Being respectful
* Manners
* Compliments
* Understanding consent and personal space

**Active Listening** * Listening skills
* Listening with empathy
 | **Managing Distractions*** Understanding
* Strategies

**Persisting** * Preserving
* Being focussed

**Growth Mindset** * The power of yet

 **Awareness and Observation*** Noticing changes in the environment
* Caring about the environment and others
 | **Responsibility*** Taking responsibility
* Being responsible
* Online safety awareness

**Managing Impulsivity*** Take your Time
* Patience
* Self-control
* Self-regulation

  | **Thinking About Thinking*** Know your knowing
* Metacognition How to remember

**Tasks** * Planning and Prioritising
* What comes first
* Time management

  | **Striving for Accuracy** * High standards
* Improving
* Making progress and achieving
* Intrinsic motivation

**Empathy** * recognise and understand the feelings of others

**Thinking Interdependently*** Team Work
* Collaborative learning
 | **Creativity, Imagining and Innovating*** Try a different or new way
* Generating possibilities
* Being creative

**Dealing with Change** * Different changes
* Transition

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