

Relationships Education Themes		Health Education			Economic Wellbeing and Careers Education	
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Taught across all areas of the curriculum through planned continuous provision					
Y1/2 Cycle A	Rules and Responsibilities	Feelings (Zippy Module 1)	Communication (Zippy Module 2)	Making and breaking relationships (Zippy Module 3)	Conflict Resolution (Zippy Module 4)	Separation and Loss (Zippy Module 5)
Y1/2 Cycle B	Rules and Responsibilities	Keeping Safe	Changing and Growing	Healthy Lifestyles	Money	Communities
Y3/4 Cycle A	Rules and Responsibilities	Resilience & Keeping Safe (Zippy Module 6)	Feelings (Apple Module 1)	Communication (Apple Module 2)	Similarities and Differences	Emotions
Y3/4 Cycle B	Rules and Responsibilities	Healthy Lifestyles	Managing Money	Safety (E-safety)	Growing and Changing	First Aid
Y5/6 Cycle A	Rights and Responsibilities	Nutrition and Food	Friendship (Apple Module 3)	Drugs, Alcohol and Tobacco	Solving Problems (Apple Module 4) including cyber bullying	Physical, Emotional and Mental Health
Y5/6 Cycle B	Rights and Responsibilities	Changes, including Loss (Apple Module 5)	Healthy Relationships	Aspirations	Economic Awareness	Moving Forward (Apple Module 6)
						Transition (School Nurse visit)