

Through ball skills, sending and receiving, invasion, target, net and wall, striking and field games

EYFS statutory framework for group and school-based providers		These unit link to the following strands of the NC:					
EYFS:		KS1: master basic movements including throwing and catching. Participate in team games, developing simple tactics for attacking and defending		KS2: use running, jumping, throwing and catching in isolation and in combination. Play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending.			
FS1	FS2	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Drop and catch with two hands.		Drop and catch a ball after one bounce on the move.	Dribble a ball with two hands on the move.	Dribble the ball with one hand with some control in game situations.	Link dribbling the ball with other actions with increasing control.	Use dribbling to change the direction of play with some control under pressure.	Use dribbling to change the direction of play with control under pressure.
To develop bouncing and catching a ball.	To develop throwing and catching with a partner.						
Move a ball with feet.		Move a ball using different parts of the foot.	Dribble a ball with some success, stopping it when required.	Dribble a ball with feet with some control in game situations.	Change direction when dribbling with feet with some control in game situations.	Dribble with feet with some control under increasing pressure.	Use a variety of dribbling techniques to maintain possession under pressure.
To develop kicking a ball.	To develop kicking a ball to a target.						
Throw and roll a variety of beanbags & larger balls to space		Throw and roll towards a target with some varying techniques	Throw and roll towards a target using varying techniques with some success.	Use a variety of throwing techniques in game situations.	Use a variety of throwing techniques with increasing success in game situations	Use a variety of throwing techniques with some control under increasing pressure.	Use a variety of throwing techniques including fake passes to outwit an opponent.
To develop rolling a ball to a target. To develop dribbling a ball with your feet.	To develop rolling and tracking a ball. To develop dribbling a ball with your feet.						
Kick larger balls to space.		Kick towards a stationary target.	Show balance when kicking towards a target.	Kick towards a partner in game situations.	Kick with increasing success in game situations.	Use a variety of kicking techniques with some control under increasing pressure	Select and apply the appropriate kicking technique with control.
To develop kicking a ball.	To develop kicking a ball to a target.						
Stop a beanbag or large ball sent to them using hands.		Catch a beanbag and a medium-sized ball.	Catch an object passed to them, with and without a bounce	Catch a ball passed to them using one and two hands with some success.	Catch a ball passed to them using one and two hands with increasing success.	Catch and intercept a ball using one and two hands with some success in game situations.	Catch and intercept a ball using one and two hands with increasing success in game situations.
To develop accuracy when throwing to a target.	To develop dribbling with hands.						
Attempt to stop a large ball sent to them using feet.		Attempt to track balls and other equipment sent to them.	Move to track a ball and stop it using feet with limited success.	Receive a ball sent to them using different parts of the foot.	Receive a ball using different parts of the foot under pressure.	Receive a ball using different parts of the foot under pressure with increasing control.	Receive a ball with consideration to the next move.
To begin stopping a ball using their feet	To develop stopping a ball using their feet						
Hit a ball with Hands.		Strike a stationary ball using a racket.	Strike a ball using a racket.	Strike a ball with varying techniques.	Strike a ball using varying techniques with increasing accuracy.	Strike a ball using a wider range of skills. Apply these with some success under pressure.	Strike a ball using a wider range of skills to outwit an opponent. Apply these with increasing control under pressure.
To begin hitting a ball using their hands	To develop hitting a ball using their hands						
Run and stop when instructed.		Run, stop and change	Run, stop and change	Change direction with	Change direction to lose	Use a variety of techniques	Confidently change

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To begin to run and stop when instructed straight away	To develop running & stopping when instructed straight away	direction with some balance and control.	direction with balance and control.	increasing speed in game situations	an opponent with some success.	to change direction to lose an opponent	direction to successfully outwit an opponent.
Move around showing limited awareness of others.		Recognise space in relation to others.	Move to space to help score goals or limit others scoring.	Use space with some success in game situations.	Create and use space with some success in game situations	Create and use space for self and others with some success.	Effectively create and use space for self and others to outwit an opponent.
Moving around showing an awareness of others	Moving around showing increasing awareness of others						
Make simple decisions in response to a situation.		Begin to use simple tactics with guidance	Use simple tactics.	Use simple tactics individually and within a team.	Use simple tactics to help their team score or gain possession	Understand the need for tactics and can identify when to use them in different situations	Work collaboratively to create tactics within their team and evaluate the effectiveness of these.
Begin to make simple decisions based on the situation	Develop making simple decisions based on the situation						