

Who are the people in my life that love and care for me? (family)

To learn about the people in my life that care for me and love me.

I can…

- Identify the important relationships in my life and those that provide love.
- Describe a family and understand that all families are special and different.
- Recognise the different ways our special people care for us and how we can care for them in return.

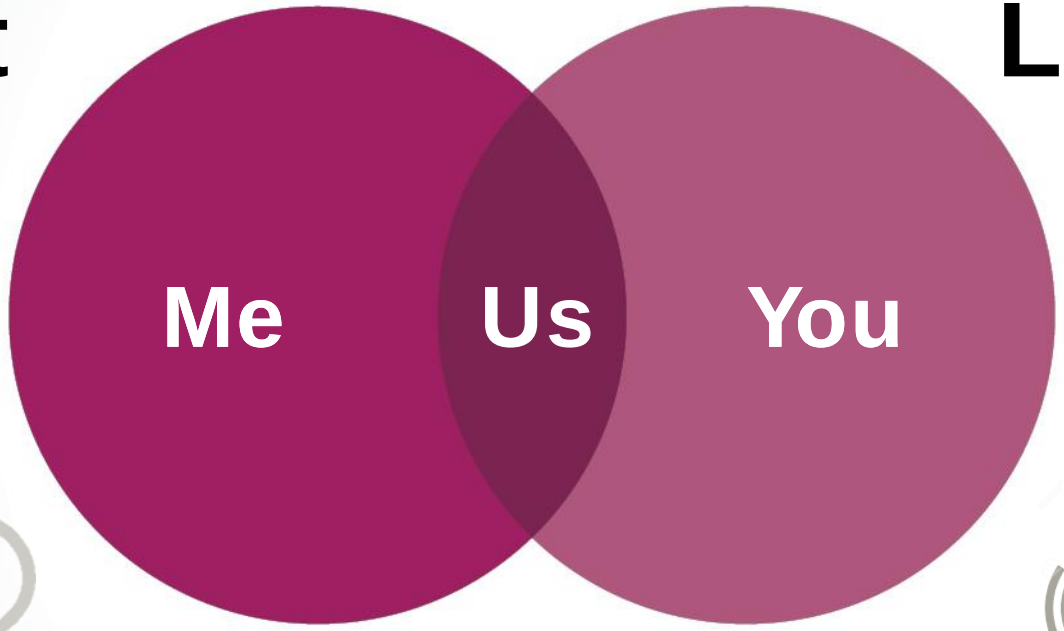
Ground Rules

Respect



Listening









Confidentiality

What do you think?

Could you live on your own?

Discuss

Do all families look the same?

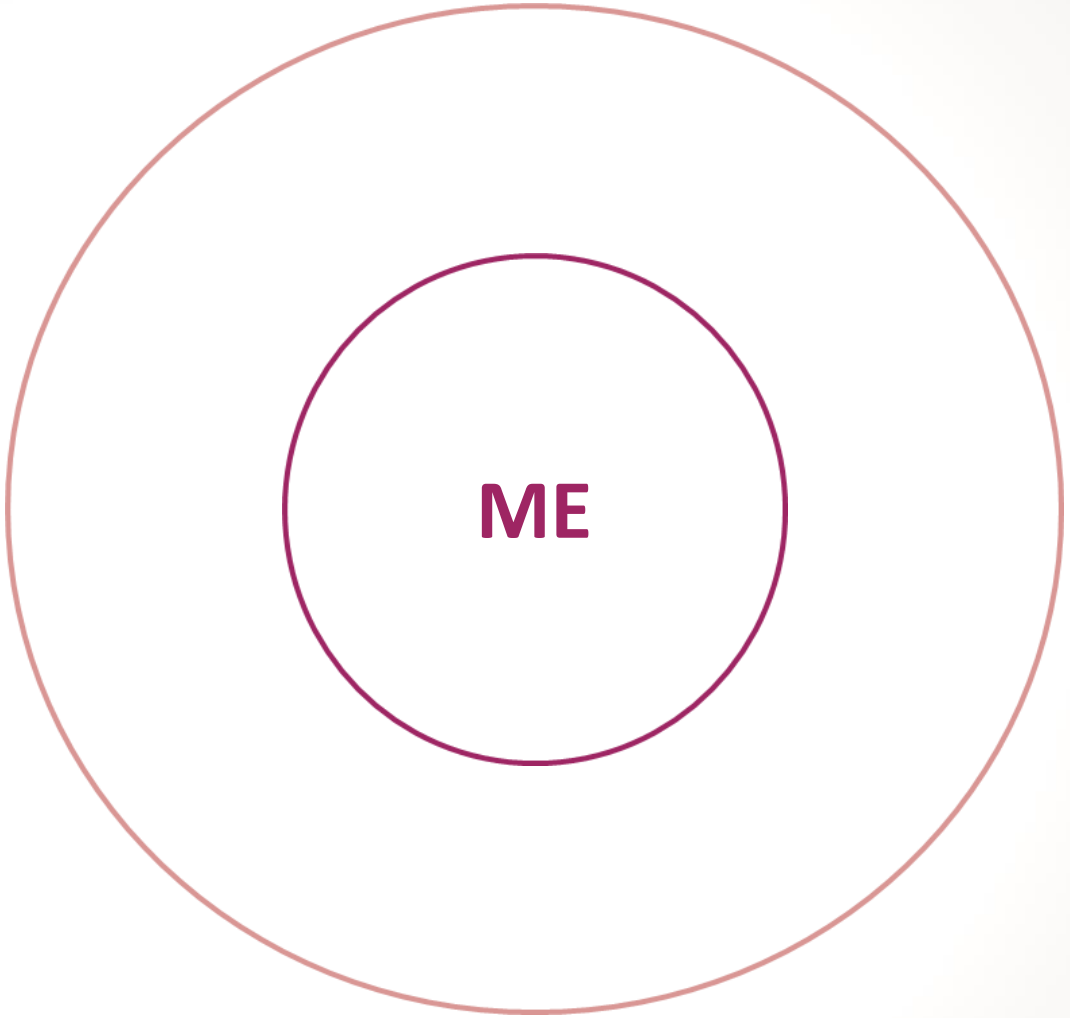
Talk to your partner



Families can all look different and all families are special



Identify the important people in our lives



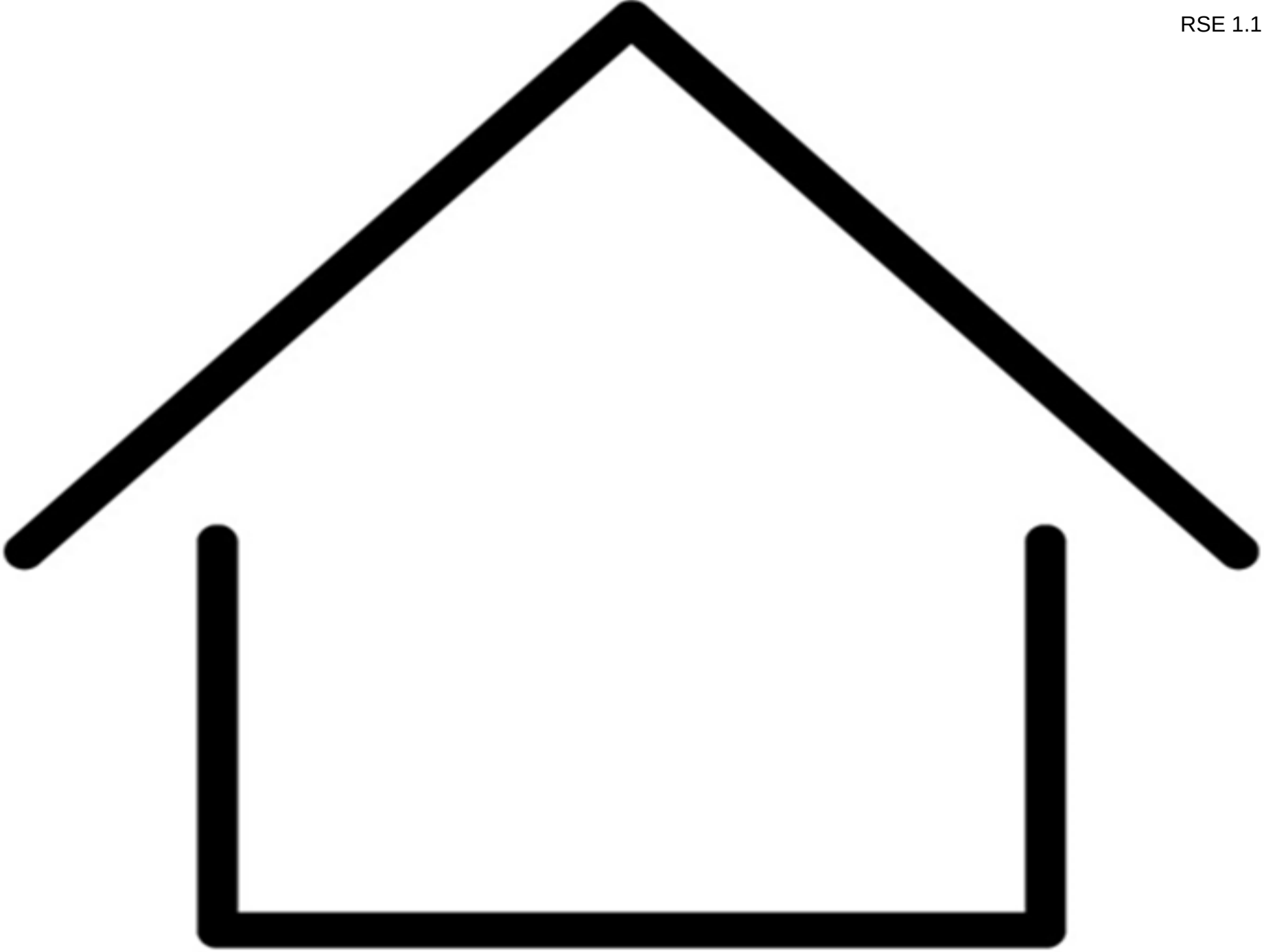
Add the names of the people who are important to us in the outer circle.

Look at the family in their happy home



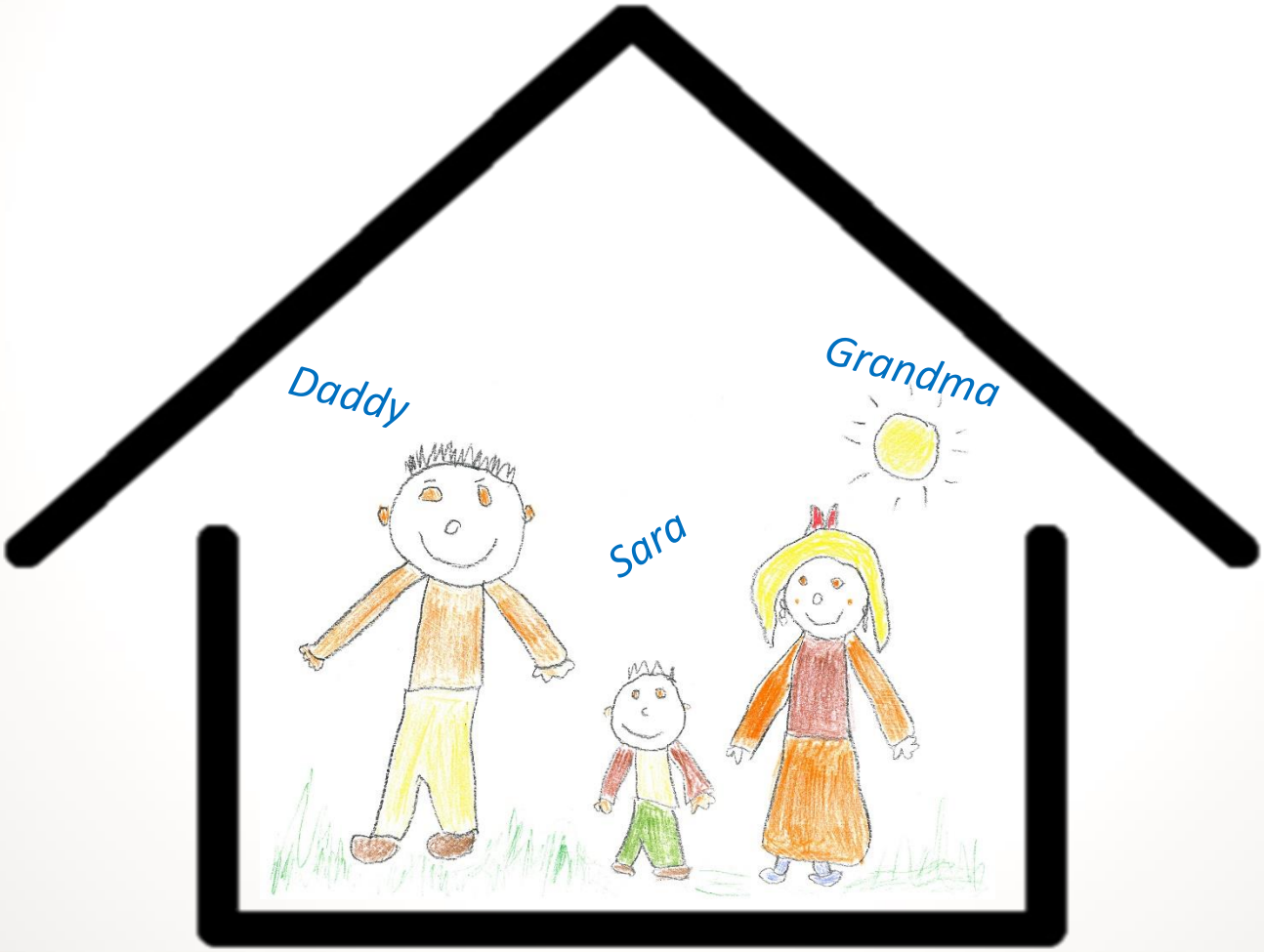


All families are special and different. Not all family members live with us but they are still just as important.



TASK: Who is in your family?

Write their names or draw their pictures inside the house



TASK: Show each other your houses!

What is different/same?

How does your family help you?



"My step-dad cooks yummy food"





"My big brother walks me to school"



Using our own photos or drawings of our family describe how they care for us, or why they are important to us.













Discussion Time

What my family does for me





What things I do to care for them





Share our ideas



What my family does for me
What things I do to care for them

They send me a birthday card

They make me feel happy

I make them lovely pictures

We go on bike rides

I share my things with them

We do things together

I thank them for things they do

They play with me

I make them feel happy and loved

I give them a hug

They take me to school



Remember

If you are worried in school you can talk to any teacher or the school nurse.

This curriculum is called ‘I Matter’ because ‘You Matter’ and we want you to know that.

You can talk to…

Trusted adult

Staff member at school

Teacher

School nurse

Parent or carer

ChildLine 0800 1111

Tell us your thoughts!
We value your input.

Healthy Schools

Thank you for using this pilot lesson, we'd love to get your feedback.

Our survey takes 2 minutes.

Click here to review this lesson

