



St. George's C E Primary School

Summer Lunch Menu



2025



Week 1	Monday	Tuesday	Wednesday	Thursday	Friday	
Main	Tomato & Vegetable Pasta (df)	Burgers	Beef Lasagne & Garlic Bread	Chicken Curry	Fish Fingers (df)	
Vegetarian Main	Cheesy Vegetable pasta	Vegetarian Sausage (df)	Mixed Bean Burrito with Salsa (df)	Vegetarian Chickpea Curry (df)	Quorn Nuggets (df)	
Starchy Side	Pasta	Sweet Potato Chips/ Potato Chips	Flat Bread/ Rice	Rice	Potato Chips	
Jacket Potato	Fillings		Fillings		Fillings	
	Cheese	Tuna Mayo	Beans	Cheese	Coleslaw	Beans
Vegetable	Mixed Vegetables	Sweetcorn	Carrots	Broccoli & Cauliflower	Green Peas	
Salad	Salad selection	Salad selection	Salad selection	Salad selection	Salad selection	
Dessert and Dairy	Peaches (df) Cut fresh fruit with Greek Yoghurt	Fresh Fruit Salad (df) Cut fresh fruit with Greek Yoghurt	Cheese & Crackers Selection of cut fresh fruit (df)	Fruit Yoghurt Selection of cut fresh fruit (df)	Ice Cream Selection of cut fresh fruit (df)	

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday	
Main	Margarita Pizza	Salmon Pasta (df)	Beef Meatballs, Mash & Gravy (df)	Mexican Chicken with Nachos(df)	Southern Fried Chicken Strips	
Vegetarian Main	Sweet Potato & Lentil Pizza (df)	Cheese & Onion Flan	Green Lentil Moussaka	Roasted Vegetable & Herb Cous-Cous	Garlic Focaccia Served with Dips (df)	
Starchy Side	Bread	Pasta/Pastry	Potato	Black Bean Rice or Curried Rice	Wedges	
Jacket Potato	Fillings		Fillings		Fillings	
	Cheese	Tuna Mayo	Beans	Cheese	Coleslaw	Beans
Vegetable	Sweetcorn	Broccoli & Cauliflower	Mixed Vegetables	Carrots	Green Peas	
Salad	Salad selection	Salad selection	Salad selection	Salad selection	Salad selection	
Dessert and Dairy	Peaches (df) Cut fresh fruit with Greek Yoghurt	Cheese & Crackers Selection of cut fresh fruit (df)	Fruit Yoghurts Selection of cut fresh fruit	Fresh Fruit Salad (df) Cut fresh fruit with Greek Yoghurt	Chocolate Brownie Selection of cut fresh fruit (df)	

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday	
Main	Sweet Pepper & Tomato Penne Pasta (df)	Roast Chicken, roasted new potatoes & Gravy (df)	Chicken Jollof Rice	BBQ Chicken Wrap (df)	Breaded Fish (df)	
Vegetarian Main	Mediterranean Bean Orzo Salad	Spanish Omelette	Vegetarian Jollof Rice	Chipotle Quorn Vegetable Rice	Cheese & Onion Pasty	
Starchy Side	Pasta	Potatoes	Rice	Flat bread	Diced Potato	
Jacket Potato	Fillings		Fillings		Fillings	
	Cheese	Coleslaw	Beans	Cheese	Tuna Mayo	Beans
Vegetable	Carrots	Broccoli & Cauliflower	Sweetcorn	Mixed Vegetables	Green Peas	
Salad	Salad selection	Salad selection	Salad selection	Salad selection	Salad selection	
Dessert and Dairy	Fresh Fruit Salad (df) Cut fresh fruit with Greek Yoghurt	Peaches (df) Cut fresh fruit with Greek Yoghurt	Fruit Yoghurts Selection of cut fresh fruit (df)	Cheese & Crackers Selection of cut fresh fruit (df)	Fruit Cake Selection of cut fresh fruit (df)	

Allergy Aware School 	Salad Selection Options depending on availability		Packed Lunches	Allergies	
	<ul style="list-style-type: none"> Carrot sticks Cucumber Iceberg lettuce Cherry tomatoes 	<ul style="list-style-type: none"> Mixed beans salad Celery sticks Dairy Lea cheese triangles (df) = Dairy Free 	When children go on trips they are provided with the following; a healthy sandwich, a piece of fruit, a slice of cake or cookie and a bottle of water.	Please keep the school informed of any medical diagnosed food allergies! Contact the office and book an appointment with the school's medical officer or nurse.	