# Activity Challenge
# Zen Mode

1. Print and cut out the activities, fold and put in an envelope or container for random drawing. If you haven't got printing facilities the activities are numbered 1 to 40 so you can select a random number instead of physically drawing.
2. Each time you want to complete an activity one person draws an activity from the container or calls out a random number.
3. For repeatable activities you can choose to add them back into the container, for non-repeatable activities keep them out of the container after completion.
4. You can display completed work around the house and share with friends and family. Feel free to also send pictures or scans of any posters, stories, poems, drawings to the virtual school (virtual.school@halton.gov.uk) and where possible we will post them onto our website. It will only be possible to post pieces of work if the child or young person's name is not visible on it.

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| 1.<br>Make a list of items you can find at home that begin with each letter of the alphabet. | 2. REPEATABLE<br>Think of a number more than 20, double it then subtract 8. What do you end up with? | 3. REPEATABLE<br>Read aloud to someone for 15 minutes. | 4.<br>Name as many different colours as you can and check your spelling of them. | 5. REPEATABLE<br>Draw a picture of something outside. Write 5 sentences about it. |
| 6. REPEATABLE<br>Write the pairs of numbers that will add up to 10. | 7.<br>Use the letters in "UNITED KINGDOM" to write as many real words as possible. | 8. EPEATABLE<br>Help to write a shopping list. | 9. REPEATABLE<br>Write a poem about the weather, an animal or a plant. | 10.<br>Imagine you have an alligator as a pet. Write a story about it. |
| 11. REPEATABLE<br>Count from 0 to 30. Clap each time you say a number in the 2 times tables. | 12.<br>Draw and label pictures of objects around your home that begin with "sh". | 13.<br>Make a list of as many animals as you can for each letter of the alphabet. | 14. REPEATABLE<br>Think of a number more than 10, double it then add 7. What do you end up with? | 15.<br>Make a list or poster of foods for each four categories: Dairy Products, Meat, Fruit and Vegetables, Bread and Cereal. |
| 16.<br>Write a profile about yourself. | 17. REPEATABLE<br>Write about a sport or hobby you like. | 18. REPEATABLE<br>Write 10 pairs of numbers that will add to make 18. | 19. REPEATABLE<br>Write about what you did today. | 20.<br>Write down as many words beginning with "ch" as you can. |

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| 21.<br>Design a postcard. Write on the postcard it as if you are on holiday. | 22. REPEATABLE<br>Design a main character for a story and write a profile for it. | 23.<br>Create a poster to advertise a new sweet shop opening soon. | 24. REPEATABLE<br>Count up in 10s from zero to 500. | 25.<br>Write about your favourite cartoon character. |
| 26. REPEATABLE<br>Count from 0 to 100. Touch your nose each time you say a number in the 5 times tables. | 27.<br>What would you do if you lived during the time of dinosaurs? Write a story about it. | 28.<br>Write 10 sentences each with one colour word in it. | 29. REPEATABLE<br>Design an invitation to a party. | 30. REPEATABLE<br>Design a menu for a café. Decide how much things will cost. |
| 31. REPEATABLE<br>Find five items in your house and put them in order of their weight. | 32. REPEATABLE<br>Find a recipe and rewrite it so it makes double the amount. | 33. REPEATABLE<br>Say a number and find 5 different ways to make that number. | 34.<br>Draw a plan of your house or school and make sure you have labels on it. | 35. REPEATABLE<br>Think of a number more than 10, double it then add 25. What do you end up with? |
| 36.<br>Write down as many words as possible that can be used instead of the word "nice". | 37.<br>Write down 5 things you would need if you were stranded on a deserted island and explain why. | 38. REPEATABLE<br>Think of a number more than 20, double it then subtract 15. What do you end up with? | 39.<br>Write a descriptive profile about your pet or a pet you would like to have. | 40.<br>Make a list of as many foods as you can for each letter of the alphabet. |