Sudley
Primary School

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RSE

Parent Information Key Stage 1

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Introduction

Questions- *contact@sudleyprimary.com*
Sensitive subject matter
Statutory element of National Curriculum
Agreed by Governing Body

Mrs. Armstrong
PSHE and RSE Lead

Relationship and Sex Education

- It will be delivered to the whole class by the class teacher.
- All lessons are taught with sensitivity and are age appropriate.
- We will be using **Medway Resources.** It is endorsed by the PSHE Association and is the resource SIL recommend using.
- The Medway Resource is cross-referenced with the current statutory guidance (published 2019), as well as the current PSHE Association Programme of Study so they do reflect the most recent guidance.
- The Medway Resource includes lessons on ALL aspects of compulsory Relationships and Health Education, designed in a sensitive, spiral, age-appropriate curriculum.
- The Medway scheme of work focuses on the important part of safeguarding children, as knowledge empowers them, helping them to stay safe.

So, what is covered in each year group?

Year Group	Lesson Objectives
Year 1	To know about special people in our lives and how we care for one another
Year 2	To understand how we change as we grow To be able to name different parts of the body, including genitalia
Year 3	To know about friendship, why it is important and what makes a good friend To maintain good friendships and be able to solve conflict
Year 4	To understand the physical changes that happen during puberty
Year 5	To understand about the biological changes that happen during puberty To understand the importance of personal hygiene during puberty To know that there are emotional changes that occur during puberty
Year 6	To explain the changes that happen during puberty (recap Y4-5) To manage change and become more independent To recognise positive, healthy relationships To understand how a baby is made

Year 1

Learning objective	We are learning: ☑ about the special people in our lives and how we care for one another
Learning outcomes	☑ I can identify who special people might be ☑ I can explain what makes someone 'special' and important ☑ I can describe the different ways special people care for us ☑ I can recognise how we can care for them in return

Year 1 Key Vocabulary

special, person, people, friend, family, care, caring, help, thanks

Year 2 Lesson 1

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Learning objective	We are learning: ☑ about how we change as we grow.
Learning outcomes	☑ I can recognise the main stages of the human life cycle (baby, child, adult) and that the process of growing takes time ☑ I can describe what changes when people grow from young to old ☑ I can identify ways children our age might be more independent now than when they were younger

Year 2 Key Vocabulary

grow, change, difference, baby, toddler, child, adult, older person, independent, responsibility, human life cycle

Year 2 Lesson 2

Learning objective	We are learning: ☑ to name different parts of the body, including genitalia
Learning outcomes	☑ I can describe similarities and differences between myself and others ☑ I can recognise and use the correct names for main parts of the body ☑ I can recognise that some parts of the body are private

Year 2 Key Vocabulary

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same, different, male, female, boy, girl, body, born, private parts, genitals, penis, testicles, vagina, vulva

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Thank You!

If you have any questions- *contact@sudleyprimary.com*

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