

Week 3

WHAT'S ON THE MENU

FOOD WORKS
DONCASTER

Week Commencing: 04/05/26, 25/05/26, 15/06/26, 06/07/26, 31/08/26, 21/09/26, 12/10/26

Spring/Summer 2026

Dessert choices with **CALCIUM** for **STRONG TEETH** and **BONES**

VITAMIN BOOSTING SEASONAL VEGETABLES, BREAD and FRESH FRUIT AVAILABLE DAILY

PASTA AND CARBOHYDRATES TO GIVE ENERGY FOR SPORTS AND SCHOOL WORK

Protein packed meals to fuel LEARNING and GROWING

	Main		Pudding
Monday	Chicken Goujons 🍗🍴 Mini Potato Puffs Baked Beans Peas Crusty Bread 🍞🥗	 Vegetable Frittata 🍴🌱 Mini Potato Puffs Baked Beans Peas Crusty Bread 🍞🥗	Oaty Crunch Cookie 🍪 or Yoghurt 🥛🍌
Tuesday	Mediterranean Pasta Bake 🍝🍴 Green Beans Sweetcorn 50/50 Homemade Cheesy Bread 🍞🥗🌱	Shepherdess Pie 🍴🥛 Green Beans Sweetcorn 50/50 Homemade Cheesy Bread 🍞🥗🌱	Banana Muffin 🍪🍌 or Yoghurt 🥛🍌
Wednesday	Roast Chicken Gravy New Potatoes Carrots Spring Cabbage Sliced 50/50 Bread 🍞🥗	Quorn Fillet 🍗 Gravy New Potatoes Carrots Spring Cabbage Sliced 50/50 Bread 🍞🥗	Summer Fruit Jelly and Cream 🍌🍓🍓
Thursday	Homemade Sausage Roll 🍗🍴 Oven Baked Seasoned Wedges Medley Of Vegetables Tomato Bread 🍞	Five Bean Chilli 🍲 Oven Baked Seasoned Wedges Medley Of Vegetables Tomato Bread 🍞	Arctic Roll 🍪🍌🍓 and Mandarins 🍊
Friday	Harry Ramsden's Battered Fish 🐟🍴 Chipped Potatoes Vegetable Sticks Coleslaw 🥗 50/50 Homemade Bread 🍞🥗	Ploughman's Lunch 🍴🍞 Chipped Potatoes Vegetable Sticks Coleslaw 🥗 50/50 Homemade Bread 🍞🥗	Chocolate and Pear Sponge 🍪🍌 with Chocolate Sauce 🍫

Food from around the WORLD!

Eat a Rainbow

Brain Boosting!

Strong bones

SPECIALITY AND VEGETARIAN CHOICES ARE PROVIDED IN ALL SCHOOLS

ALLERGEN KEY

- C: CELESTY
- G: CEREALS
- L: LUPIN
- M: MILK
- N: NUTS
- NU: PEANUTS
- SE: SESAME
- S: SOYBEANS
- SD: SULPHUR DIOXIDE

Please ask the Chef for ALLERGEN and INTOLERANCE INFORMATION

