



Dear Parent/Carer,

Relationships, Sex and Health Education (RSHE)

At Hawkey Hall High School, we are committed to providing a high-quality programme of Relationships, Sex and Health Education (RSHE) as part of our PSHE curriculum. Our RSHE programme is designed to support pupils' personal development, wellbeing, safety and preparation for adult life, in line with the statutory guidance issued by the Department for Education from September 2026.

This updated guidance includes several additions to the curriculum that have not previously been covered. These topics are intended to help young people understand modern risks and challenges, develop healthy relationships and make informed decisions. New content includes:

- The use of AI and deepfakes
- Misogyny and incel culture
- The harmful effects of pornography
- Personal safety
- Knife crime
- Body changes
- Menstrual and gynaecological health
- Financial exploitation

The curriculum is taught in an age-appropriate, inclusive and sensitive manner, helping pupils develop the knowledge, understanding and skills needed to build healthy relationships, make informed decisions and keep themselves safe both online and offline.

Full details of the statutory RSHE guidance can be found on the Department for Education website.

Parents and carers have the right to request that their child be withdrawn from some or all of the sex education elements of RSHE that are not part of the National Curriculum Science programme. Requests should be made by emailing admin@hhhs.net

We will discuss any request with you before a decision is confirmed.

In accordance with statutory guidance, pupils under the age of 16 may be withdrawn from these elements. However, from three terms before a young person turns 16, they may choose to receive sex education themselves, regardless of any previous parental request for withdrawal.

Please note that parents do not have the right to withdraw their child from Relationships Education, Health Education or any content taught as part of the National Curriculum Science programme, including topics relating to puberty, human reproduction and the biological aspects of sexual reproduction. These elements are statutory for all pupils.

Thank you for your continued support.

Yours faithfully,

Hawkley Hall High School