

## PRSH Overview

Cycle	Class	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Cycle A 2025-2026	Year 1/2	Families and relationships	Health and wellbeing	Safety and changing body		Citizenship	Economic wellbeing and Transition
Cycle A 2025-26	Year 3/4	Families and relationships	Health and wellbeing	Safety and changing body		Citizenship	Economic wellbeing and Transition
Cycle A 2025-26	Year 5/6	Families and relationships	Health and wellbeing	Safety and changing body		Citizenship	Economic wellbeing and Transition