



# St Joseph's Catholic Primary School

Rothwell Road, Anderton, Lancashire, PR6 9LZ

Website: [www.st-josephs-anderton.lancs.sch.uk](http://www.st-josephs-anderton.lancs.sch.uk)

Headteacher: Mrs Kathryn Berry

27th February 2026

## SACRED

Praying at home helps us to recognise and respect our homes as sacred places, full of God's love. What else can help to remind us of God's sacred presence in our home (e.g. a Bible, candles, a cross, icons or something else)? As a family, talk about which sacred images you find most helpful. What can you do to help you recognise your home as a sacred place this Lent?

Dear Lord Jesus, thank you for the sacred places where you are worshipped and praised, and for making our homes sacred through your presence among us. Amen



## SPOTLIGHT ON LEARNING

### LIFE AFTER SCHOOL

It is important to us to be able to offer the pupils a range of different activities to take part in after school. We try to vary these as much as possible and respond to the children's needs and interests. This is just a little insight into three of our recent clubs. Judo took place in the morning, and netball and Pasta club take place after school. All offer a great deal of fun and new learning. Well done everyone!



*We work, learn and grow together in God's love*



## Weekly Awards



Congratulations to **Daniel Hales** for receiving the **Headteacher's Award** this week. Daniel is a star in school. He lives St Joseph's school values every day and shows kindness and respect to everyone as well as always being ready to learn. Well done Daniel!

Year Group	Worker of the week	Reader of the week	Values Award
Reception	Rhys Peet	Rory Turton-McBride	Hattie Singleton
Year One	Sadie Buckley	Rosie Roberts	Olivia Swarbrick
Year Two	Arlo Wooding	Albus Holt	Zach McGrath
Year Three	Millie Johnson	Dominic Entwistle	Imi Karanikolas
Year Four	Bella Holland	Matthew Cross	Phoebe Norris
Year Five	Robin Rypel	Alfie Almond	Riley Ramsden
Year Six	Frankie Agar	Erin Jeremiah	Lara Hodgson

## Attendance

Weekly Attendance	
Reception Class	96.86%
Year One	93.82%
Year Two	96.01%
Year Three	97.74%
Year Four	92.50%
Year Five	97.09%
Year Six	95.46%





## Notices

### MISSION COUNCIL LENT RETREAT

The Mission Council have been invited to St Joseph's Catholic High School in Horwich next week to take part in a Lent retreat. We are looking forward to taking part in Lenten activities with other local schools too.



### YEAR FOUR FIRST CONFESSION

Congratulations to the Year Four pupils who made their First Confession this week. The next meeting for the With You Always programme is on Monday in the Parish room / Treetops at 5:45pm for a 6:00pm start.



### FOREST SCHOOL

We are very excited to inform you that our **Forest School sessions** will begin after the Easter holiday. **Reception class** will be attending each **Wednesday morning** for the half term. Chloe, who will be running these sessions, is a teacher and fully trained Forest School practitioner who comes highly recommended from another local school. She is very enthusiastic and keen to develop our outdoor areas even further. If you have any of the following items / resources we would be very grateful as we would like to add areas like those pictured below; pallets, off-cuts of decking or wooden planks, tree stumps, clean tyres and old pots and pans etc. We can't wait to start our sessions!



### WORLD BOOK DAY THURSDAY 5TH MARCH

Instead of traditional costumes, we would love the children to transform a potato (or any vegetable) into a book character of their choice. Think *Harry Potter Potato*, *Supertato*, *The Gruffalo Gourd*, or any other favourite story character. You can paint them, dress them up, add accessories – the more imaginative, the better! Please bring your completed vegetable character into school on World Book Day so we can share and admire everyone's creations.

### **Mystery Readers Wanted!**

We are also looking for family members who would like to volunteer as a 'Mystery Reader' for their child's class. As a Mystery Reader, you would come into school (time arranged in advance), keep your identity secret until the big reveal, and read one of your favourite stories to the class. The children love trying to guess who the Mystery Reader might be! It could be a parent, carer, grandparent, older sibling etc.

## Dates for 2025—2026

<b>Date</b>	<b>Event</b>	<b>Date</b>	<b>Event</b>
<b>2nd Mar</b>	<b>With You Always session— 5:45pm Parish room / Treetops</b>	<b>21st Mar</b>	<b>Cross Country</b>
<b>3rd Mar</b>	<b>Y1 Library Visit</b>	<b>23rd Mar</b>	<b>First Kick football session AM Reception / Year One</b>
<b>4th Mar</b>	<b>Reception &amp; Yr 6 Heights &amp; weights check</b>	<b>23rd— 25th Mar</b>	<b>Y6 Residential to Robinwood</b>
<b>4th Mar</b>	<b>Mission Council to visit St Jo- seph's Horwich for Lent Re- treat</b>	<b>26th Mar</b>	<b>Year Six Easter Markets</b>
<b>5th Mar</b>	<b>World Book Day</b>	<b>26th Mar</b>	<b>Benchball Year 4/5</b>
<b>8th Mar</b>	<b>Family Mass St Joseph's 11am</b>	<b>30th Mar – 13th April</b>	<b>Easter holidays</b>
<b>13th Mar</b>	<b>Reception Class assembly for Mothers' Day Parents / carers invited 9:15am</b>		
<b>19th Mar</b>	<b>St Joseph's Feast Day</b>		

# What Parents & Educators Need to Know about

# WHATSAPP

AGE RESTRICTION

13+

## WHAT ARE THE RISKS?

WhatsApp is a free messaging app owned by Meta, allowing users to send text and voice messages, share multimedia, make video calls, and chat in groups. With end-to-end encryption, only the sender and receiver can view messages. This may offer privacy, but it also comes with risks that parents and educators need to be aware of.

### GROUP CHAT PRESSURES

Group chats enable multiple users to message in the same space, but this can also make it easier for young people to feel excluded or overwhelmed. Negative comments can escalate quickly, and young people may feel pressure to respond or stay engaged even when the conversation is uncomfortable or upsetting.

### SCAMS TARGETING YOUNG USERS

Scammers are increasingly using WhatsApp to trick users into sharing personal information. Common scams include fraudsters posing as family members in an emergency or tricking users into revealing security codes. These can lead to identity theft or access to private conversations.

### DISAPPEARING AND HIDDEN MESSAGES

WhatsApp offers features like disappearing messages and 'Chat Lock', which can give users a false sense of security. While intended to protect privacy, they can be used by young users to hide inappropriate conversations or content, making it harder for adults to spot potential issues.

### EXPOSURE THROUGH CHANNELS

'Channels' are an optional feature that allows users to follow updates from public figures or organisations; however, there is no way to block this feature or filter its content by age. Young users may encounter adult or distressing content, including misinformation and harmful ideologies.

### UNWANTED CONTACT AND LOCATION SHARING

WhatsApp users can share their live location, and if not managed carefully, this can allow others – even those in mutual groups – to track someone's whereabouts. Also, without the right privacy settings, young users may be contacted by strangers.

### COMMERCIAL AND AI CONTENT

WhatsApp now includes ads in the 'Updates' feed and has introduced an AI assistant – Meta AI – across the app, which cannot be removed. These additions raise concerns about targeting, privacy, AI use, and the type of content children and young people might interact with.

ONLINE

...ONLINE...

SECRET CODE

## Advice for Parents & Educators

### REVIEW PRIVACY SETTINGS TOGETHER

Help young users check who can see their profile photo, status, and location. Activate the 'Silence Unknown Callers' setting and set group chat invitations to 'My Contacts' or 'My Contacts Except...' for added safety.

### BE OPEN ABOUT HIDDEN CHATS

Discuss why children and young people might use features like disappearing messages or 'Chat Lock'. Encourage them to share if something made them uncomfortable, even if the messages are gone. Let them know that privacy should not mean secrecy.

### TEACH HOW TO SPOT SCAMS

Encourage caution around unusual and unexpected messages, especially if they involve money or codes. Help young users understand the signs of scams and what to do if they receive a suspicious message. Enable two-step verification to add an extra layer of protection.

### TALK ABOUT ADVERTISING AND AI

Explain that WhatsApp now includes ads and AI tools. Discuss the difference between genuine and sponsored content, and the potential for AI to share inaccurate or age-inappropriate responses. Encourage young users to think critically before trusting or interacting with these features.

### Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian Government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



See a full reference list on our website

#WakeUpWednesday

The National College

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# CRAFTERSCHOOL CLUB

Creative kids MINUS the glitter in your carpet

Wednesdays 3:25-4:30pm  
£31.50 for 5 sessions

Getting creative boosts confidence, resilience,  
self-esteem, communication, fine-motor skills  
and SO much more!

Experienced  
teachers

Learn a different craft each week  
and take home your creations

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JOIN THE FUN

# There are spaces in bands at your school



iRock

Dear Parents/Guardians,

**Exciting News! Rock and Pop band lessons may be starting at your school soon!**

**What is iRock?** At iRock, children experience the thrill of being in a band! Led by our passionate and professional Band Coaches, our weekly in-school band sessions are open to all pupils from Reception to Year 6.

**Music for all.** iRock aims to create a welcoming and inclusive environment where every child feels they belong. Each week, children develop their musical skills, confidence, and teamwork as they work towards exam-free music qualifications; celebrating progress without the pressure of formal exams.

**Feel like a rockstar!** The excitement culminates every term in a live concert where children perform as a band for their families and peers. These performances are more than just a showcase; they're an opportunity for children to build self-esteem, enhance their confidence, and experience the joy of accomplishment.

iRock isn't just about music. It's about helping children thrive cognitively, socially, and academically through the power of music.

**Key information:**

- Hassle-free, rolling **monthly subscription** of £44.49 (no payment taken in July)
- **First lesson money-back guarantee** (and you can cancel at anytime)
- **No experience needed** and all instruments are provided
- Parents/guardians can access our **online portal** for updates, pictures and videos

Head to [our website](#) to check availability and start your child's iRock journey!

**Joshua Franklin**  
Founder  
iRock School of Music

Choose from...



GUITAR



VOCALS



KEYS



DRUMS

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**CAYP**  
Psychology



## The CAYP Webinar Series

**Tuesday 24<sup>th</sup> March 2026**  
**8:00-9:00pm**

### **What's Really Going on with My Child's Focus and Emotional Regulation?**

With Consultant Clinical Psychologist  
Dr Daniel Weisberg

This session is going to explore what may be driving ongoing difficulties with focus, emotional regulation and impulsive behaviour in children and young people.

We'll look at why some young people feel constantly overwhelmed or emotionally reactive, and how this can impact daily life at home and school.

Alongside this, we'll be providing practical strategies and tools to help support both your child and the whole family.

### **Overview:**

- Why some children have focus and attention difficulties
- What's going on behind emotional reactivity
- Why small things can trigger such big reactions
- Co-regulation and supporting big feelings
- When focus and regulation difficulties raise bigger questions
- When to think about seeking an assessment or specialist support and how this may help
- Practical strategies to support focus, attention, regulation and behaviour at home and school

### **Who can join:**

This session is primarily for parents and carers of primary and high school aged-children, but anyone working with children is welcome to attend.

**[Click here to book your place.](#)**



## About Dr Daniel Weisberg

Dr Daniel Weisberg is a Consultant Clinical Psychologist and the Managing Director of CAYP Psychology, an award-winning psychological healthcare service for Children, Adolescents, and Young People across the UK and online. Daniel has over a decade of experience working in NHS children's services and specialises in paediatric neuropsychology.

Daniel completed his PhD in children's emotional development and later trained as a Clinical Psychologist at the University of Manchester. His work has contributed to national and international research into child development, rare genetic and developmental differences, and paediatric neuropsychology. Daniel's psychological knowledge and understanding has been shared in social, local and national media. He founded CAYP Psychology in 2016 to ensure that children and families can access timely, high-quality independent psychological healthcare. CAYP has since grown into a team of over 100 clinicians, across 40 UK-wide clinics and online.

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[enquiries@cayp-psychology.com](mailto:enquiries@cayp-psychology.com)



## About CAYP Psychology

CAYP Psychology (pronounced "cape") is an independent, clinical psychology-led service offering expert therapy and assessments for children and young people aged 0-18 (or up to 25 for autism assessments). We support a wide range of emotional, behavioural, developmental, and learning needs, and provide outstanding specialist assessments for autism, ADHD, dyslexia, and intellectual disabilities.

We work closely with both schools and parents, and our reports are frequently used in EHCP applications and education tribunals. With nearly 100 highly qualified clinicians across more than 40 UK locations and online, we are proud to deliver thoughtful, values-driven support for children, families, and schools.

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