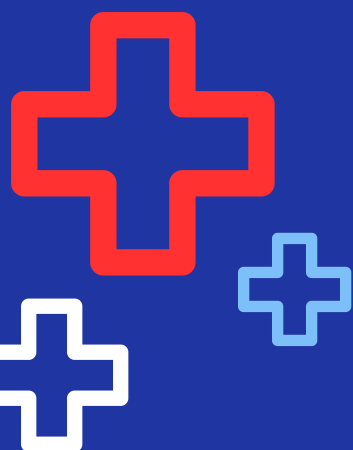




EMERGENCY FIRST AID IN THE WORKPLACE

1 DAY COURSE

LEVEL 3 AWARD



Cost: £75

When & Where:

2026

3rd February

10th March

19th May

30th June

9am-3.30pm

**Hothersall Suite at
Hillside, Longridge,
PR3 3XB**

Refreshments will be provided. Please bring a packed lunch

Please note: This venue is accessed via stairs. If this will present any difficulties for you, please let us know



Where an organisation's risk assessment of First Aid needs identifies that there is a requirement for Emergency First Aid at Work practitioners, then this National Award in Emergency First Aid at Work satisfies the requirements of the regulatory body for First Aid - The Health and Safety Executive (HSE). All learners will have the skills and knowledge to provide the organisation with Emergency First Aider's that can provide treatment to their casualties in a prompt, safe and effective manner.

Duration - A minimum of 6 contact hours in the classroom, consisting of practical and theoretical activities, plus some pre-course activity could be required.

Delegates must be able to carry out the physical aspects of the course.

The one day course will cover:

- Responsibilities and Reporting
- Assessment of the situation
- Dealing with an unresponsive casualty
- Basic hygiene in First Aid
- Resuscitation and AED awareness
- Anatomy
- Minor Injuries
- Bleeding control
- Burns
- Choking, Epilepsy
- Shock



Certification - Assessment is ongoing and takes the form of practical assessments and oral questioning. A three year qualification will be issued to those who satisfy the criteria. **Ofqual Regulated**

HOW TO APPLY

Please contact school as soon as possible, we operate a first come, first served basis.

 Telephone: 01772 782205
 Email: hillside@hillside.lancs.sch.uk

