



BUGLAWTON PRIMARY SCHOOL

Be the Best We Can **RSHE Policy**

Members of staff responsible:

Date approved by the full Governing body:

Date to be reviewed:

Miss R McAvoy

July 2026

Autumn 2027

1. Policy Development and Review

This policy has been developed in consultation with staff, parents and governors to reflect the needs of our school community.

Consultation has included:

- Staff meetings and subject leader review
- Governor discussion and approval
- Parent communication and opportunities for feedback

We actively engage parents in the development and review of this policy and provide termly RSHE updates via the school website. This policy provides guidance on all aspects of Relationships and Sex Education (RSE) for staff, parents/carers, governors and other stakeholders. In accordance with statutory guidance, Buglawton Primary School will make available information about the Relationships and Health Education curriculum and, where appropriate, examples of teaching resources. Parents have been and will be given reasonable opportunities to discuss curriculum content with school leaders.

The policy is reviewed annually, or in response to statutory updates, and is available on the school website. Printed copies are available on request.

2. Statutory and Legal Requirements

This policy complies with the statutory Relationships Education, Relationships and Sex Education (RSE) and Health Education guidance (2026) and reflects current statutory requirements and best practice.

Relationships and Health Education have been compulsory in all primary schools in England since September 2020. Updated guidance (July 2025) applies from September 2026.

As a maintained school, we provide RSE in line with the Children and Social Work Act 2017. At Buglawton Primary School:

- Relationships Education is statutory
- Health Education is statutory
- Sex Education is non-statutory and will not form part of Buglawton's curriculum.

Legislation includes:

- Education Act 1996
- Equality Act 2010
- Children and Social Work Act 2017
- Keeping Children Safe in Education 2025

3. Definition and Aims

Relationships Education involves learning about relationships, respect, families, friendships and safety.

Sex Education (covered in year 6 only) includes learning about conception and birth and is separate from statutory Relationships and Health Education. At Buglawton Primary school we do not go beyond what is covered in National Curriculum Science which does not include conception.

RSE is not about promoting sexual activity, but about developing knowledge, safety and wellbeing.

At Buglawton Primary School, we believe RSE is a vital part of a broad and balanced curriculum that supports children's personal development, health and wellbeing. Children are supported to recognise positive role models and the characteristics of healthy, respectful and caring relationships.

RSE is an important part of our safeguarding approach and helps children to stay safe, happy and healthy. Our aims are for children to:

- Develop safe, respectful relationships
- Understand boundaries and consent
- Promote physical and mental wellbeing
- Develop the knowledge and skills to stay safe in modern society

These aims link closely to our Bee's to Success, school rules and motto: *"Be the best you can."*

Our programme promotes respect and understanding of the diverse relationships within our school community and wider society. It is inclusive and meets the needs of all children, including those with SEND.

4. Curriculum Content and Organisation

Our curriculum is designed in line with statutory guidance and best practice, taking account of the age, stage and needs of our children.

The PSHE/RSE subject lead oversees the curriculum, including planning, resource selection and staff support. RSE is delivered through our PSHE programme and supports children to develop the knowledge, skills and understanding needed to lead confident, healthy and independent lives.

Learning is sequenced progressively from Year 1 to Year 6, building on prior knowledge in an age-appropriate way.

We use the Kapow Primary RSE/PSHE scheme as the basis for our provision, mapped to statutory requirements. Learning is also supported through other subjects, including science and RE, as well as assemblies and whole-school events.

Kapow covers:

- My healthy self
- Connecting with others
- The online world

- Staying safe
- Health protection
- Growing up
- Citizenship
- First Aid

The curriculum reflects 2026 guidance, including:

- Personal boundaries and consent
- Online safety (where children will learn about online relationships, privacy, digital footprints and the risks with sharing personal information and images, and how to seek support if they encounter inappropriate content online.)
- Accurate anatomical vocabulary
- Puberty and menstruation (from Year 4)
- Personal safety (including rail and water safety)
- First aid awareness

5. Delivery of RSHE

RSE is delivered by class teachers as part of the timetabled PSHE curriculum. External visitors may be used where appropriate to enhance delivery.

A safe and supportive learning environment is central to effective teaching. This includes:

- Clear ground rules
- Use of appropriate resources
- Structured discussion and reflection
- Age-appropriate teaching approaches

Teaching methods include discussion, scenarios, role play, group work and anonymous question boxes.

Staff are trained to deliver RSE sensitively and effectively. Children are encouraged to ask questions, which are answered honestly and in an age-appropriate way. Any safeguarding concerns are managed in line with school procedures.

Teaching is adapted to meet the needs of all children, including those with SEND.

We deliver statutory Relationships and Health Education.

If children ask questions about content beyond the curriculum, teachers will redirect discussion appropriately and reinforce where children can access support. Where necessary, parents will be informed.

Children are supported to identify trusted adults and understand how to seek help. We may also signpost to external support services such as Childline.

6. Inclusion

All children are entitled to access RSE. All content is carefully selected to be developmentally and age appropriate, reflecting children's maturity, understanding and local context. Teaching is adapted to ensure accessibility for all, including children with SEND.

Our curriculum reflects the diversity of our school community and wider society. Teaching promotes inclusion, respect and understanding in a sensitive and age-appropriate way.

Teaching also supports children to recognise and challenge stereotypes, prejudice and discrimination, promoting respect for all members of society.

We fulfil our duties under the Equality Act (2010) by promoting equality, challenging discrimination and supporting children to develop respectful relationships.

7. Safeguarding and Confidentiality

Confidentiality is managed in line with the school's safeguarding policy. Children are informed that staff cannot guarantee confidentiality where there are concerns about safety. A safe learning environment is established through clear ground rules. Children are encouraged to speak to a trusted adult if they have any concerns. Any disclosures or safeguarding concerns are reported to the Designated Safeguarding Lead (DSL) in line with school procedures. Staff are trained to handle sensitive issues appropriately. Safeguarding always takes priority over confidentiality.

8. Working with Parents and Right to Withdraw

We recognise the important role parents and carers play in supporting their child's understanding of relationships and development. We aim to work in partnership with parents, promoting open communication and transparency.

Parents are informed about the curriculum through the school website and are welcome to view teaching materials and discuss content with the headteacher or subject lead.

In line with DfE guidance:

- As Buglawton Primary School does not teach additional Sex Education beyond the National Curriculum for Science, there are no lessons from which parents may exercise a right of withdrawal.
- Parents do not have the right to withdraw their child from Relationships Education or Health Education.

9. Roles and Responsibilities

Governors:

- Approve and monitor the policy

Headteacher:

- Ensure implementation and compliance

Staff:

- Deliver RSE
- Follow safeguarding procedures

Subject Leader:

- Monitor curriculum and support staff

Children:

- Participate respectfully

Parents/Carers:

- Support their child's development
- Engage with the school where needed

10. Training and Development

Staff are expected to remain up to date with RSE policy and curriculum requirements.

Training is provided to ensure staff have the knowledge, skills and confidence to deliver RSE effectively.

All staff receive safeguarding training and are supported in managing sensitive topics and potential disclosures. Ongoing professional development and staff feedback inform future training needs.

11. Monitoring and Evaluation

The PSHE/RSE subject lead monitors and evaluates provision to ensure it is effective and meets children's needs.

Monitoring may include:

- Planning scrutiny
- Lesson observations and learning walks
- Book looks
- Pupil voice
- Staff and parent feedback
- Review of relevant school data

Findings are shared with the headteacher and governors. Staff contribute through reflection and feedback to support ongoing development.