

# WOOD FOLD SPORTS

December 19, 2025 Written by Mr Carr



## PE and Sport at Wood Fold

Welcome to the Autumn term issue of Wood Fold's Sports and PE Newsletter! The information provided is to inform you of everything that has been going on at Wood Fold with regards to PE & sport, including; competitions within and outside of school, the PE curriculum and pupil voice. It has been an amazing term for the children at Wood Fold, who have achieved lots of awards outside of school, as well as showcasing their learning by applying their skills and knowledge at local sports events!

## Chorley Sports Hall Athletics Champions

At the start of the December, our Year 5 and 6 athletics team were in action against schools from Chorley, which was held at Albany Academy. The children took part in both track and field events with all of the children performing to a very high standard and competing in relay style races. I am delighted to announce that the team won the event overall, scoring a whopping 306 points! All the training and hard work that the children displayed across the Autumn term had definitely paid off at the competition! Well done team Wood Fold! A huge thank you goes to Shevington High School for allowing the team to train in their sports hall over the Autumn term.



## PTFA Crimbo Limbo

Over the last couple of weeks, the children took part in the PTFA 'Crimbo Limbo', which was run by Mr Carr and Mr Speakman during the children's PE lessons. The children took part in a variety of activities including; a Christmas hoopla, target throwing, reindeer speed bounce, new age kurling and of course the limbo! A huge thank you goes out to everyone who sponsored their child for the event! A fantastic £1654 has been raised!



## Junior Park Run

It has been great knowing that children from Wood Fold have been taking part in the junior park run events at Mesnes Park on a Sunday. The children have had lots of fun running with their friends and families and have achieved some fantastic running times along the way! If you haven't been able to make any of the junior park runs on Sunday, then why not join in on the next one? They are running every Sunday at 9.00am at Mesnes Park in Wigan (with a warm-up being led at 8.55am). Remember to bring your barcode to the event and to join the Wood Fold Primary School Running Club on the park run website!



## Intra Sport Competitions

So far this year, there have been two intra sport events that the children have competed in, which were speed bounce and archery. All of the children gave it their all with outstanding scores being demonstrated across school. A huge well done to all of the children for taking part and for improving on last year's scores!



## Wigan Believe Sports Awards

The annual Believe Sports Awards, which was at the Edge in Wigan, was held back in September. It was a night that celebrated the inspirational achievers and unsung heroes of our amazing sports community in the borough. A huge congratulations goes to the Wood Fold Boccia team of 2024-2025 for achieving the runners up prize for the Team of the Year Award! This was down to their amazing success of winning both the Wigan and Greater Manchester Boccia competition, earning themselves a place in the North West regional finals in Liverpool. Here, the team made it all the way to the finals of the competition finishing as runners-up! An amazing achievement overall! Mr Carr and Mr Speakman were both presented the award by ex-Super League referee James Child. A big shout goes to Lyla (Y6) for being nominated for the 'Young Sports Achiever Award' for all of her accolades and amazing accomplishments in tennis over the last year. We have no doubt this won't be the last time Lyla will be attending the Believe Sports Awards in the future!



## Lacrosse Festival

Children from Years 5 and 6 took part in a lacrosse festival last month, which was held at Leigh Sports Village. The children were introduced to the sport, as well as how to use the equipment. The children then took part in a variety of different skills to enhance their performance. These activities included ball handling, passing to a partner, moving with the ball and shooting in the goal. The children thoroughly enjoyed the festival and have taken a lot of skills and experience away with them ready to return in the Spring term to compete against the other schools.





## Anti-Bullying Course (ABC)

As part of anti-bullying week, our sports councillors organised and created a relay type game for anyone to join in and have fun. The game was aimed at reducing stress, having friendly competition with friends, as well as enjoying themselves and having fun. A huge thank you to all of the sports councillors for giving up your time at lunchtimes to be such nurturing characters and role models for the younger children of the school, as well as getting them engaged into physical activity.



## Just Join In Festival

Some of our Year 3 and 4 children visited Wigan Youth Zone to take part in a just join event. The children took part in dance sessions, tag rugby and kinball, which were delivered by companies and organisations in the Wigan area. The children had an absolute blast at the event, and all came back to school full of happy smiles!



## PE Curriculum

**Year 6**-Our children have been looking at developing their sprinting technique. With the use of the iPads, the children have filmed one another performing the sprint to then suggest ways of how they can improve their technique and speed.

**Year 5**-The children have been developing their netball skills, focussing on passing, movement and shooting.

**Year 4**-Year 4 have enjoyed creating a mirrored gymnastics routine with a partner, including rolls, jumps and balances.

**Year 3**-Have been really engaged in handball, focussing on one handed passing, shooting and dribbling.

**Year 2**-Year 2 have also loved developing their gymnastics skills, focussing on jumps for different heights and rolls on the mats.

**Year 1**-Year 1 have been developing their jumping for distance and rolling of a ball to different targets.

**Reception**-Reception have loved their 'transport' unit. Here, they have been jumping over potholes, running around roundabouts and throwing objects onto traffic lights.

## Pupil Voice

*'Competitions are a chance for us to show off our skills against other schools. Preparation for these events are crucial. At Wood Fold, we love to train hard in order to be successful'*-Lyla (Y6).

*'I have thoroughly enjoyed our netball unit with Mr Carr in PE. In particular, I have learnt how to pivot when receiving the ball, as well as developing my shooting'*-Lacey (Y6).

*'I have loved rolling a ball at different targets in my PE lessons and have enjoyed dodging past taggers'*-Finley (Y1).

*'I loved going to Wigan Youth Zone, during school time, with my friends to play kinball'*-Daisy (Y3)

