



St Joseph's Catholic Primary School

Rothwell Road, Anderton, Lancashire, PR6 9LZ

Website: www.st-josephs-anderton.lancs.sch.uk

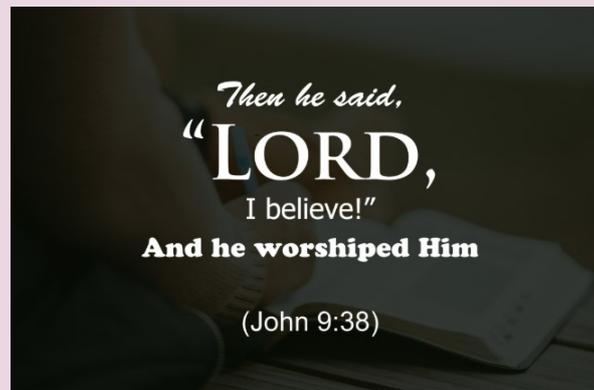
Headteacher: Mrs Kathryn Berry

13th March 2026

HEALING

At differing times and in differing ways, we all need the healing touch of God. Ask your child what the word 'healing' means to them. It may help your child if you tell them about the different kinds of healing we can experience in life. Then ask your child who brings healing to them, bringing comfort when they are ill, hurt or upset.

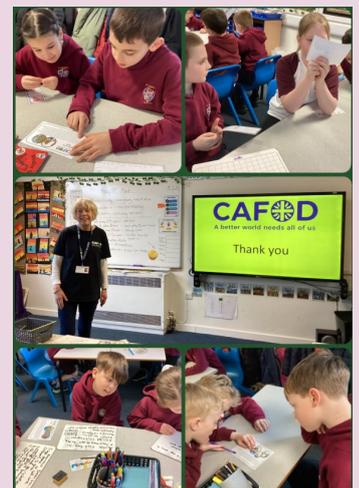
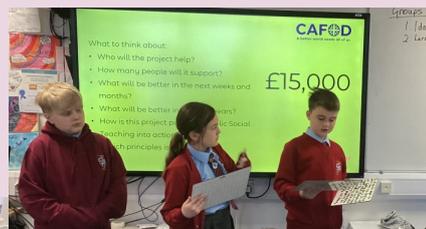
Dear Lord Jesus, help us to see you more clearly – to believe in you and to share your light and healing with all those around us. Amen.



SPOTLIGHT ON LEARNING

A VISIT FROM CAFOD

We were lucky enough to have a visit on Monday from Christine from CAFOD. Chris came to talk to us about Catholic Social Teaching and how the money we raise during Lent helps people around the world. Year Four and Year Six then completed workshops with Chris planning a budget for projects from El Salvador. Thank you Christine!



We work, learn and grow together in God's love



Weekly Awards



Congratulations to **Darcey Power** for receiving the **Headteacher's Award** this week. Darcey is a wonderful St Joseph's pupil in every way. She shows respect and kindness to everyone, hopefulness and joy around school and is an excellent role model to others. Well Done Darcey!

Year Group	Worker of the week	Reader of the week	Values Award
Reception	All of Reception Class		
Year One	George Thompson	Darcie Lowe	Coby Maher-Hughes
Year Two	Harper Swarbrick	Arlo Wooding	Leo Richardson
Year Three	Harry Booth	Jack Heyworth	Georgia Dillon
Year Four	Thomas Vickers	Ariya Gibney	Fletcher Norman
Year Five	Noah Mayo	Brooke Walton	Ella Jones
Year Six	Holly Howcroft	Layton Wilde	Archie Almond

Attendance

Weekly Attendance	
Reception Class	96.98%
Year One	93.95%
Year Two	96.30%
Year Three	97.91%
Year Four	92.63%
Year Five	97.09%
Year Six	95.87%





Notices

PHONES IN SCHOOL

Please can we remind you that mobile phones must only be brought to school if a pupil really requires this for their journey after school or for a reason that you judge necessary.



YEAR TWO EASTER ASSEMBLY

On **Friday 27th March Year Two** will tell the Easter Story in their class assembly, We invite the families of the Year Two children to join us for assembly. This will start at **9:15am** in the school hall and will last no longer than 45 minutes.



LENTEN FUNDRAISING

Lent is the time when we spend time planning and organising events in school to support the Catholic Social Teaching principle of Solidarity, raising money for our neighbours around the world facing poverty.

Year Six pupils today started to plan for the **Easter Markets** which will take place on **Thursday 26th March**. The rest of the school will be able to bring their money to have a go on the stalls.

Our whole school Lent initiative will be the **Big Lent Walk**. This will take place on Friday 27th March when we will all get out walking with our classes. The children will be able to bring a donation to contribute to our whole school Lent donation for CAFOD.



Your support is greatly appreciated at this time.

ST JOSEPH'S FEAST DAY MASS

Thursday 19th March is our parish Feast day of **St Joseph**. The children will be attending Mass at St Joseph's church on Thursday at 10am to join the parishioners with celebrating this special day.

Any parents / carers are very welcome to join us in church at 10am.



PTFA EASTER BINGO

Please see the information flyer below for more information about our PTFA Easter Bingo. This takes place on Wednesday 18th March at 6pm. There are limited places due to the numbers of people that we can have in the school hall so please get your tickets as there are only a handful left These are available to purchase on 'School Money'. Thank you again for your support.



Dates for Spring 2025—2026

Date	Event	Date	Event
18th Mar	Easter Bingo @ 6pm—entrance by ticket only	30th Mar – 13th April	Easter holidays
19th Mar	St Joseph's Feast Day		
21st Mar	Cross Country		
23rd Mar	First Kick football session AM Reception / Year One		
23rd—25th Mar	Y6 Residential to Robinwood		
26th Mar	Year Six Easter Markets		
26th Mar	Benchball Year 4/5		
27th Mar	Year 2 Easter Assembly @ 9.15am		

What Parents & Educators Need to Know about STREAMING SERVICES

WHAT ARE THE RISKS?

Streaming services are platforms that allow users to watch cartoons, documentaries and movies online immediately (often referred to as SVoD: streaming videos on demand). Ofcom reported that children and young adults prefer streaming services to traditional TV. With two-thirds of UK households subscribing to at least one streaming service, parents must understand how to manage screen time, set age restrictions and ensure safe viewing.

COSTLY

Subscription services can be costly. As the main source of entertainment, most households have at least one streaming platform, and each platform has its own monthly subscription fee. Services are charging more for ad-free viewing, and better quality and resolution; however, there is a cheaper option with adverts. Due to price increases, Netflix and Disney+ reported a sharp increase in users subscribing to their ad-supported tier in 2025.

NEXT EPISODE

EXCESSIVE SCREEN TIME

Excessive screen time contributes to sedentary behaviour and can negatively impact physical and mental health. Ofcom found that 4- to 15-year-olds averaged 2.5 hours per day across all video-sharing platforms, not including gaming. The vast range of content available, combined with features such as autoplay, makes it easy for children to watch for extended periods of time.

ILLEGAL STREAMING

Sharing passwords or using modified Fire Sticks to access streaming content without permission is illegal. Most streaming services have now put measures in place to detect account sharing. When account sharing is identified, platforms will offer an opportunity to pay for an added member or will ask the user to verify who they are.

BINGE WATCHING

Features such as autoplay make it easy for viewers – especially young people – to continue watching episodes without a break. This can foster unhealthy and addictive patterns, such as consuming a vast amount of content in one sitting. With binge watching come a lack of social interaction, lack of physical exercise, and often late nights and sleep disruptions which impact their mental and physical wellbeing.

AGE-INAPPROPRIATE CONTENT

Most streaming platforms allow users to set up a profile for each family member, with the option of putting specific restrictions in place. These include adding a profile lock or PIN, controlling autoplay of previews and next episodes, and limiting content based on age ratings. Nonetheless, these restrictions aren't foolproof. Content which is rated as suitable for an age group may still include themes, language, or images which children and families find inappropriate.

HARMFUL STEREOTYPES

Many platforms track viewing habits, time consumed, and preferences, and generate recommendations to encourage your child to keep watching. This results in your child being in a 'loop' whereby they think the 'recommended' shows would be something they would enjoy rather than thinking critically for themselves. This can shape their beliefs, values, and understanding of the world from a young age without even realising it.

Advice for Parents & Educators

SET UP INDIVIDUAL PROFILES AND ADD PINS

Almost all streaming services allow users to set up individual profiles where each family member can have age restrictions put in place for the content they can view. Adult profiles can be protected through the use of PIN. Keep this private. Use the options of putting specific restrictions in place such as controlling autoplay of previews and next episodes, and limiting content based on age ratings.

TALK ABOUT ALGORITHMS

Talk to your child about how streaming services track what they watch, and base adverts and recommended shows/movies on previous viewing. Encourage them to critically think about whether the recommendations are suitable and how they want to spend their time. Discuss stereotypes with your child and challenge them to think about what they watch and how this may influence their beliefs.

MONITOR AND TALK OFTEN

Discuss with your child what they are watching, find out which programmes are trending, and watch them yourself. Have a little look at their watch history to check the content of what they're watching. Some platforms have been known to recommend or autoplay older or graphic content after a child's movie has been played. While some TV shows or movies may have a suitable age rating, your child may still find the content scary, or it may explore themes you don't want to explore with your child yet.

SET TIME RESTRICTIONS

Many streaming services offer the opportunity to buy movies, or add additional features to your subscription such as sports channels, as well as play games. This can increase the amount of time young people spend sitting idly in front of the screen. Some platforms (e.g. Apple TV+) allow you to set screen time restrictions. If the streaming service doesn't allow you to set screen time limits, set a family rule and stick to it.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator, and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian Government, comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



#WakeUpWednesday

The National College

See full reference list on our website

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CRAFTERSCHOOL CLUB

Creative kids MINUS the glitter in your carpet

Wednesdays 3:25-4:30pm
£31.50 for 5 sessions

Getting creative boosts confidence, resilience,
self-esteem, communication, fine-motor skills
and SO much more!

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teachers

Learn a different craft each week
and take home your creations

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NEW YEAR, NEW CHALLENGE

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INTERESTED
IN FINDING OUT MORE?

EMAIL

R.HORNE@ST-GEORGES.LANCS.SCH.UK

FOR MORE INFORMATION



The poster features a light orange background with a decorative border of red and blue triangular bunting at the top. Two cartoon rabbits with pink ears and rosy cheeks are positioned on the left and right sides. At the bottom corners, there are illustrations of blue spinning wheel games filled with colorful balls. The text is centered and uses a mix of red, black, and blue fonts.

St Joe's PTA
EASTER BINGO
WEDNESDAY 18TH MARCH
DOORS OPEN 6PM
EYES DOWN 6:30PM
TICKETS ARE £1 PER PERSON WHICH
INCLUDES ONE BOOK OF 4 GAMES (MORE
BOOKS CAN BE PURCHASED ON THE NIGHT).
PLEASE PREORDER YOUR FOOD, AVAILABLE IN THE SCHOOL SHOP ON
'TEACHERS2PARENTS'
CARRS MEAT & POTATO PASTY 2.50
CARRS CHEESE & ONION PASTY £2.50
CARRS SAUSAGE ROLL £2.00
IF YOUR BUSINESS WOULD LIKE TO DONATE A
LARGER EGG AS A PRIZE, PLEASE ATTACH
YOUR BUSINESS CARD/DETAILS TO THE EGG
AND SEND IN TO THE MAIN OFFICE



CAYP
Psychology



The CAYP Webinar Series

Tuesday 24th March 2026
8:00-9:00pm

What's Really Going on with My Child's Focus and Emotional Regulation?

With Consultant Clinical Psychologist
Dr Daniel Weisberg

This session is going to explore what may be driving ongoing difficulties with focus, emotional regulation and impulsive behaviour in children and young people.

We'll look at why some young people feel constantly overwhelmed or emotionally reactive, and how this can impact daily life at home and school.

Alongside this, we'll be providing practical strategies and tools to help support both your child and the whole family.

Overview:

- Why some children have focus and attention difficulties
- What's going on behind emotional reactivity
- Why small things can trigger such big reactions
- Co-regulation and supporting big feelings
- When focus and regulation difficulties raise bigger questions
- When to think about seeking an assessment or specialist support and how this may help
- Practical strategies to support focus, attention, regulation and behaviour at home and school

Who can join:

This session is primarily for parents and carers of primary and high school aged-children, but anyone working with children is welcome to attend.

[Click here to book your place.](#)



About Dr Daniel Weisberg

Dr Daniel Weisberg is a Consultant Clinical Psychologist and the Managing Director of CAYP Psychology, an award-winning psychological healthcare service for Children, Adolescents, and Young People across the UK and online. Daniel has over a decade of experience working in NHS children's services and specialises in paediatric neuropsychology.

Daniel completed his PhD in children's emotional development and later trained as a Clinical Psychologist at the University of Manchester. His work has contributed to national and international research into child development, rare genetic and developmental differences, and paediatric neuropsychology. Daniel's psychological knowledge and understanding has been shared in social, local and national media. He founded CAYP Psychology in 2016 to ensure that children and families can access timely, high-quality independent psychological healthcare. CAYP has since grown into a team of over 100 clinicians, across 40 UK-wide clinics and online.

www.cayp-psychology.com
enquiries@cayp-psychology.com



About CAYP Psychology

CAYP Psychology (pronounced "cape") is an independent, clinical psychology-led service offering expert therapy and assessments for children and young people aged 0-18 (or up to 25 for autism assessments). We support a wide range of emotional, behavioural, developmental, and learning needs, and provide outstanding specialist assessments for autism, ADHD, dyslexia, and intellectual disabilities.

We work closely with both schools and parents, and our reports are frequently used in EHCP applications and education tribunals. With nearly 100 highly qualified clinicians across more than 40 UK locations and online, we are proud to deliver thoughtful, values-driven support for children, families, and schools.

Follow us on social
media
[@cayp.psychology](https://www.instagram.com/cayp_psychology)
for all webinar
updates.



LEARNACTIVE

EASTER FUN FEST



30th March, 1st, 2nd, 3rd April
9am-1pm.



St Joseph's Primary
Rothwell Road, Anderton, PR6 9LZ.



Free for FSM children
Booking via Holiday Activities link.

THE ACTIVITIES

Multi-Sports
Arts & Crafts
Baking
Nerf Wars
Inflatables
Prizes & more

AGES 6-13



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NOW**

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Bolton Council

Ofsted

Department for Education

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HAF FUNDED PLACES AVAILABLE TO BOOK NOW!

07-10 APRIL 2026

Tues - Fri

LOCATION: Chorley New Road Primary School, Horwich, BL6 6EW

TIME: 10am - 2pm PRICE: £18

HAF BOOKINGS: HAF Bookings For This Site Are Taken Through Our Booking System 'IPaI'. Visit Our Webiste To Book.

Book Your Childs Place Online:

www.qualitysport.co.uk

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EASTER HALF TERM 2026

£21.50 per day
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Chorley Council



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- ✓ 30/3 -02/04 (HAF) & 07 - 10/04
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- ✓ All abilities welcome
- ✓ Full day Programme 09:30 - 16:30
- ✓ HAF Programme 09:30 - 13:30

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HAF SPACES CAN BE BOOKED HERE

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For more info call 07523 952149 - Please book early as places are limited