

HAWKLEY HALL HIGH SCHOOL

KS3 PERSONAL DEVELOPMENT CURRICULUM MAP — Year 7

HALF TERM 1	HALF TERM 2	HALF TERM 3	HALF TERM 4	HALF TERM 5	HALF TERM 6
Transition	Healthy Lifestyle	RSE / Wellbeing	Gender Roles and Communication	Families / Relationships	Personal Safety
What is PSHE Transition into high school Getting to know people Friendship What is a community British Values Assessment Consolidation Task	Healthy Diet Eating healthy on a budget Diet and Exercise Sleep/Sleep Hygiene Regulating Emotions Assessment Consolidation Task	Health and Wellbeing Personal Hygiene Puberty Emotions and Puberty Assessment Consolidation	Misogyny Gender / Stereotypes Friendship / Fallouts Assessment Consolidation	Changing Relationships Roles in a family Change in loss and grief Family court Communication Matters Assessment Consolidation Reflection	First Aid / Personal Safety First Aid / Personal Safety Safety Abroad Empathy Assessment Consolidation

2026 RSHE GUIDANCE — HALF-TERM ALIGNMENT

Relationships & mental wellbeing — friendships, belonging, community and support.	Health education — healthy eating, physical activity, sleep and emotional regulation.	Health education / developing bodies — puberty, hygiene and emotional changes.	Respectful relationships — stereotypes, misogyny, friendship, communication and equality.	Families and relationships — family roles, changing relationships, grief/loss and communication.	Being safe — first aid, personal safety, safety in unfamiliar settings and help-seeking.
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Lessons are reproduced from the curriculum source; the 2026 RSHE alignment is shown separately for clarity.

HAWKLEY HALL HIGH SCHOOL

KS3 PERSONAL DEVELOPMENT CURRICULUM MAP — Year 8

HALF TERM 1	HALF TERM 2	HALF TERM 3	HALF TERM 4	HALF TERM 5	HALF TERM 6
Finances	Relationships	The Online World	Belonging and Community	Health and Wellbeing	Personal Safety / Managing Risk
Fraud Financial Exploitation Financial Exploitation Identity Fraud Money Mules Assessment Consolidation	Healthy Relationships Unhealthy Relationships LGBTQ+ Consent Gender Assessment Consolidation	Online Financial Harms P1 Online Financial Harms P2 Online Financial Harms P3 Grooming Trolling Assessment	Identity and Community Bias and Stereotypes Discrimination and PC Values and Disagreements Supportive Communities Assessment	Mindfulness Self-regulation Misogyny x2 Misogyny x2 Tolerance and Respect Assessment Consolidation	Online protection Anti-Bullying Cyber bullying Knife Crime Water Safety Safety Abroad Assessment

2026 RSHE GUIDANCE — HALF-TERM ALIGNMENT

Online safety / financial harms — fraud, exploitation, identity fraud and money mules.	Respectful relationships and RSE — healthy/unhealthy relationships, consent, gender and LGBTQ+ inclusion.	Online safety — financial harms, grooming, trolling and harmful contact/content.	Respectful relationships — identity, stereotypes, discrimination, disagreements and supportive communities.	Mental wellbeing / respectful relationships — mindfulness, self-regulation, misogyny, tolerance and respect.	Being safe — online protection, bullying/cyberbullying, knife crime, water safety and safety abroad.
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HAWKLEY HALL HIGH SCHOOL

KS3 PERSONAL DEVELOPMENT CURRICULUM MAP — Year 9

HALF TERM 1	HALF TERM 2	HALF TERM 3	HALF TERM 4	HALF TERM 5	HALF TERM 6
Finances	Drug and Alcohol Awareness	Relationship Behaviours	Mental Health	Careers / Futures	Managing Risk / Law
Budgeting Saving Responsible Finances Responsible Finances Gambling Gambling Assessment Consolidation Task	Drug Classification Legal Consequences Alcohol and Cannabis Drugs and Alcohol Vaping Further Consequences Assessment	Not Just Flirting Part 1 Not Just Flirting Part 2 Being Ready Contraception Managing Break Ups Assessment	Eating Disorders Anxiety Community and Networks Grief MH and Social Media Assessment	Exploring Careers Work Patterns Managing Pressure Preparing KS4 Personal Strengths Managing Online	How it might start (Gangs) Risks and Consequences Getting Out Knife Crime x2 Knife Crime x2 Assessment Consolidation

2026 RSHE GUIDANCE — HALF-TERM ALIGNMENT

Financial wellbeing — budgeting, saving, responsible finances and gambling-related harms.	Health education — drugs, alcohol, cannabis, vaping, classification and consequences.	RSE — relationship behaviours, pressure, being ready, contraception and managing break-ups.	Mental wellbeing — eating disorders, anxiety, grief, community/networks and social media.	Personal development / wellbeing — managing pressure, strengths, preparing for KS4 and responsible online behaviour.	Being safe — gangs/exploitation, risks, getting out of harmful situations, knife crime and seeking help.
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