



Greenfield Academy

Weekly Newsletter

Friday 16th January 2026

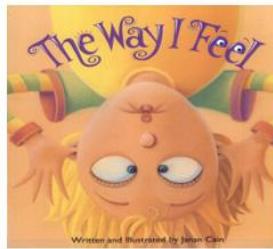


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Mrs Neophitou's News

Recognising Body Cues

This week we have been learning about where we feel different emotions in our body e.g. if we are angry we might tense our body and screw up our face. The children all joined in with the following body scan which helps to increase self-awareness and self regulation:



<https://youtu.be/c-nsVfnKO08>

Why don't you try it at home?

- 1) Put your hands on your head. Close your eyes. How is your head feeling? Do you see any colours?
- 2) Keep your eyes closed. Put your hands on your heart. How is your heart beating? Fast? Slow?
- 3) Hold out your hands so that they touch. How are your hands feeling? Cool? Warm? Soft?
- 4) Rub your hands together. Slowly. Now quickly! Stop! How do they feel?
- 5) Put your hands on your belly. Big belly breath in. Big belly breath out. Are your hands moving up and down? How does your belly feel?
- 6) Put your hands on your knees. Give them a little squeeze.
- 7) Wiggle your toes. How are they feeling?
- 8) Let's all take one more big belly breath together and then open our eyes

Weekly Attendance

Week Beginning 12/1/2026

Nursery – 75.4%

Reception – 87.8%

Y1 – 94.4%

Y2 – 90.0%

Y3 – 92.2%

Y4 – 92.2%

Y5 – 92.8%

Y6 – 95.2%

Starburst – 89.1%

Sunshine – 97.5%

Whole School – 91.3%



Attendance Tea Party

We were delighted to celebrate our **Autumn Term 100% attenders** with a very special tea party this week- it was wonderful to see them enjoying a well-deserved treat alongside their families.

Good attendance makes a big difference to a child's progress, confidence and sense of belonging in school. Thank you to all the families who continue to support their children in being here on time, every day.

Remember — every day counts!



SUPERSTAR LEARNERS OF THE WEEK

These children have impressed their teachers this week with their **dedication and super attitude to their learning!**

Nursery	Wajiha - for growing in confidence!
Reception	Iqra - for an amazing piece of writing!
Year 1	Marya - for being amazing in all areas of learning!
Year 2	Nurallah - for working super hard all week!
Year 3	Francesca - for working amazingly in all areas!
Year 4	Melisa - for trying hard with all of her work and making great progress in reading!
Year 5	Laaibah - for working super hard in maths!
Year 6	Year 6 - for being amazing at Robinwood and in school!
Starburst	Kameel - for recognising when he is feeling sad!
Sunshine	Oliver - for engaging in our circle time sessions!

WELL DONE SUPERSTARS WE ARE PROUD OF YOU!

BELIEVE ACHIEVE SUCCEED

