EPCHS MENU WEEK 1-WINTER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Tikka curry, rice & naan bread	-Chicken wrap -Fajita chicken wrap served open with Mexican veg rice	-Roast chicken dinner served with roast potatos, seasonal veg, yorkshire pudding & gravy -Quorn vegetarian roast with same trimmings	Sausage, mash & gravy -Seasonal veg available	Battered fish, chips & mushy peas
Tomato & basil pasta -garlic bread & cheese	Pizza pasta bake (pepperoni,peppers & cheese) -garlic bread & cheese	Jacket potato- cheese Beans Tuna Mayo*Fish/egg*	Jacket potato- cheese Beans Tuna Mayo*Fish/egg*	Panini- -cheese panini -cheese & mixed peppers panini
Panini- cheese, ham or pepperoni	Chicken Tikka baguette	Panini- cheese, ham or pepperoni	Sausage roll	Jacket potato- cheese Beans

ALLERGEN CODING

Soybean, Celery, Crustaceans, Egg, Fish, Gluten, Lupin, Milk, Molluscs, Peanut, Sesame, Mustard, Sulphur Dioxide

SIDE SALAD AVAILABLE DAILY FROM SERVICE AREAS || COLD GRAB BAG MEALS AVAILABLE TO PREORDER EACH MORNING

EPCHS MENU WEEK 2-WINTER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Beef chilli, rice & nachos	-Chicken wrap -Fajita chicken wrap served open with Mexican veg rice	-Roast chicken dinner served with roast potatos, seasonal veg, yorkshire pudding & gravy -Quorn vegetarian roast with same trimmings	Pizza slice & homemade wedges -Plain cheese -Meat feast (pepperoni & beef)	Battered fish & chips curry sauce optional
Jacket potato- cheese Beans Tuna	Tomato & basil pasta -garlic bread & cheese	Pizza pasta bake (pepperoni,peppers & cheese) -garlic bread & cheese	Tomato & marscapone pasta bake -garlic bread & cheese	Mac 'n' cheese pasta bake -garlic bread & cheese
Panini- cheese, ham or pepperoni	Chilli burrito	Sweet chilli chicken baguette May contain	Sausage roll Plant based sausage roll	Jacket potato- cheese Beans

ALLERGEN CODING

Soybean, Celery, Crustaceans, Crustaceans, Fish, Gluten, Gluten, Milk, Molluscs, Peanut, Peanut, Mustard, Mustard

SIDE SALAD AVAILABLE DAILY FROM SERVICE AREAS || COLD GRAB BAG MEALS AVAILABLE TO PREORDER EACH MORNING