

Week 3

WHAT'S ON THE MENU



Week Commencing: 16/11/26, 07/12/26, 11/01/27, 01/02/27, 01/03/27, 22/03/27

Autumn/Winter 2026/27

Main

Pudding

Monday

Cheese & Tomato Pizza (**GLUTEN EGG MILK**) or Mexican Wrap (**GLUTEN**)

Curly Fries (**GLUTEN**)

Sweetcorn

Garden Peas

Oaty Cookie (**GLUTEN**)

Yoghurt (**MILK**)

Fresh Fruit Salad

Tuesday

HALAL Chicken & Vegetable Crumble (**GLUTEN**) or Vegetable Hotpot (**GLUTEN SULPHUR DIOXIDE**)

Mashed Potato (**SULPHUR DIOXIDE**)

Fresh Cabbage and Green Beans

Crusty Bread (**GLUTEN SESAME**)

Ice Cream & Peaches (**MILK**)

Fresh Fruit Salad

Wednesday

Halal Roast Chicken and Gravy, Stuffing (**GLUTEN**) with Boiled Potatoes (**SULPHUR DIOXIDE**) or Macaroni Cheese (**MILK GLUTEN SOYA MUSTARD**)

Cauliflower & Broccoli

Homemade 50/50 Bread (**GLUTEN EGGS MILK SOYA**)

Rice Crispy Crunch (**GLUTEN**)

Yoghurt (**MILK**)

Fresh Fruit Salad

Thursday

Meatball Marinara & Pasta (**GLUTEN**) or Tortilla Layer Bake (**MILK SOYA GLUTEN**)

Mixed Salad (**MUSTARD**)

Sweetcorn

Homemade Garlic Bread (**GLUTEN EGG MILK SOYA**)

Creamy topped Fruity Lime Jelly (**MILK**)

Fresh Fruit Salad

Friday

Fish Fingers (**GLUTEN FISH SOYA**) or Vegetable Lasagne (**GLUTEN EGG MILK MUSTARD SOYA**)

Chipped Potatoes & Mushy Peas

Carrots (**SULPHUR DIOXIDE**)

Sliced Bread (**GLUTEN SOYA**)

Chocolate Crunch (**GLUTEN**) & Custard (**MILK**)

Fresh Fruit Salad

SPECIALITY AND VEGETARIAN CHOICES ARE PROVIDED IN ALL SCHOOLS

Please ask for allergen and intolerance information
We are unable to guarantee a completely food allergen free environment as foods containing allergens are used in our kitchens

Choose a WINTER WARMING dish to keep ENERGY UP for afternoon lessons

Remember to KEEP HYDRATED in winter, don't forget to drink because it is COLD

Eat foods with VITAMIN C in the winter to BOOST YOUR SYSTEM

Your body needs more ENERGY to keep warm, fill up on PASTA, RICE and POTATOES with your meal