

HAVELEY HEY COMMUNITY SCHOOL

BUILDING RESILIENCE, AMBITION AND RESPECT



Get to know your rights!
Article: 19 – Right to be safe.

Talk about safe choices online and offline. Remind children they can always come to you with any worries.



Nurture Principles – tip of the week
(Learning is understood developmentally)
Children may manage in school but feel overwhelmed at home.
After a busy day, allow downtime before homework or chores.
Emotional regulation develops gradually.



Our news...

Yesterday, our Wellbeing Champions attended a special training session focused on wellbeing and mental health, which was delivered by Thrive in Education. The children represented our school brilliantly and showed great maturity and enthusiasm throughout.

During the session, they learned about the Five Ways to Wellbeing – a simple set of evidence-based actions developed by the New Economics Foundation to help improve mental health and happiness. These five ways are: Connect (building positive relationships), Be Active (keeping our bodies moving), Take Notice (being mindful of the world around us), Keep Learning (trying new things and developing skills), and Give (showing kindness and helping others).

Our Wellbeing Champions are excited to share what they have learned and to continue promoting positive mental health across our school community. We are incredibly proud of their commitment to helping everyone feel supported, valued, and happy in school.



We have also been thinking about women who inspire us for International Women's Month coming up in March.



Our attendance focus is coming to school on time for 8:35am. Attendance last week was 89.6%.

The class with best attendance last week was 2B – well done!

Good attendance is 96% - please help us to achieve this target by coming to school on time every day.

Next week the behaviour focus will be Resilience: We keep improving. Please help reinforce this at home with your child.

UPCOMING EVENTS

Children of the Week

A huge well done to our children of the week – thank you for showing us your resilience and learning from your mistakes

- Nursery – Lewis
- Reception: Azai and Mila
- Year 1 – Ruth & Sonia
- Year 2 – Rayyan & Ryan
- Year 3 – Adam & Miah
- Year 4 – Rosie & Noah
- Year 5 – Daniel & Summer
- Year 6 – Sienna & Brandon
- Thrive: Frank, Nurture: Myla, Explore: Charlie



A week in pictures...



Year 1 have been investigating some chemistry in their Science lessons.



Reception have been celebrating Chinese New Year with a 'flight' to Beijing and some food tasting!



This week's topic- My child might have bullied someone
Finding out that your child may have bullied another child can feel worrying or unexpected, and this guidance offers calm, practical steps to help you support them.

Children can behave in hurtful ways for many different reasons. They may be struggling with their own feelings, trying to fit in, or not fully understanding the impact of their actions. It can help to gently encourage your child to open up about any problems they might have.

This Parenting Smart tip looks at simple ways to talk openly with your child, help them understand how their behaviour affects others, and guide them towards more positive choices. It also explores how to listen to their feelings, set clear boundaries, and work together with school or other adults to help them build healthier relationships.

Learn more about this topic at –

<https://parentingsmart.place2be.org.uk/article/my-child-might-have-bullied-someone>



Exclusive to schools supported by Place2Be

Parenting Smart – Online Course

Parents and Carers of 4-11 year olds can access our free online course providing you with extra tools to deal with everyday parenting challenges.

The course aims to help you strengthen your relationship with your child and respond helpfully to challenging behaviour. You can also join discussions with other parents and carers in your group from across the UK.

Designed to fit around busy family lives, the 4-week course can be broken down into short 15-minute sections and you can access it from your mobile phone, tablet or any other device.

All of the content is based on the latest evidence and experience from Place2Be's Parenting Team, in partnership with South London and Maudsley-NHS Foundation Trust.

- Free
- No fixed times
- Accessible from any device
- Hear from other parents around the UK
- Place2Be professional on hand to support learning

Key information

Length: 4-week online programme

Frequency: Up to 1 hour per week at a time convenient for you

Start date: 20 January 2026

Register by: 12 January 2026

Price: Free for parents and carers at Place2Be partner schools



