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	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	Fundamental Movement Skills Can the children run, jump, throw and catch? To run correctly. To jump on the spot and from a height, landing safely and correctly. To throw an object with two hands and catch it. To use the underarm throw when throwing to a target. To practise climbing on pieces of apparatus.	FMS-The Littlest Dinosaur Can the children take part in different movement skills from the book? To perform an egg shape and roll on a mat. To throw and catch to a partner. To explore different ways of travelling. To recap the underarm throw. To recap skills learnt in the unit.	Polar Bear, Polar Bear What Can You Hear? Can the children move like a polar bear? To copy movements of animals from the story To combine animal movements (travelling) and rolling together. To practise throwing objects to a target. To confidently climb and travel over and under apparatus. To recap skills learnt in the unit.	FMS-Jack and the Beanstalk Can the perform actions to that of Jack from the children's book? To experiment with different ways of moving. To use increasing control over an object by touching, pushing, patting, throwing, or catching. To move with control and co-ordination To use a range of small and large equipment To jump and land appropriately. To climb up and down apparatus using alternate feet.	Fundamental Movement Skills 2 Can the children balance, roll objects and climb safely up and down or over and under apparatus? To balance confidently on different body parts. To throw & catch an object on the move. To perform consecutive jumps To roll a ball. To confidently climb on various pieces of apparatus.	Dance-Nursery Rhymes Can the children create dance movements to popular nursery rhymes? To listen carefully to the Nursery Rhyme and be creative with their movements. To move safely in space taking care themselves and others (heads up, eyes forward, control speed). To work well in pairs showing good listening. To use the pictures to come up with creative and imaginative actions.
Reception	Fundamentals of Movement Can the children take part in a wide range of fundamentals of movement? To jump for distance To land safely. To underarm throw for distance. To hop on both feet. To catch with increasing accuracy.	FMS-Transport Can the children show different types of speed with control, whilst making turns and jumps? To travel in a variety of ways. To adjust speed and direction to avoid obstacles.	FMS-Hungary Caterpillar Can the children pretend to move like a caterpillar as well as balance on different body parts? To perform the basic skill of jumping. To travel in a variety of ways low to the ground. To balance on a range of body parts.	Dance Can the children create basic movement skills of that of the different seasons? To move safely in space taking care of ourselves and others (heads up, eyes forward, control speed)	FMS-How to catch a star Can the children complete actions linked to the popular story? To balance on small and large body parts in the shape of a star. To send a ball/ throwing equipment with increasing accuracy.	FMS-Mini Beasts Can the children carry out actions and movements to that of a mini beast? To perform the basic skill of jumping To travel over, under and throw climbing equipment To travel over, under and through balance and climbing equipment. To catch a large sponge ball.

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	To climb with confidence under, over and through climbing equipment.	To show increasing control over an object pushing it. To perform a variety of gymnastic rolls. To overarm throw for distance.	To travel over, under and through equipment. To roll in a variety of ways.	To use a mind map to help us move like different Seasons that we know (show different types of travel showing good timing and use of levels) To listen carefully to the poem and be creative with our movements To move safely in space taking care of ourselves and others (heads up, eyes forward, control speed) To work well in pairs showing good listening To use the pictures to come up with creative and imaginative actions. .	To jump and land appropriately. To climb under over and through climbing equipment. To practise throwing overarm.	To catch with increasing accuracy. To roll in a variety of ways.
Year 1	FMS- Running and Dodging Can the children run quickly whilst dodging obstacles or opponents? To develop the skill of running fast. To change direction whilst running fast. To change direction in relay type races To outwit an opponent.	FMS-Rolling a ball Can the children roll a ball to a partner or target with accuracy and precision? To develop rolling with a variety of equipment. To develop rolling to a partner. To choose which pieces of equipment is best to roll.	FMS-Catching and Bouncing a ball Can the children bounce and catch the ball in a game situation? To demonstrate catching a ball with some accuracy. To demonstrate catching and bouncing a ball with some accuracy. To work in a small group cooperatively and to encourage each other.	FMS-Overarm Throw Can the children perform the overarm to a partner or a target? To perform the overarm throw technique. To develop the overarm throw for distance. To develop the overarm throw for accuracy.	FMS-Supertato Can the children perform a variety of rolls and different ways of travelling? To show an egg roll with some co-ordination. To show a pencil roll with some co-ordination. To demonstrate jumping off a bench and land on two feet.	FMS-Football Can the children work as a team to score a goal and beat their opponents? To practise kicking using the side of the foot. To passing the ball to a partner with control and some levels of accuracy. To develop shooting at a target. To work as a team to score a goal

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		To roll a ball or object to moving or stationary targets.	To show a simple tactic in a game. To focus on applying a tactic in a game to outwit an opponent.	To understand and apply simple tactics in a game.	To demonstrate bouncing a ball with some control. To demonstrate rolling a ball through a target with some accuracy and control.	
Year 1	FMS-Underarm Throw Can the children perform the underarm throw accurately to a target? To perform the underarm throw technique. To explore throwing a variety of equipment using the underarm throw. To apply the skill of the underarm throw in different ways. To apply simple tactics in a game.	FMS-Jumping Can the children jump for distance using the correct technique? To jump correctly and safely. To perform a variety of jumps. To perform controlled jumps creating pathways. To combine small and big jumps together. *Athlete in the Spotlight* ***Jazmin Sawyer***-The children will observe her jumping technique. They will discuss what makes her jump so far, picking apart the key points to then use in their own performance.	FMS-Gymnastics Can the children create simple shapes whilst combining travelling and jumping? Develop an understanding of the forward roll. Develop an understanding of how to control and enhance rolling movements. Learn how to move with weight on hands and feet with stability. Maintain balance whilst walking forwards and sideways along the bench. To explore balance positions using different points of contact To engage in throwing and catching activities	FMS-Kicking Can the children kick the ball to a partner with some level of accuracy? To explore different ways of kicking using different parts of the foot. To explore kicking different objects. To kick a ball with control and accuracy. To kick at moving and stationary targets with accuracy.	FMS-Athletics Can the children prepare themselves for Sports Day? To develop running fast. To develop the 3-spring jump. To develop throwing for distance. To complete a variety of different obstacle courses using different fundamentals.	FMS-Dance Can the children create short dance sequences from the under the sea topic? To move safely and creatively in space. To use the words from the mind map to help us move in different ways (show different types of travel showing good timing and use of levels). To develop creative ideas using the words in the mind map as our stimulus (start point/Inspiration). To focus on our timing and performing the completed motif in unison. To creatively turn the action from our motif into travelling movements. To show use of different levels in our travelling movements To show different pathways in our travelling movements.

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Year 2	FMS- Bouncing a ball Can the children bounce the ball repeatedly on their own and in a game situation? *To demonstrate bouncing a ball with some control.* *To demonstrate bouncing a ball with some control while moving.* *To demonstrate bouncing a ball and passing in a simple game.* *To demonstrate throwing a ball at a target with some accuracy.* *To demonstrate passing a ball with accuracy then move into a space.* *To use a simple tactic in a game.*	FMS- Gymnastics Can The children combine travelling, jumping and balances together? Perform rock and roll movements as forward roll preparations. Demonstrate control during rolling movements. Show an understanding of how to balance during travelling movements with weight on hands and feet. Perform the step, step and jump sequence with correct foot movements. Demonstrate coordination and balance during bench-based bunny jumps . Understand and can demonstrate various basic shapes and jumps to land with control.	FMS-Net & Wall Can the children strike a ball over a net to a partner? To demonstrate how to catch a ball. To show the ready position To show how to hold a bat. To strike a ball with some accuracy. To apply a simple tactic in a net/wall game. To demonstrate a simple tactic in a net/wall game to outwit an opponent.	FMS-Underarm Throw/Catching Can the children perform the underarm throw accurately to a target? To perform the underarm throw technique. To explore throwing a variety of equipment using the underarm throw. To apply the skill of the underarm throw in different ways. To apply simple tactics in a game.	FMS-Dance Can the children create a short dance that portrays the Great Fire of London? To explore different movements. To explore, remember, repeat and link a range of actions with co-ordination and control. To respond to a stimulus or a piece of music, keeping to the correct rhythm and beat. To apply gestures into a short sequence.	FMS-Athletics Can the children prepare themselves for Sports Day? To develop running fast. To develop the 3-spring jump. To develop throwing for distance. To complete a variety of different obstacle courses using different fundamentals.
Year 2	FMS-Kicking Can the children kick the ball through the gates to one another without the ball leaving their area? To explore different ways of kicking. To explore moving with and without the ball. To receive a kick with control.	FMS-Hopping & Jumping Can the children jump for distance using the correct technique? Can the children over on the same leg consistently? To jump correctly and safely. To perfect the hopping technique. To perform a variety of jumps.	FMS-Rolling a ball Can the children revise rolling a ball to a partner or target at speed? To revise rolling with a variety of different sized balls. To develop rolling to a partner using different speeds. To roll a ball in a small sided game and to think of ways to beat an opponent.	FMS- Running and Dodging Can the children sprint whilst dodging obstacles or opponents? To develop the skill of sprinting. To change direction from an opponent whilst sprinting To change direction in tagging games	Athletics Can the children take part in a variety of different athletic events in preparation for Sports Day? To develop running fast. To throw underarm accurately. To develop jumping for distance using the 3-spring jump.	FMS-End of KS1 Assessment Can the children showcase all of the KS1 FMS during their lessons? To throw underarm accurately into a target. To throw as far as possible. To throw overarm accurately. To throw overarm for distance. To run as fast as possible To throw using a push and two-handed throw for distance.

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	To kick at moving and stationary targets with accuracy.	To perform controlled jumps creating pathways. To combine small and big jumps together. To combine small and big jumps together.	To roll a ball or object to moving or stationary targets with control and with some levels of speed.	To outwit an opponent whilst sprinting.	To develop hopping to a target. *Athlete in the Spotlight* ***Usain Bolt***-The children will watch Usain Bolt break the Olympic record and discuss what makes him run fast. The children will then copy his technique into their own running ability.	To jump for distance with control. To kick a ball for distance. To catch a ball. To complete an obstacle course.
Year 3	Invasion games (High 5 Netball) Can the children pass and move with the ball towards the end zone to score a point? To perform a chest and bounce pass to a partner. To dodge past a defender to receive a pass. To use simple tactics to outwit an opponent. To work together as a team to score a point. To complete the end of unit task with confidence.	Invasion games (Football) Can the children compete in a 4v2 small sided game applying principles attacking and defensive principles? To perform a side foot pass to a partner with accuracy. To dribble the ball with control. To shoot at goal correctly using the laces. To use simple tactics to outwit an opponent, To complete the end of unit task with confidence.	Gymnastics Can the children perform and combine different ways of travelling, balancing and jumping whilst using different pieces of apparatus, including boxes, benches and the horse? To perform rolling movements with control. Explore various movements with weight on hands and feet. Understand how to perform body movements for coordinated traveling motions. Develop spatial awareness and coordination while jumping over bean bags and in hoops.	OAA Can the children work in small groups to navigate around the school site to find jigsaw pieces to complete the puzzle. To use effective communicational skills in group activities. To develop teamwork and trust when working in small groups. To read and understand basic symbols on a bird's eye view map. To complete a basic course in small groups safely.	Dance Can the children work individually to create short dances inspired by the Ancient Egyptians? Can they work in small groups to create short dances that express the Egyptian culture including the Egyptian Gods? To explore Egyptian culture and dance movements. To explore the Egyptian Gods and create movements based on their persona	Net and wall (Tennis) Can the children strike the ball over the net so it bounces more than once in their opposition's half? To strike the ball using a racquet or a small bat To further practise striking the ball using a racquet or small bat. To improve movement and body positioning in a small sided game. To select simple tactics to overcome an opponent in a small sided game. *Athlete in the Spotlight* ***Venus Williams***-The children will observe her striking ability and basic grip on the racquet

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			To develop an understanding of the fundamentals of a cartwheel motion. Displays spatial and body awareness when jumping and hopping between scattered hoops on the mats. *Athlete in the Spotlight* ***Joe Fraser***-The children will identify balances and different ways of travelling from the athlete's floor routine. The children will then think of ways to include these movements into their own routine.		To interpret a visual stimulus and link movements to it. To develop a short sequence of dance movements in small groups linked to the Egyptians.	to then replicate themselves during the lesson.
Year 3	FMS- Running and Dodging Can the children sprint whilst dodging obstacles or opponents? To recap the skill of sprinting. To recap changing direction from an opponent whilst sprinting To recap changing direction in tagging games To reap outwitting an opponent whilst sprinting.	Boccia (Target Game) Can the children work in teams to roll/throw their coloured ball as close to the whit as possible? To show different ways of how to propel a boccia ball (bean bag) towards a target. To demonstrate sending a ball into a target with accuracy. To play simple boccia type games using simple tactics. To play boccia using simple tactics.	Invasion games (Tag Rugby) Can the children pass, move and run with the ball towards the end zone or a goal to score a try? To perform a specific pass to a partner e.g. side pass. To move confidently and correctly with the ball. Recap the specific pass and perform a variety of other passes to a partner with some accuracy. To create and attack space to get free from a defender.	Health Related Fitness Can the children take part in different fitness related challenges? To recognise different fitness components that help maintain good health. To develop the fitness component of balance. To develop the fitness components of speed and agility. To develop the fitness components of co-ordination and power. To develop the fitness components of co-ordination.	Athletics Can the children take part in a mini Olympic event, which includes running, jumping, throwing and sprinting? To explore different running techniques for short and long distance. To developing the jumping for distance technique. To improve and perform a push throw and sling throw. To work as a team in relay races.	Striking and Fielding (Cricket) Can the children throw, catch, bat and bowl in a game of cricket? To practise the underarm throw to a partner or a target. To practise the overarm throw to a partner or a target. To strike a ball off a tee using the correct grip and stand with a cricket bat. To practise bowling at a target using the underarm throw technique.

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		To show tactics as a team when playing boccia.	To develop decision making in a small sided game to outwit an opponent.	Recognise different fitness components that help maintain good health.		
Year 4	Swimming To perform safe self-rescue in different water-based situations. To swim competently, confidently and proficiently over a distance of at least 25 metres To use a range of strokes effectively, for example, front crawl, backstroke and breaststroke.			OAA Can the children work in teams to find Maths questions around the school perimeter using a map? To improve communicational skills in group activities. To carry out problem-solving tasks. To recognise symbols and features on a map. To adopt a specific role when working in a team e.g. map reader.	Dance Can the children work individually to create short dances inspired by the Romans, as well as creating short dances that express the Roman culture including the soldiers, settlements and pastimes? To explore movements of a Roman soldier. To further explore life of a Roman soldier heading to battle. To create symmetrical shapes and movements linking to Roman buildings. To develop a short sequence of dance movements in small groups linked to the Roman's past times and entertainment.	Net and wall (Tennis) Can the children perform a rally in pairs over a net performing a variety of shots? To revise playing a forehand and backhand shot with control. To revise serving a ball diagonally using the underarm serve. To move your feet and get into position to play a specific shot. To use tactics to overcome the opposition.

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Year 4	Invasion games (High 5 Netball) Can the children pass, move with the ball and develop tactics whilst trying to score a point? To revise performing accurate passes to a partner or a target in small sided games. To defend space and break up attacking play. To create and attack space away from the defenders. To use tactics and strategies in small sided games, as well as showing effective teamwork and cohesion. To complete the end of unit task with confidence showing teamwork.	Gymnastics Can the children create a sequence of six skills which include rolls, jumps and balances? Perform various rolling movements within a sequence. Demonstrate movements on hands and feet smoothly and efficiently. Understand how to perform body movements with control for coordinated traveling motions. Demonstrate precise jumps and coordination over bean bags and in hoops. Demonstrate an understanding of the basic cartwheel motions. Displays spatial and body awareness when jumping and hopping with precision between scattered hoops on the mats. *Athlete in the Spotlight* ***Ellie Downie***-The children will analyse Simone Bile's balances and jumps for them to use in their own performance.	Athletics Can the children take part in a mini Olympic event, which includes running, jumping, throwing and sprinting? To revisit different running techniques for short and long distances. To developing the jumping for distance technique, using technology to improve performance. To improve and perform a push throw and sling throw using different pieces of equipment. To perform a hop, step and jump for distance. *Athlete in the Spotlight* ***Philips Idowu***-The children will observe the athlete's jumping technique and what makes him successful. They will then mimic these key points into their own performance. ***Hollie Arnold*** (Paralympian)-The children will observe her throwing technique, for the children to then use with the howlers.	Striking and fielding (Cricket) Can the children perform bowling at a target, striking the ball off a tee and running between the stumps? To recap the underarm throw to a partner or a target. To recap the overarm throw to a partner or a target. To recap bowling at a target using the underarm throwing technique. To recap batting off a tee and from a delivery. To work as a team in a small sided game. *Athlete in the Spotlight* ***Sachin Tendulkar***-The children will analyse the athlete's striking ability to use in their own batting technique.	Invasion Games Football Can the children work together to dribble past the defenders to score a goal? To perform a loft pass to a partner. To dribble past a defender. To defend an area and make a tackle. To create space away from a defender to receive a pass. To revise and refine skills learnt throughout the unit.	Invasion Games Rugby Can the children work together to outwit their opponents to score a try? To revise using a swing pass. To run correctly with the ball. To apply running and passing in a game situation. To evaluate what worked well in a game. To complete the end of unit task with confidence showing teamwork.

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Year 5	Sportshall Athletics Can the children perform and record their personal scores in the *long jump, triple jump, 100m relay dash and javelin throw*? To develop the sprinting technique using technology. To developing throwing skills with different equipment. To develop jumping for distance from a standing position and from a run up. To develop the standing hop, step and jump. To work as a team in a relay race, showing a good exchange with the baton. *Athlete in the Spotlight* ***Amy Hunt***-The children will observe her sprinting technique, picking apart the key points to then use in their own performance.	Invasion games (Netball) Can the children in small sided games, make their way past the opposition to score a goal or finish in the end zone? To revisit practise passing the ball with accuracy using a variety. To practise receiving a ball in space away from the opposition. To create and apply tactics within a game to overcome an opponent. To develop the ability of working as a team to score a goal or get to the end goal.	Gymnastics Can the children create a paired sequence of counter balances and actions (jumps and travelling), developing their sequence on floor and mats before adapting it to apparatus? Develop competence in rolling movements. To link rolling movements within a sequence. Perform weight bearing movements with proficiency. Perform squat jumps with spatial awareness and accuracy. Understand how to perform cartwheel motions with control. Demonstrates control over various body movements and traveling motions using equipment. *Athlete in the Spotlight* ***Simone Biles***-The children will analyse Simone Bile's balances and jumps for them to use in their own performance.	Dance Can the children in small groups perform actions and sequences of that of a crowd at Wimbledon? To use a variety of movements in isolation and combination. To develop flexibility, strength, technique, control and balance. To perform gestures and expression through body language. To compare and evaluate performances against previous ones. To demonstrate improvement to achieve personal targets	Striking and fielding (Cricket) Can the children work as a team, showing tactics and strategies to win an adapted cricket game? To learn fielding techniques. To recap the underarm bowl to a target or a person. To learn the overarm bowl at speed to a target or a batter. To recap batting off a tee and from a delivery. To work as a team in a small sided game, using tactics to outwit the opposition.	Net and wall (Tennis) Can the children perform a variety of different tennis strokes in a competitive small sided game, over the net/cones so it bounces more than once in their opposition's half? To strike the ball using a forehand shot. To strike the ball using a backhand shot. To practise the underarm serve. To develop tactics and strategies whilst playing a shot.
Year 5	Invasion games (Lacrosse) Can the children compete in small sided game applying skills learnt throughout the unit?	Invasion games (Football) Can the children compete in a 5v5 small sided game applying principles attacking and defensive principles?	OAA Can the children complete a point to point orienteering course? To orienteer efficiently recapping the skills of: holding the map in both	Invasion games (Tag Rugby) Can the children work together to outwit their opponents to score a try in a 5v5 game?	Striking and fielding (Rounders) Can the children take part in a rounders match, showcasing striking and fielding skills?	Creative Games Can the children, create and design a game (including rules) that carry out attacking and defensive purposes? To dribble a ball and pass and receive a ball using a variety of skills.

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	To handle the stick and ball correctly and move confidently. To be able to pass to a partner with accuracy, as well as catch the ball in the net. To shoot at goal correctly using accuracy and power. To attack as a team to score a goal. To defend as a team, breaking up play.	To perform and apply different types of passes using different parts of the foot. To control the ball. To display movement on and off the ball, attacking space. To perform shooting at a target using different parts of the foot. To work together as a team to outwit an opponent	hands; setting/orientating the map; folding and thumbing the map to maintain position. To understand the concept of map memory and control flow and apply these skills when orienteering. To understand the concept of map memory and control flow and apply these skills when orienteering. To understand point-to-point orienteering (also known as classic orienteering and linear orienteering). Take part in outdoor & adventurous activity challenges both individually & within a team.	To revisit sending and receiving a pass with control e.g. sideward pass. To travel with the ball with confidence into space whilst dodging and performing feint passes. To create and apply basic attacking principles. To develop decision making in a small sided game to outwit an opponent.	To practise bowling underarm to a partner or a target. To practise catching and fielding. To strike a ball with a bat with accuracy. To develop and use tactics in a rounders game. *Athlete in the Spotlight* **Hollie Arnold** (Paralympian)-The children will observe her throwing technique, for the children to then use with the rounders ball.	To select and apply appropriate tactics when playing different invasion games. To work as a team to solve a tactical problem through designing a unique invasion game. To adapt an invasion game to include positions and attacking/defending options. To apply simple attacking and defending tactics when playing an invasion type game.
Year 6	Sportshall Athletics Can the children perform and record their personal scores in the *long jump, triple jump, 100m relay dash and javelin throw whilst using technology to further improve their own technique?* To recap the sprinting technique using technology. To recap throwing skills with different equipment. To recap jumping for distance from a standing position and from a run up. To revisit the standing hop, step and jump.	Invasion games (Football) Can the children compete in a 5v5 small sided game applying principles attacking and defensive principles? To perform and apply different types of passes using different parts of the foot. To control the ball. To display movement on and off the ball, attacking space. To perform shooting at a target using different parts of the foot.	Gymnastics Can the children create a mirrored sequence of counter balances and actions (jumps and travelling), developing their sequence on floor and mats before adapting it to apparatus? Show the ability to travel along the bench while maintaining a consistent and balanced posture. Demonstrate cooperation and teamwork with others during group balances.	Invasion games (Netball) Can the children compete in a 7v7 game with the aim of scoring more goals that the opponent? To revise passing for accuracy and apply the skill into small side games. To shoot with accuracy and precision. To use peripheral vision when defending an area or marking a player.	Striking and fielding (Rounders) Can the children take part in a rounders match, showcasing striking and fielding skills? To practise bowling underarm to a partner or a target. To revise catching and fielding. To strike a ball with a bat with accuracy. To develop and use tactics in a rounders game	Striking and fielding (Cricket) Can the children work as a team, showing tactics and strategies to win an adapted cricket game? To learn fielding techniques. To recap the underarm bowl to a target or a person. To learn the overarm bowl at speed to a target or a batter. To recap batting off a tee and from a delivery. To work as a team in a small sided game, using tactics to outwit the opposition.

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	To work as a team in a relay race, showing a good exchange with the baton, thinking of ways to improve their time.	To work together as a team to outwit an opponent. *Athlete in the Spotlight* ***Marcus Rashford***-The children will observe his passing, movement and shooting ability and will apply his skills and technique into their own game.	*Maintain balance on the bench whilst throwing and catching.* Perform rolling movements with precision and accuracy. Perform controlled transitions during monkey walking along bench. Create a sequence that links rolling movements with other skills, showcasing control and precision in transitions.	To adopt a position in a 7v7 game (knowing where you can and can't go).		
Year 6	Invasion games (Tag Rugby) Can the children compete in a small sided evenly matched game applying principles attacking and defensive principles to score/prevent a try? To revise moving into space with the ball. To catch the ball whilst on the move. To display movement on and off the ball, attacking space. To use formations and tactics to get past the opponent to score a try. To evaluate team work, providing areas for improvement.	Lacrosse Can the children work well in a team to compete in small sided games showing both attacking and defending principles. To hold and handle the stick correctly. To use groundball techniques using the step, squat, scoop, smooch approach. To run with the ball whilst maintaining control. To use the correct passing technique (correct body positioning, hand placement, and follow-through). To use the correct catching technique with	Teamwork & Problem Solving Can the children work together to solve a range of problems? To demonstrate working as part of a team to solve challenges. To demonstrate cooperating and working together as a team to complete challenges. To cooperate and work together as a team to complete challenges. To show encouragement and support to team members. To demonstrate concise instructions To explain how they worked as a team to solve challenges.	Dance-The Victorians Can the children perform a dance related to the Victorians? To share our knowledge of Victorians. To create imaginative actions based on the words in the theme-related mind map. Focus on good timing and performing motif in unison. To work well in groups showing good cooperation skills. To use chance choreography creatively. Show use of canon, unison and mirror image, and changes in	OAA Can the children complete an orienteering course using a map, with the challenge of finding between eight and 12 controls? To work effectively as a team, showing effective leadership skills. To use all 8 points of a compass when navigating around a course, setting a direction each time. To practise keeping the map set when finding controls. To evaluate and refine teamwork when completing a trail or a course.	Net and wall (Tennis) Can the children perform a variety of different tennis strokes in a competitive small sided game, over the net/cones so it bounces more than once in their opposition's half? To strike the ball using a forehand shot. To strike the ball using a backhand shot. To practise the underarm serve. To develop tactics and strategies whilst playing a shot. *Athlete in the Spotlight* ***Serena Williams***-The children will explore her forearm, backhand and serve technique, stating why it's successful.

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		soft hands and correct stick positioning. To use the correct Shooting technique (hip rotation, stride, and stick positioning for power and accuracy) and show accuracy and target awareness when shooting.		formation, level and direction.		