

What is private?
(Body Parts)



This lesson will explore what is meant by ‘privacy’

Children’s right to keep things ‘private’

and the importance of respecting others’ privacy

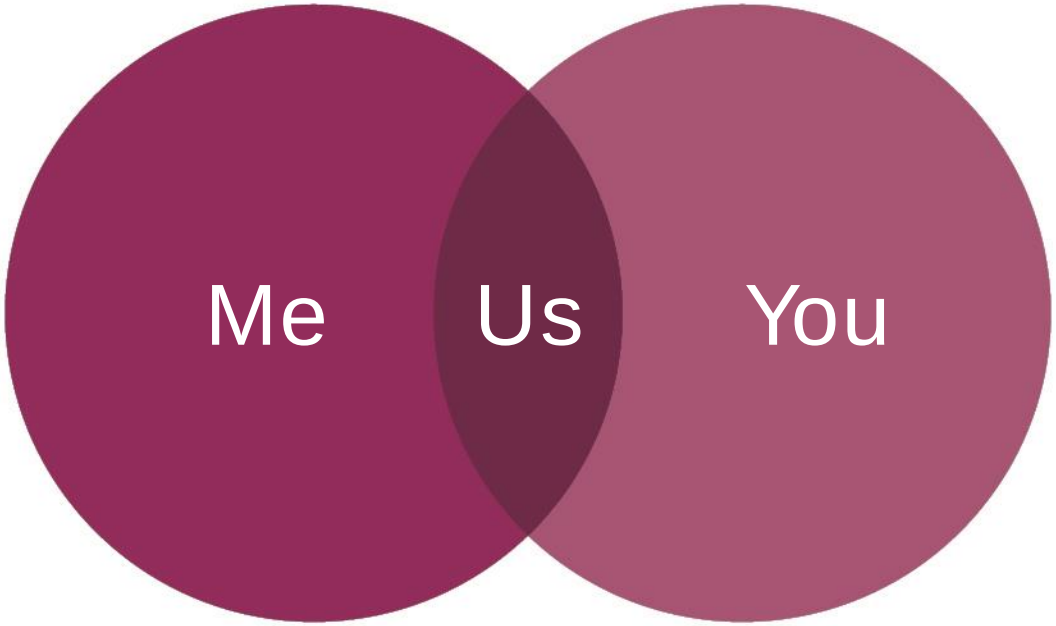
Ground Rules

Respect



Listening







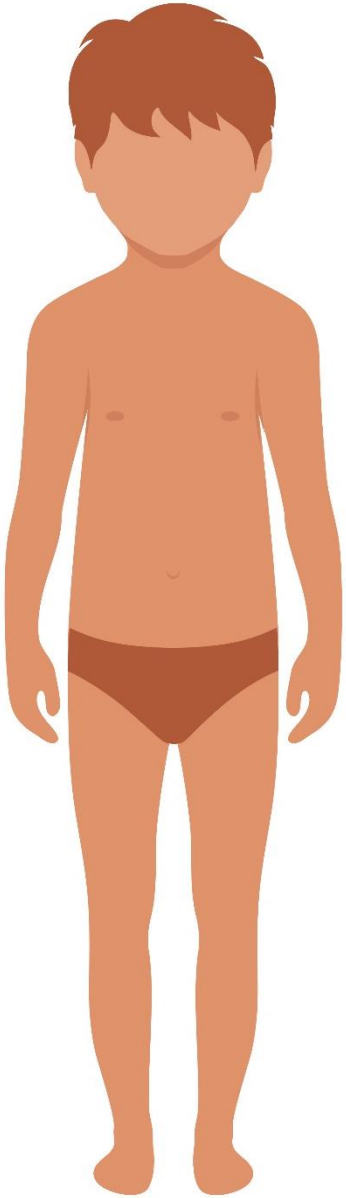


Confidentiality

To learn about what parts of our bodies are private.

- Recognise I have the right to protect my body from inappropriate or unwanted contact.
- Label the parts of the body that are private.
- Explain who they would speak to if their privacy was not respected.

Draw a body outline and label as many parts as you can



Arm

Leg

Feet

Eyes

Face

Head

Hands

What does private mean?

Discuss

OK

Thumbs up

Look at the different types of touch and decide which is ok or not ok.

NO

Thumbs down







Look at the different types of touch and decide which is ok or not ok.





OK

Thumbs up

NO

Thumbs down

Look at the different types of touch and decide which is ok or not ok.





OK

Thumbs up

NO

Thumbs down

Look at the different types of touch and decide which is ok or not ok.





OK

Thumbs up

NO

Thumbs down

Hold up your thumbs.
Which are ok and not ok touches?

Hugging a stranger



Thumbs up

Kiss a grandparent goodbye

Doctor checking your tummy



Thumbs down

Another child pulls your hair

Holding hands with a friend on a school trip

You hug a friend who is upset

Parent/carer helping you shower

Which parts of our body are private ?

Let's sing the Pantosaurus song!

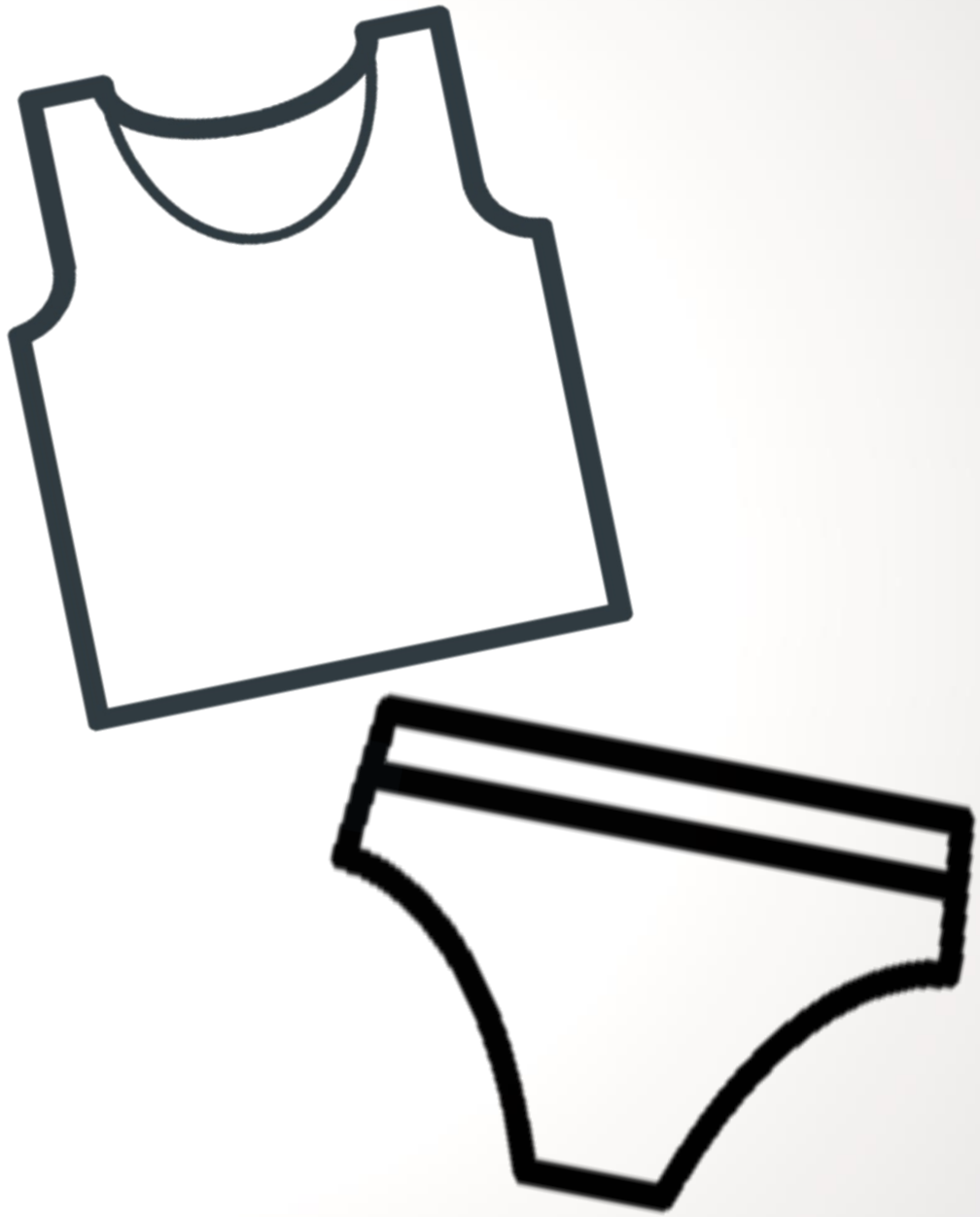




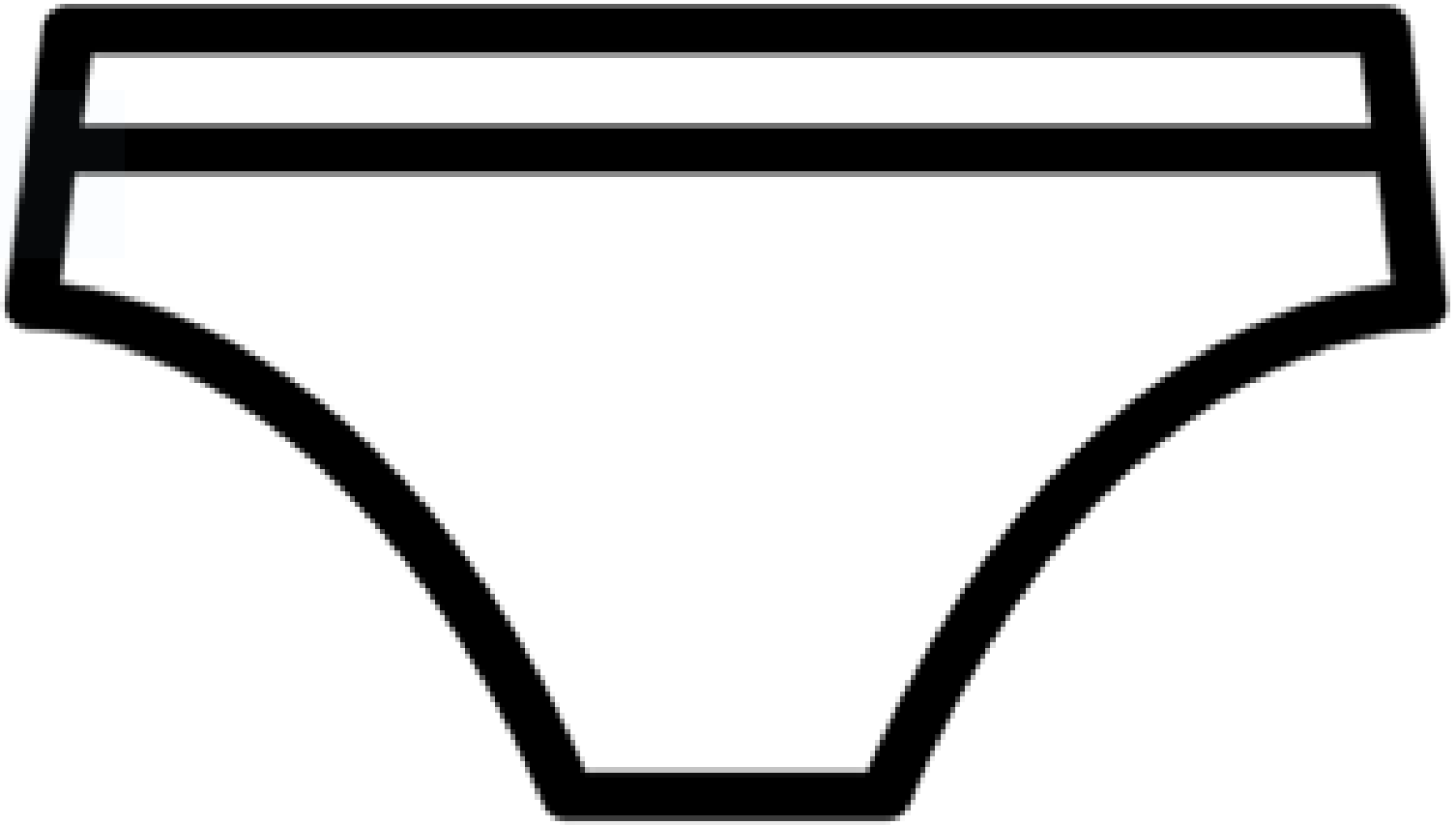


Colour your underwear!

This covers the parts of our bodies that are private and belongs to us









Respecting the privacy of others?

Scenarios

-Not asking to see others private parts

-Not touching other people's private parts.

-Not going into the same toilet as a friend

Reflection

Can you describe what are the private areas of our bodies?

Who does your body belong to?

I matter.

Useful link

underwear rule

NSPCC The underwear rule - PANTS



Remember

If you are worried in school you can talk to any teacher or the school nurse.

This curriculum is called ‘I Matter’ because ‘You Matter’ and we want you to know that.

You can talk to…

Trusted adult

Staff member at school

School nurse

Teacher

Parent or carer

ChildLine 0800 1111

Tell us your thoughts!
We value your input.

Healthy Schools

Thank you for using this pilot lesson, we'd love to get your feedback.

Our survey takes 2 minutes.

Click here to review this lesson

