

What are the differences and similarities between people?



This lesson will encourage children to explore how we are all different and unique and the importance of respecting difference; delivering the message that we are all equal.

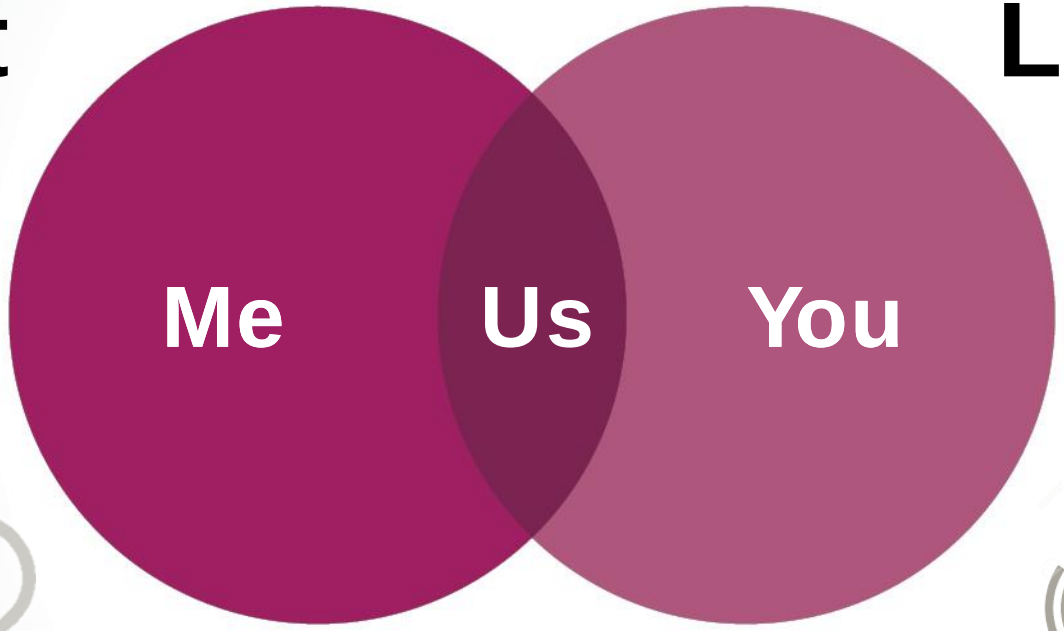
Ground Rules

Respect



Listening









Confidentiality

To learn about the similarities and differences between themselves and other people.

- Identify similarities and differences in people
- Recognise that we are all equal and that it is acceptable to be different
- Respect and value difference

What do you think?

Imagine going to the zoo and all the animals being the same.

The same size, same colour, even acting the same and doing the same thing…



Poem - Difference is ok!

Imagine a garden of flowers where all of the flowers are the same,
The same size, the same colour, same scent and the same name!

Imagine going to the zoo and all the animals being the same?
The same size, same colour, even acting the same and doing the same thing…
Don't you think that it would be just a little bit boring?

Don't you think it would be much more fun…
To colour with lots of different crayons and play with lots of different toys instead of just the same one?
Don't you think it is a wonderful thing?
That everything and everyone is so different, which makes the world unique and a little less boring?



Game time: Let's get moving!

Change places with someone in the circle if they have…

Different eye colour

Different hair colour



Use the pictures to explore the similarities and differences with each characteristic

Disability



Gender



Appearance



Skin colour



Click in the link to watch the video



No matter how different we are e.g. our interests, appearance, religion, families, background, our abilities, everyone should be treated fairly and with the same respect.



Case Studies:
Equality is about respecting difference. Answer the questions and decide if their differences have been respected!



Jack is upset because Imran is making unkind comments about his skin colour and the way that he dresses.

1) How do you think Jack would be feeling?

2) Do you think Jack is being treated fairly?

3) Is this showing respect for people's differences?

Case Studies:
Equality is about respecting difference. Answer the questions and decide if their differences have been respected!



Sarah likes to play football and wear trousers and trainers at lunch time.
The other girls laugh and call her a boy.

1) How do you think Sarah would be feeling?

2) Do you think Sarah is being treated fairly?

3) Is this showing respect for people's differences?

Can you think of ways we are different to our friends in our school?

Would it be good for us all to be the same?



Remember

If you are worried in school you can talk to any teacher or the school nurse.

This curriculum is called ‘I Matter’ because ‘You Matter’ and we want you to know that.

You can talk to…

Trusted adult

Staff member at school

School nurse

Teacher

Parent or carer

ChildLine 0800 1111

Tell us your thoughts!
We value your input.

Healthy Schools

Thank you for using this pilot lesson, we'd love to get your feedback.

Our survey takes 2 minutes.

Click here to review this lesson

