Moss Hey Primary School

Personal, Social, Health and Economic (PSHE) Education Policy

Agreed: Summer 2026

Review: Summer 2027

Our Intent

At Moss Hey our challenging and creative curriculum inspires our children to know more and remember more.
We develop curious, resilient and enthusiastic learners to prepare our pupils for the next phase of education and beyond.

Our School Values:

To be:

- kind
- brave
- responsible
- positive
- inclusive

Our Learning Behaviours:

- Resilient Rhino
- Teamwork Tiger
- Independent Iguana
- Creative Chameleon
- Concentrating Crocodile

Aims:

Our PSHE curriculum delivers a high-quality, planned programme of learning that empowers pupils to manage their lives safely, confidently, and independently. Integrated into our whole-school approach, PSHE nurtures the vital attributes children need to thrive as individuals, supportive family members, and responsible citizens. Through this curriculum, pupils learn to navigate the diverse opportunities, responsibilities, and challenges of a rapidly evolving world. PSHE bridges the gap between the classroom and the real world, helping children apply academic insights to everyday life. By fostering emotional well-being and safety, we ensure pupils feel secure enough to reach their full academic potential. PSHE underpins our entire school community, seamlessly uniting our School Vision, whole school values, and fundamental British Values.

Implementation:

Organisation: PSHE is taught for one lesson a week every week but it also weaves into the curriculum, reinforcing children's learning and understanding. Staff plan their PSHE units using the 1Decision scheme of work. The PSHE subject lead will look at medium term planning and weekly planning to ensure consistency and correlation to the PSHE overview.

Curriculum: At Moss Hey Primary School we follow the 1Decision scheme of work, as well as other supplementary teaching resources to enrich learning for PSHE. Our curriculum is carefully planned and is adaptable to suit the needs of each individual cohort. Our curriculum maps can be viewed on our school website. The teaching of PSHE is further developed by participation in a wide range of campaigns and initiatives, such as: Internet Safety Day, Anti-Bullying Week, Children's Mental Health Week

EYFS: Personal, Social and Emotional Development (PSED) is a prime area of learning within the Statutory Framework for the Early Years Foundation Stage. Through stories, directed

activities and continuous provision, children learn to develop self-regulation, manage self, and build relationships.

Key Stage 1 and 2: The PSHE curriculum is carefully sequenced and based around three core themes:

Core theme 1: Health and Wellbeing

This area of PSHE teaches children:

- What is meant by a healthy lifestyle
- How to maintain physical, mental and emotional health and wellbeing
- How to manage risks to physical and emotional health and wellbeing
- Ways of keeping physically and emotionally safe
- How to manage change, including puberty, transition and loss
- How to make informed choices about health and wellbeing, and where to get help with this
- How to respond in an emergency
- To identify different influences on health and wellbeing

Pupils will learn things like: the importance of personal hygiene; the physical differences between boys and girls; road safety, cycle safety and online safety; people who help us; how to talk about their feelings; and the benefits of physical activity. This is just a snapshot of the many elements that the Health and Wellbeing core theme covers.

Core theme 2: Relationships

This theme includes:

- How to develop and maintain a variety of relationships, within a range of social and cultural contexts
- How to recognise and manage emotions within relationships
- How to respond to risky or negative relationships, including bullying and abuse
- How to respond to risky or negative relationships and ask for help
- How to respect equality and diversity in relationships

Examples of what children will learn are: to recognise that their behaviour can affect other people; to listen to other people and work and play cooperatively; to identify special people in their lives (parents, siblings, friends) and how they should care for each other; what physical contact is acceptable; and what to do if they're being bullied.

Core theme 3: Living in the Wider World

Through this theme, children learn:

- About respect for themselves and others, and the importance of responsible actions and behaviour
- About rights and responsibilities as members of families, other groups and citizens
- About different groups and communities
- To respect equality and diversity, and how to be a productive member of a diverse community
- About the importance of respecting and protecting the environment.
- About where money comes from, keeping it safe, and the importance of managing it effectively
- The part that money plays in people's lives
- A basic understanding of enterprise

Lessons within all of the core themes include the statutory modules for RSHE (Relationships, Sex and Health Education). Further details can be found in our RSHE Policy and our PSHE curriculum maps.

Teaching & learning Strategies

A range of teaching strategies are used to promote and ensure an inclusive curriculum is provided, through:

- Discussions and debates
- Group work
- Quizzes, games and problem solving
- Circle times
- Work captured in class floor books
- Children have individual work books
- Specialist speakers to visit school / Out of school visits

Inclusion and Adaptive Teaching

We ensure that PSHE lessons are adapted where necessary to enable all children to safely access and engage with the themes being taught. We ensure that learning is presented in an appropriate way suited to every child's needs. Ways the learning maybe adapted is through; environmental adjustments, scaffolding, visuals, flexible grouping and alternative tasks.

Assessment

There are no formal arrangements for assessing individual children's progress in PSHE. At the beginning of each unit teachers will do a mini assessment to gain children's prior knowledge which then informs teaching and learning. Throughout the PSHE curriculum, teachers will use mini quizzes and retrieval strategies to assess children's knowledge and understanding. These are done to suit the individual child's needs.

Monitoring

The teaching and learning of PSHE (including RSHE) needs to be monitored across the school to ensure that it is consistent and progressive for all children. Monitoring is conducted in a variety of ways:

- Teacher meetings
- Learning walks / observations
- Book looks
- Pupil voice
- Monitoring of planning

Role of the Subject Leader

The PSHE (Personal, Social, Health, and Economic) subject lead in a primary school is responsible for championing and managing the delivery of the PSHE curriculum. They ensure the school meets statutory requirements while supporting the overall wellbeing and personal development of pupils. They will:

- Monitor and review the curriculum design & implementation
- Support staff and facilitate CPD
- Monitor and evaluate the teaching and learning
- Develop school culture & community, including parental engagement.