Topic homework Y6 Autumn 1

Here is a range of optional homework linked to your topic for Autumn 1.

Blood We will be spending a lot of time in class learning why blood is so important to our bodies, keeping us healthy and keeping us alive. Why not try and make 'blood' yourself at home! This website has some great ideas for how to make 'blood' with household items: https://www.petersfield.cambs.sch.uk\/site/petersfield/reactFiles/pdfs/OpenUpScienceIssue9BloodDigital.pdf	**The circulatory system** We will be learning about the circulatory system and how it works with our heart to deliver blood throughout our body. Draw a diagram of the circulatory system, naming all of the parts you can. The website below is great to get you started: https://www.theschoolrun.com/homework-help/human-circulatory-system
Taking your pulse In science pupils will investigate how quickly their heart beats (called the pulse) and how it is affected by exercise.  Why not set up your own experiment to measure your pulse and find out how it is affected by exercise?	**Giving blood** Lots of people give blood when they are older to help people who are ill and need blood to keep them healthy. Why not design a poster encouraging people to give blood? 
Keeping your heart healthy It is very important that we all do everything we can to keep our hearts healthy!  Can you design a healthy, tasty menu for a week for breakfast, lunch and dinner that both tastes fantastic and is great for your heart?	**Exercise** There is nothing better than exercise to keep your heart healthy, happy and in tip-top condition. Plan a week's worth of exercise that you and your family can take part in. Can you include a range of sports and something that takes you into nature where you can enjoy spotting animals and plants? 