

NURTURE-GROW-FLOURISH

Learning Log Homework - Autumn 1

Complete as many tasks as you can from the menu below.
When you complete any of these tasks please record them in your Learning Log or bring them into school to share with the class.

Healthy Humans

1. Create a healthy lunch for your family that includes a balance of foods from the food groups. With support, prepare it and enjoy eating it with your family. Write a menu and take a photo or two - maybe even get a review from those that ate your meal.	2. Draw a picture of a person doing your favourite sport. Try and draw their arms and legs in the correct position as they run, jump or swim. You can colour or paint your picture.	3. Create a fair test to see if having longer bones means you can jump further. Measure the length of each person's thigh bone in centimetres before starting. All jump from the same spot, all wear the same type of shoes. All jump using the same technique. Measure the distance jumped and compare. Discuss the results. Think about any other factors that might make someone able to jump further.
4. Create a dance to the song 'Dem Bones Dem Bones'.	5. Find out how many bones adults and children have. Do you have a pet? Find out how many bones they have too. Who has the most bones in your household? Make a table of results.	6. Find out about x-rays. Write a paragraph or two about who invented them and what they do.