



St. Lawrence Church of England Primary School

BULLYING POLICY FOR CHILDREN

SEPTEMBER 2025

What is bullying?

In our school a bully is someone who hurts someone more than once, deliberately using behaviour which is meant to hurt, frighten or upset another person.

Bullying can be.....

Emotional: Hurting people's feelings, leaving you out, making you feel bad.

Physical: Punching, kicking, spitting, pushing, theft.

Verbal: Being teased, name calling, being rude.

Racist: Calling you racist names, graffiti.

Cyber: Saying unkind things by text, email, social media.

When is it bullying?

**Several
Times
On
Purpose**



Remember some things you say to someone may be said to try and be funny but it may be hurtful to that person. **Think before you speak!**

Who can I tell?

- ✓ A friend
- ✓ A family member
- ✓ School Member of Parliament
- ✓ Any teacher at school or any adult in school
- ✓ Someone you trust
- ✓ Anybody near you

MOST IMPORTANTLY

If you feel you are being bullied:

**Start
Telling
Other
People**

If you are bullied:

DO

- ✓ Ask them to stop if you can.
- ✓ Use eye contact and say stop
- ✓ Ignore them.
- ✓ Walk away.
- ✓ **TELL SOMEONE!**



DON'T

- ✗ Do what they say.
- ✗ Get angry.
- ✗ Hit them.
- ✗ Think that it is your fault.
- ✗ Do not retaliate.
- ✗ Hide it.

What should I do if I see someone else being bullied?

- ❖ Don't walk away and ignore the bullying.
- ❖ Tell the bully to stop if it is safe to do so.
- ❖ Don't stay silent or the bullying will keep happening.
- ❖ Don't lose your temper.
- ❖ **TELL SOMEONE.**

The Headteacher, Governors, Staff and School Council will work together to:

- ✓ Make our school a place where everyone can feel happy. That means no bullying allowed.
- ✓ We will help everyone to get on with each other and we believe that everyone has the right to feel safe and be themselves.

Date Approved: September 2025

Date or renewal: September 2026

To be renewed in line with the Whole School Anti-Bullying Policy