Physical Education Long Term Curriculum Plan 2026-2027

	Autumn A		Autumn B		Spring A		Spring B		Summer A		Summer B	
Nursery	Dance	Travel	Balance		Coordination		Agility		Ball Games		Adventure Challenges	
Reception	Introduction to PE: Unit 1	Fundamental Movement Skills: Unit 1	Fundamental Movement Skills: Unit 2	Gymnastics: Unit 1	Dance: Unit 1	Gymnastics: Unit 2	Ball Skills: Unit 1	Dance: Unit 2	Athletics	Ball Skills: Unit 2	Games: Unit 1	Games: Unit 2
Year 1	Dance	Gymnastics	Fundamental Movement Skills	Target Games	Team Building	Ball Skills	Sending and Receiving	Invasion Games	Athletics	Striking and Fielding	Yoga	Fitness
Year 2	Yoga	Fitness	Dance	Gymnastics	Fundamental Movement Skills	Target Games	Team Building	Ball Skills	Athletics	Sending and Receiving	Invasion Games	Striking and Fielding
Year 3	Dance	Gymnastics	Invasion Basketball	Parkour	Fitness	Invasion Hockey	Net and Wall Badminton	OAA	Athletics	Target Games Boccia	Striking and Fielding Cricket	Invasion Football
Year 4	Invasion Basketball	OAA	Dance	Gymnastics	Yoga	Invasion Hockey	Net and Wall Badminton	Net and Wall Table Tennis	Athletics	Target Games Tr-golf	Striking and Fielding Cricket	Fitness
Year 5	Invasion Tag Rugby	Striking and Fielding Baseball	Dance	Gymnastics	Net and Wall Tennis	Invasion Netball	Target Games Tri-golf	Swimming	Athletics	Swimming	Invasion Handball	Swimming
Year 6	Invasion Tag Rugby	Invasion Dodgeball	Gymnastics	Net and Wall Tennis	OAA	Invasion Netball	Yoga	Net and Wall Volleyball	Athletics	Target Games Archery	Dance	Striking and Fielding Rounders