

What happens when the body grows young to old?



This lesson will develop pupils understanding of the life cycle and that we all start life as a baby. It will provide the opportunity to identify key life stages.

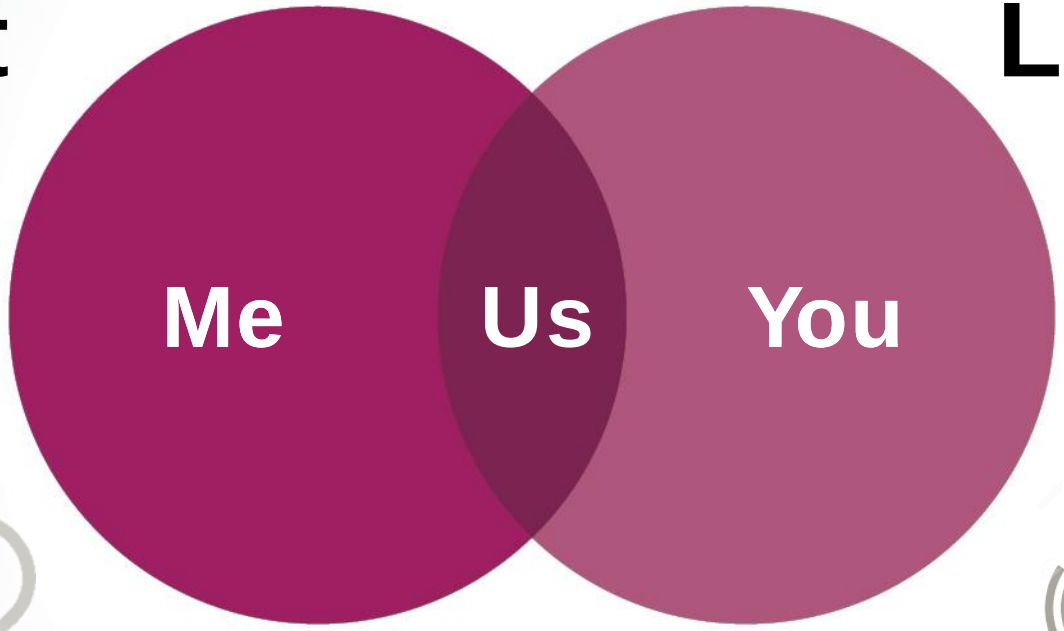
Ground Rules

Respect



Listening









Confidentiality

To explore how all living things including humans start life as babies

I can…

- Develop understanding that all living things including humans start life as babies
- Identify key stages in the human life-cycle
- Explore how I have changed since I was a baby

How old am I?

Guess the age of the person, write your answer in the boxes.



How old am I?

Guess the age of the person, write your answer in the boxes.



My Journey



Talk to your partner

Read the sentences & fill in the gaps

My name is _____.

I am _____years old.

When I was a baby I learnt to_____.

I can now _____ on my own.

I am growing up and I feel_____ about that.



Then

Draw a picture
of you
as a baby

Now

Draw a picture
of you
now

Draw or add a photograph of you as a baby and as you have grown what you look like now

Then and now





Baby, Teen or Adult?
What age do these items may belong to?











Baby, Teen or Adult?
What age do these items may belong to?











How would you identify the age of a person from the stars below?







When I was a baby I couldn't ……

Now I have grown I can ……

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Remember

This curriculum is called ‘I Matter’ because ‘You Matter’ and we want you to know that.

You can talk to…

Trusted adult

Staff member at school

Teacher

School nurse

Parent or carer

ChildLine 0800 1111

Tell us your thoughts!
We value your input.

Healthy Schools

Thank you for using this pilot lesson, we'd love to get your feedback.

Our survey takes 2 minutes.

Click here to review this lesson

