

In Spring 1 we will be learning about 'Ourselves'

Week 1  
05/01/26

Read Write Inc.  
Phonics

### Settling back in

Interacting with teachers and classmates.

Team building activities focusing on sharing and turn-taking.

Re-introducing our circle routines; morning song & hello, phonics, and maths.

Exploring our new classroom.

Our  
Road to Success in  
Resourced  
Provision

Y1/ Y2 Resourced  
Provision  
  
Spring 1

Grove Street  
Primary School  
  
MIND | LEARNING | FUTURES  
*Every child deserves a champion*

### Curriculum -

We are adopting an inverse intervention approach where children's learning is personalised based on the four areas of need within children's EHCP. In addition to, adapted elements of our mainstream curriculum as intervention.

### Ourselves

Develop understanding and communication about ourselves and our preferences.

Build self-awareness, confidence, and positive relationships.

Comparing and Ordering in Maths  
Developing balance and coordination skills through physical activity.



Week 2  
12/01/26

### Feelings

Creating our own picture stories about our emotions.

Develop understanding of our feelings and Zones of Regulation.

Developing number knowledge through subitising and recognition of number

Building core and upper body strength through pull & push activities.



Week 3  
19/01/26

Week 4  
29/01/26



### My body

Develop understanding and use of language to talk about the body.

Support self-awareness, emotional understanding, and personal boundaries.

Labelling and describing the different parts of the body.

Using dance to express the different parts of the body.

To use talk to describe our feelings

To take turns when communicating in a group



### All about me

Choice making activities to identify my preferences.

Building self-awareness, confidence, and emotional understanding.

Developing understanding of self through thinking and learning activities.

Mirror movement imitation.



Week 5  
02/01/26

Week 6  
09/01/26

### My likes and dislikes

"I like / I don't like" sorting games.

Turn-taking activities showing respect for other people's choices.

Expressing likes and dislikes through, painting and drawing.

Using visual boards to express preferred playground games.

Communication & Interaction  
Social, Emotional & Mental Health  
Cognition & Learning  
Physical & Sensory

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Week 1  
05/01/26

Read Write Inc.  
Phonics

### Settling back in

Interacting with teachers and classmates.

Team building activities focusing on sharing and turn-taking.

Re-introducing our good morning group routines; morning song, days of the week, months of the year, sign of the week, RWI phonics, and mastering number maths.

Exploring our new classroom, daily sensory circuits 1:1.

Our  
Road to Success in  
Resourced  
Provision

Y2/ Y3 Resourced  
Provision  
  
Spring 1

Grove Street  
Primary School  
  
MIND | LEARNING | FUTURES  
*Every child deserves a champion*

### Ourselves

Develop understanding and communication about ourselves and our preferences. Build self-awareness, confidence, and positive relationships.

RWI Phonics groups and 1:1  
Composition of number 5  
Securing additive facts in Maths  
Developing balance and coordination skills through physical activity.



Read Write Inc.  
Phonics

Week 2  
12/01/26

### Feelings

Creating our own picture and writing stories about our emotions. Develop understanding of our feelings and recap the Zones of Regulation.

Daily RWI Phonics  
Composition of number 5 and 10.  
Part whole models.

Building core and upper body strength through pull & push activities.



Week 5  
02/01/26

### All about me

Choice making activities to identify my preferences. Healthy lifestyle activities. Building self-awareness, confidence, and emotional understanding.

Developing understanding of self through thinking and learning activities.

RWI Phonics  
Counting, ordinality and cardinality  
Writing addition equations  
Mirror movement imitation and fine motor skills development.

### My likes and dislikes

"I like / I don't like" sorting games and group activities. Turn-taking activities showing respect for other people's choices and beliefs. Gain an understanding that sometimes we like different things to other people.

Expressing likes and dislikes through food tasting.  
Daily RWI Phonics.  
Counting, ordinality and cardinality  
Writing subtraction equations  
Playground games and fine motor activities.

Class discussions to describe our feelings

To take turns when communicating in a group



Week 6  
09/01/26

### My body

Develop understanding and use of language to talk and label parts of the human body. Discussions about how to keep our bodies healthy. Support self-awareness, emotional understanding, and personal boundaries.

Drawing and painting activities.  
Daily RWI Phonics  
Comparison in Maths  
Part whole models.

Week 4  
29/01/26



Using dance to express the different parts of the body. Fine motor skills development.

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Communication & Interaction  
Social, Emotional & Mental Health  
Cognition & Learning  
Physical & Sensory