

PLAC Support Pack for schools: Supporting Previously Looked-After Children (PLAC)

A. Identification & Context

🔍 Know who your PLAC are

- Secure, confidential PLAC register kept up to date
- Staff who need to know are informed sensitively
- PLAC included in vulnerable pupil reviews
- Leaders understand how PLAC needs shape provision



B. Leadership & Culture

🏡 Strong leadership drives outcomes

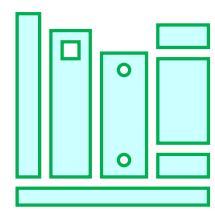
- Designated Teacher confidently leads PLAC strategy
- Governors receive clear updates on PLAC
- Leadership demonstrates inclusive culture
- Termly monitoring of PLAC progress and well-being



C. Teaching & Curriculum

📘 High-quality, trauma-informed teaching

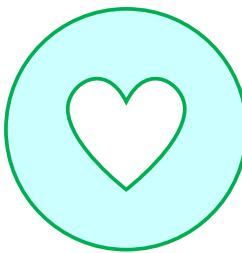
- Staff understand trauma, attachment & identity needs
- Curriculum supports emotional safety and accessibility
- Teachers adjust practice to meet individual needs
- Early help strategies in place for dysregulation



D. Pastoral Care & Well-being

❤️ Relationships at the heart

- Each PLAC has a personalised support plan
- Termly well-being reviews with child & family
- Safe spaces or trusted adult systems in place
- Access to therapeutic services where needed





E. Safeguarding

PLAC-specific risks understood and addressed

- Staff trained on PLAC safeguarding factors
- Clear information-sharing pathways
- Multi-agency working well-established
- Risk assessments updated when needs change



F. Attendance & Behaviour

Fair, relational and reflective practice

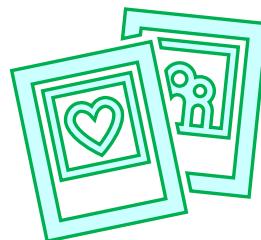
- Weekly monitoring of PLAC attendance
- Action plans for attendance barriers
- Behaviour policies reflect trauma-informed principles
- Suspensions rare, reviewed at senior level



G. Family & Agency Partnerships

Working together for stability

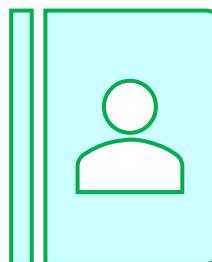
- Strong relationships with adoptive parents/carers
- Virtual School engaged for guidance
- External services accessed proactively



H. Ofsted Evidence Readiness



- Leaders explain identification & support clearly
- Inspectors can view anonymised plans if needed
- Staff can describe PLAC needs confidently
- Case sampling would show strong provision





5 Things Every School Should Do:

in preparation for Inspection for their previously Looked after children:

1

Know Your PLAC

- Maintain an accurate, confidential list
- Share information only on a need-to-know basis

2

Support Well-being First

- Create a personalised support plan for each child
- Meet termly with the child and family

3

Train and Empower Staff

- All staff trained in trauma & attachment awareness
- Designated Teacher leads whole-school understanding

4

Work Closely with Families

- Build trust with adoptive parents/carers
- Collaborate; avoid assumptions

5

Be Inspection Ready

- Be prepared to explain how you support PLAC
- Demonstrate inclusive practice and thoughtful leadership