

## PSHE at Boundary Primary School



"No one is born a good citizen; no nation is born a democracy. Rather, both are processes that continue to evolve over lifetime. Young people must be included from birth. A society that cuts off from its youth severs its lifeline." Kofi Annan

### Intent

The PSHE curriculum is crucial in educating children on how to be a good citizen not only in school but also within the wider community. It focuses on developing their personal, social, health and economic wellbeing enabling them to become valued members of society who can cope with the challenges of everyday life. The RSE curriculum is taught alongside PSHE and provides an accurate and age appropriate content about the body, growing and

changing, reproduction and sexual health. As part of the PSHE and RSE curriculum we educate the children on how to lead a healthy lifestyle in regards to their body and mind. This includes the importance of having and sustaining positive relationship with a range of people including; family, friends and people in the wider community, both on and off line.

### **Implementation**

The PSHE curriculum is implemented across school using the PSHE Association scheme of work. This scheme of work focuses on 3 core themes; health and wellbeing, relationships and living in the wider world and is taught across school for a minimum of 20 minutes a week. As a school we use resources from 'The Christopher Winter Project' to support the teaching of RSE throughout school. These resources have been commended by the PSHE Association and fully support the Science National Curriculum.

When possible cross-curricular links are made in subjects such as Computing, Design Technology Science, RE and Geography. For example: the importance of healthy eating and making responsible food choices is taught both in Science and Design Technology. Children are given opportunities to explore different food types and even design and make a healthy snack. Other examples include how the importance of keeping safe online is taught on a half termly basis through our Computing curriculum. This

enables to the children to apply they skills and understanding real life contexts.

As a school we have adopted whole school character education, which is taught on weekly basis to all children across school, during whole school assemblies and classroom teaching. It's focus is to develop children's personal character; defining a set of positive personal traits, guiding their personal conducts so they can reflect wisely, behave with integrity and cooperate consistently with others enabling them become well motivated, resilient and respectful people. It gives children the qualities they need to flourish in our society.

At Boundary Primary School we have planned topics and one off events, which feed, into our PSHE curriculum. For example: the children in Year 5 focus on the importance of the world of work. This focused heavily on developing aspirations and children understanding the importance and responsibility of work and managing money. The unit starts with a Careers Fair where children are given the opportunity to talk to a range of people in different occupations allowing them to ask questions and find our information about different career options. The children then have to apply for different roles with school, attend a job interview and then finally take over that role on "Y5 Takeover Day'. Other whole school events include; Road Safety Week, Online Safety Day, Anti Bullying Week, resilience training and mental health awareness day.

These days are planned meticulously and weaved into the curriculum to have maximum impact on the children.

### **Impact**

The children at Boundary Primary School will leave school as healthy, happy, tolerant, resilient and respectful people who are able to cope with the challenges they might face in their life. They will understand the importance of having and sustaining positive relationships in a range of different contexts including; their family, peers, at school and within the wider community.

They will understand how to lead a healthy lifestyle both physically and mentally and know where to go to if they need help. They will be able to integrate well into the wider community with an clear understanding of the value of money and be able to manage their own finances independently.