



YEAR 2 AUTUMN 2

KNOWLEDGE ORGANISER



This half term we will learn that:

- Humans have offspring that grown into adults.
- Animals need nutrients, water, oxygen and shelter to live.
- To thrive a human needs a balanced diet, exercise and good hygiene.
- A balanced diet consists of food from all five food groups.
- Exercise can cause an increase in heart rate, redness of face and heavier breathing.

Key Vocabulary

human

healthy

life cycle

survival

protein

carbohydrate

thrive

investigate

observe

