



# Greenfield Academy

## Weekly Newsletter

Thursday 19th March 2026



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### Mrs Neophitou's News

#### Inner Coach vs Inner Critic

Last week in assembly we were discussing the difference between the children's *inner coach* and their *inner critic*. The inner critic is that negative little voice that might say "I can't do this" or "I'm not good enough," which can make challenges feel bigger than they really are. In contrast, the inner coach uses encouraging, helpful language like "I can try my best" or "Mistakes help me learn."

By helping children recognise these two voices, we support them to build confidence, resilience and a more positive mindset when faced with everyday problems. You can reinforce this at home by noticing when your child uses their inner critic and gently helping them reframe it with a kind, coaching voice.

### Weekly Attendance

Week Beginning 16/3/2026

Nursery – 79.5%

Reception – 90.4%

Y1 – 95.5% ★

Y2 – 92.7%

Y3 – 96.3% ★

Y4 – 95.1%

Y5 – 93.0%

Y6 – 91.6%

Starburst – 91.6%

Sunshine – 100% ★

Whole School – 92.8%



### Eid Mubarak

Today we have had a wonderful time celebrating Eid across the school. The children looked absolutely amazing in their colourful party clothes and enjoyed a day filled with games, activities and lots of smiles. A huge thank you to all our families for the generous donations of food and drink- your kindness helped make the day truly special for everyone. Wishing all who have been celebrating a joyful and peaceful *Eid Mubarak*.

### Superstars

Due to the Trust Closure day, there was no Superstar Assembly this week.