**PSHE Curriculum Overview Year 2**

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| Core Theme: Health and Wellbeing | | | | |
| Topic | Learning outcome | Key Vocabulary | Cross curricular links | Term it is taught in |
| Healthy Lifestyles | To understand about how to make healthy choices | Healthy, likes, dislikes, choices | Pol Ed- Year 2 Wellbeing | Autumn 1 |
| Growing and Changing | To recognise what they are good at and set goals | Achievements, strengths, weaknesses, goals, target setting | Character education | Autumn 1 |
| Healthy Lifestyles | To understand different feelings.  To learn about different ways to manage feelings | Feelings, managing feelings | Character Education | On going (evidence each term) |
| Growing and Changing | To discuss about how it feels when there is change or loss | Change, loss |  | Spring 1 |
| Healthy Lifestyles | To understand about basic hygiene and why it is important. | Hygiene, cleanliness, germs, infection, hand washing |  | Autumn 1 |
| Growing and Changing | To understand about growing, changing and becoming independent | Growing, changing, young, old, independence | RSE | Autumn 1 |
| Growing and Changing | To learn the correct names for body parts for boys and girls | Body parts | RSE | Summer 2 |
| Keeping Safe | To know that household products (including medicines) can be harmful is they are not used correctly | Medicines, household products, safety, risk | Pol-Ed Year 2 Keeping Safe | Spring 2 |
| Keeping Safe | To understand how to keep safe (in familiar/unfamiliar situations) | Safety, road, fire, online, rules | Computing- Online safety  Road Safety  Pol-Ed Year 2 Keeping Safe | Spring 1 |
| Keeping Safe | To discuss the importance of asking for help if you are worried | Asking for help | RSE  Pol-Ed Year 2 Relationships | Autumn 2 |
| Keeping Safe | To understand the importance of privacy in a range of contexts e.g. online, private parts of the body | Privacy, respect | Computing- Online safety  RSE  Pol-Ed Year 2 Keeping Safe | Spring 1  Summer 2 |

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| Core Theme: Relationships | | | | |
| Topic | Learning outcome | Key Vocabulary | Cross curricular links and | Term it will be taught |
| Feelings and Emotions | To recognise how other people are feeling.  To understand the importance of sharing our feelings | Communication, feelings, emotions, self-control, empathy | Character Curriculum | Autumn 1 |
| Feelings and Emotions | To learn about different types of behaviour and how they can make people feel. | Behaviour, choices, fair/unfair, right/wrong, consequence | Character Curriculum | On going |
| Healthy Relationships | To understand the importance of not keeping secrets that make them feel scared, uncomfortable or anxious. | Secrets, surprises, safety | RSE  Computing- online safety | Autumn 2 |
| Valuing Differences | To learn how to share their views and opinions with others. | Sharing, discussions, views, opinions | RE | Spring 2 |
| Valuing Differences | To understand the importance of showing respect for differences and similarities between people. | People, similarities, differences | RSE  Skills for Life  Pol-Ed Year 2 Relationships | Autumn 2 |
| Healthy Realtionships | To understand why are relationships important? |  | Pol-Ed Year 2 Relationships |  |
| Healthy Relationships | To identify and learn about special people in their lives. | Special people, caring | RE  RSE  Pol-Ed Year 2 Relationships | Autumn 2 |
| Healthy Relationships | To learn about appropriate and inappropriate touch. | Physical contact, touch, acceptable, unacceptable, permission | RSE  Pol-Ed Year 2 Keeping Safe | Summer 2 |
| Feelings and Emotions | To understand that bodies and feelings can be hurt. | Feelings, bodies, hurt, comfortable, teasing, bullying | Anti-bullying  Computing- Online Safety | Autumn 2  Spring 1 |
| Feelings and Emotions | To understand that teasing and bullying is wrong.  To recognise the difference between teasing and bullying.  To know what to do if teasing or bullying is happening | Teasing, bullying | Anti-Bullying  Computing- Online Safety | Autumn 2  Spring 1 |

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| Core Theme: Living in the Wider World including Understanding the Law | | | | |
| Topic | Learning outcome | Key Vocabulary | Cross curricular links and | Term it will be taught |
| Rights and Responsibilities | To learn about why rules are important.  To understand and conform to our Boundary Promises | Classroom rules, responsibility | Character Curriculum | Autumn 1 |
| Rights and Responsibilities | To understand the importance of respecting the needs of ourselves and others | Rights, responsibilities, needs | RSE | Summer 1 |
| Taking Care of the Environment | To learn about the importance of looking after our environment (at home, school and in the community) | Environment, local area, community | Geography-  ECO | Spring 1 |
| Money | To learn about where money comes from and what it is used for.  To discuss why it is importance to keep your money safe. | Money, spending, saving, safety | Pol-Ed Year 2 Understanding the Law | Spring 1 |
| Rights and Responsibilities | To identify ways in which we are the same as other people. | People, similarities, commonalities | RSE | Spring 1 / 2 |
| Rights and Responsibilities | To learn about people who work in our community.  To identify people who could help us in the community (link to fire service) | Community, special people, help, emergencies | RSE  Pol Ed Year 2 Keeping Safe | Spring 2 |
| Understanding the Law | To understand what is the internet? |  | Pol-Ed Year 2 Understanding the Law |  |
| Understanding the Law | To understand why age matters? |  | Pol-Ed Year 2 Understanding the Law |  |
| Understanding the Law | To understand what a job is? |  | Pol-Ed Year 2 Understanding the Law |  |