

Manor Adventure

15th - 17th October 2025

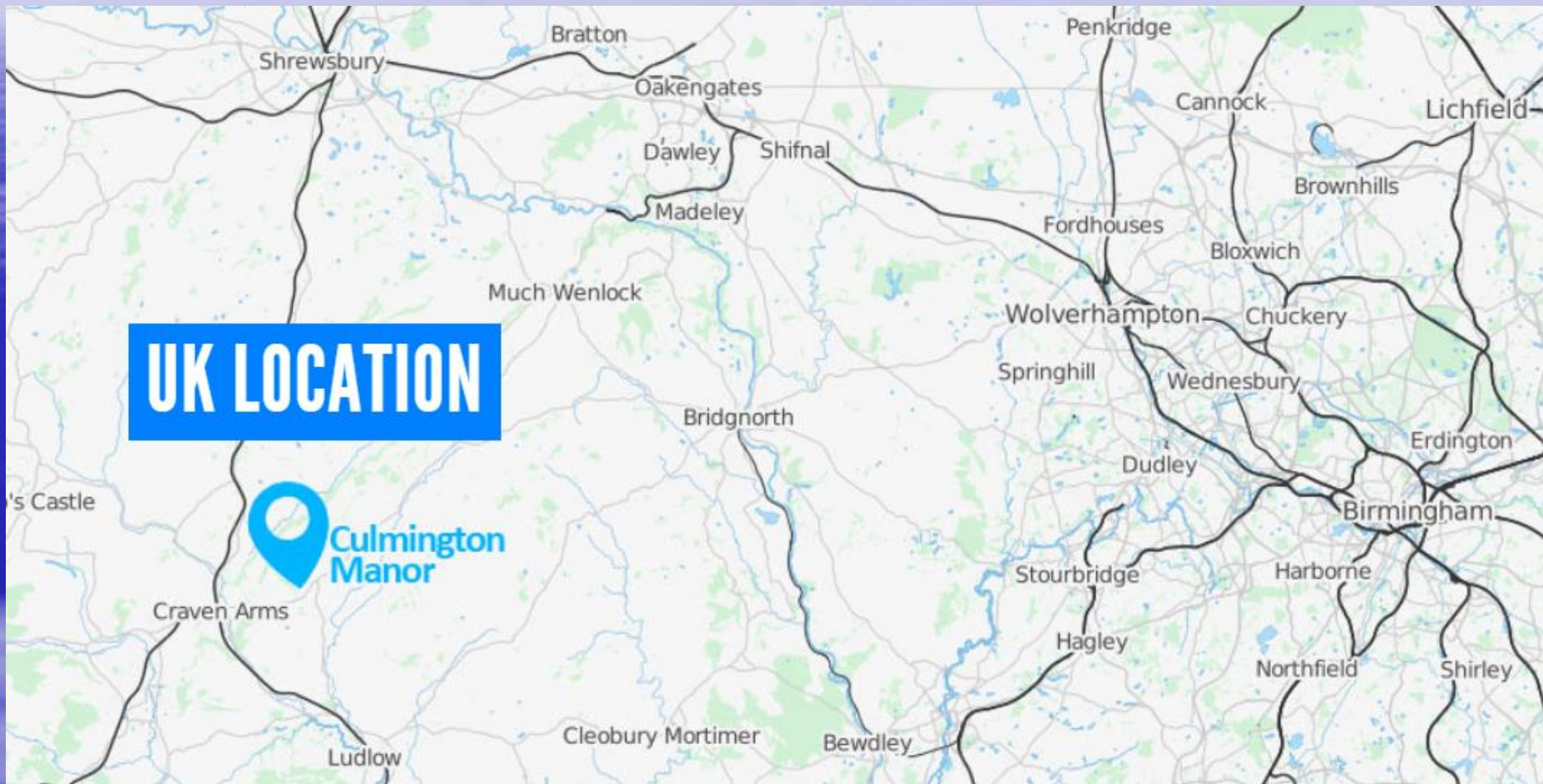


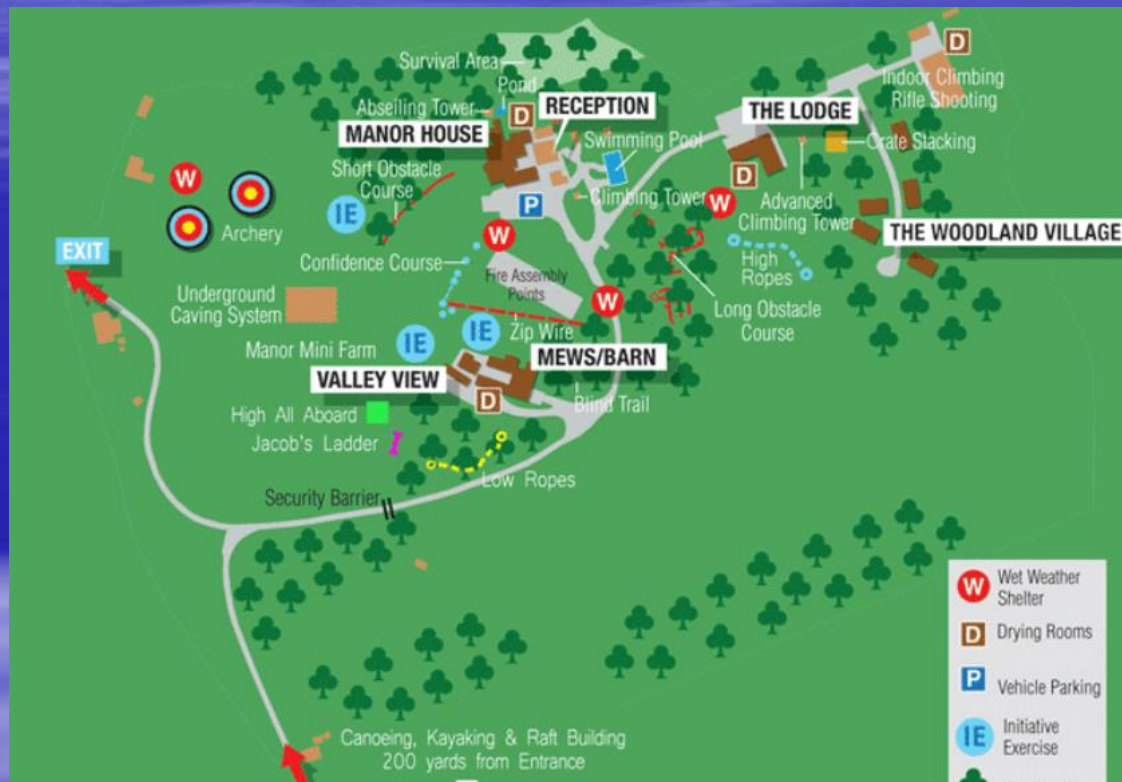
An adventure - team building, developing individual skills and self-confidence

UK LOCATION



**Culmington
Manor**





On Site Facilities at Culmington Manor

- 🌳 Heated swimming pool (May - September)
- 🌳 Confidence course
- 🌳 Crate Stacking
- 🌳 High ropes
- 🌳 Indoor rifle range
- 🌳 Indoor climbing wall
- 🌳 Indoor Bouldering
- 🌳 Artificial caving system
- 🌳 Beginner and intermediate climbing walls
- 🌳 Two obstacle courses
- 🌳 Abseil tower
- 🌳 Two archery ranges
- 🌳 Blind Trail
- 🌳 Zip Wire
- 🌳 Sports fields
- 🌳 Woodlands



COURSE BENEFITS FOR EVERY CHILD

Every child benefits enormously from the course, especially children who are not necessarily academic or sporty.

- Education outside the classroom
- Develop an inner confidence
- Personal achievement
- Develop self esteem
- Develop social skills
- Develop team building skills
- Experience new / exciting outdoor pursuits
- Learn respect for others

HEALTH & SAFETY

- Regularly inspected by Health & Safety Executive
- Approved centre status
- Conform to all Governing Body Guidelines
- Each outdoor pursuit Risk Assessed
- 4X4 Rescue vehicle
- Radio linked outdoor pursuits



INSTRUCTORS

Our reputation is very dependent on quality of instructors. Extensive recruitment process - far exceed blue chip companies

- For every 20 vacancies we receive over 500 applicants
- 50 Invited to assessment weekend
- Then 30 short listed to selection week

THE FOOD IS CHILD FRIENDLY, PLENTIFUL AND NUTRITIOUS

- Full cooked breakfast
- Substantial lunch
- Excellent cooked dinner
- Always plenty of choice
- Vegetarians, Vegans & special diets catered for

The Activities

Kayaking and Canoeing



Climbing wall



Blind Trail



Zip-Wire



Obstacle Course



Rifle Shooting



Abseiling



Under Ground
Maze

Timetable

- 7:30 - Rise and Shine
- 8:00 - Breakfast (time on a rota)
- 9:10 – 10:30 Activity Session 1
- 10:30 – 10:45 Break Time
- 10:45 – 12:15 Activity Session 2
- 12:15 – 14:00 Lunch (time on a rota)
- 14:00 – 15:30 Activity Session 3
- 15:30 – 15:45 Break Time
- 15:45 – 17:15 Activity Session 4
- 17:15 – 19:00 Evening Meal (time on a rota)
- 19:00 – 20:30 Activity Session 5

► Student Code of Conduct

To ensure the maximum benefit and enjoyment is gained from their stay at *Manor Adventure*, students are required to abide by the following rules:-

Outside

- NOT** to use any of the outdoor pursuits during free time, as these are potentially dangerous areas without safety equipment or correct instruction
- TO** listen to the instructions and advice of the instructors during the outdoor pursuits
- TO** arrive at the assembly point on time and be correctly dressed for each outdoor pursuit
- TO** keep the site tidy for the duration of your stay

Inside

- NOT** to take drinks into the dormitories
- NOT** to go into other peoples dormitories
- TO** keep the dormitories tidy and attend room inspection each morning at 8.50am
- TO** take care when using the bunk beds
- TO** make no noise that can be heard outside the dormitory after lights out
- TO** enter buildings through the boot rooms and take outside footwear off before entering the buildings

Accommodation

- Boys' dormitories and girls' dormitories
- Bunk beds
- Cases used as cupboard
- Teachers have rooms nearby
- Dining room (serving lots of food!)
- Outside areas during free time

Bed bugs

First and foremost, I want to emphasise that the safety and well-being of the children and students attending the centres are our top priorities. We have taken all necessary precautions to ensure that our facilities are clean and free from any potential risks, including bed bugs. Our dedicated staff members have been diligently maintaining a high standard of cleanliness and hygiene throughout our centres.

However, as a proactive measure, we kindly request that you ensure all children and students attending the centres have thoroughly laundered their sleeping bags before the trip. While we take every precaution to keep our centres clean, it is important to remember that many sleeping bags are kept in storage, and a thorough hot wash above 60 degrees can help eliminate any potential allergens or irritants including Bed Bugs

What to bring

Pack a case that will slide under a bed:

- Sleeping bag + pillow and pillow case
- Drink bottle
- Torch
- Rucksack
- Toiletries (no aerosols please)
- Old clothes (long and short sleeved T-shirts/jumpers, jogging bottoms, underwear, leggings, socks)
- Old trainers (no wellies)
- Waterproof clothing – jacket and trousers
- Bag for dirty clothes
- Bath towels (x2)
- Hat and gloves
- Pyjamas/slippers
- 1 snack
- Quiet activities – playing cards, books, colouring etc.

Please name as
many items as
possible.

Medication

Please send any medication in a clear plastic bag on Wednesday 15th October and hand it to Miss Fletcher:

- clearly labelled with your child's name,
- the dosage required,
- please label inhalers with your child's name.
- Please complete the Medical form and hand it in as soon as you can.

Valuables

- Do send your child with a disposable camera.
- Do send a small amount of change for the on-site tuck shop (£5 or less). Loose change only. We will visit the tuck shop at one selected time during our visit.
- Label any purses or wallets.
- Don't bring mobile phones.
- Don't bring electronic games.

Useful items

- Books, playing cards and other quiet activities
- Money for snacks (sweets & drinks), souvenirs (i.e. postcards). Please bring coins not notes.

Useful notes

- No glass containers
- No jewellery (including piercings), except for stud earrings
- No wellies
- Please name all clothing
- Denim jeans are not ideal for outdoor use

Manor Adventure can't accept liability for the loss of any personal property brought to our centres – so please don't bring any valuable items, expensive clothing and footwear, mobile phone, handheld games consoles etc. We're unable to store them and they will not be insured whilst on centre. Manor Adventure cannot accept responsibility for any insect bites/infestations if brought in on clients' sleeping bags/bedding.

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Arriving and Departing

- Wednesday 15th October – arrive at school at normal time, in non-uniform with a packed lunch. Leave school and arrive at Manor at 14.30pm.
- On arrival, we will ring school and the office staff will email parents.
- Fri 17th October – leave Manor at 13:30. Arrive back at school by 15:30 – hopefully!

More Information

- More information about Manor Adventure (Culmington Manor) can be found on their website:
www.manoradventure.com
- Culmington Manor, Craven Arms, Shropshire, SY7 9BY
- **Tel: 01584 861333**

Any questions?