



Ghyll
Head
2027

Parents' Meeting

Consent Form

A consent form will be sent via School Spider to be completed.

This will include a request for medical and dietary information.

Dates and Times

The children will leave on Monday 1st
March 9:15am

They will return on Wednesday 3rd
March 3:15pm (traffic dependent)

Staff

- ▶ There will be 4 members of staff who will be attending Ghyll Head with the children.
- ▶ Mrs Hoban
- ▶ Miss Hamilton
- ▶ Mr Warburton
- ▶ TBC

Food

A packed lunch will be needed for Monday.

All meals after the first lunchtime are homemade and freshly prepared by the cook at Ghyll Head.

Special dietary requirements – please keep this to specific dietary needs and not a list of ‘don’t likes’.

Food

When doing activities the children will have sandwiches made for them. The children will be able to choose from a range of options.

We will confirm this information nearer the time.

Medical Information

Please complete this as accurately as possible on the consent form.

If you want to speak to a member of staff privately, please do so at the end of the meeting.

Medical Information

- ▶ If a child needs to take medicine, please ensure that you include on the consent form the instructions and dosage.
- ▶ On the day of departure, please give these to a member of staff with write down what dosage is required, how often and any special instructions on administering the medicine.

Medical Information

▶ Travel Sickness

Please inform a member of staff if your child suffers from travel sickness so an individual plan can be made for your child.

Kit



- ▶ On the website there is a kit list as a guide to what the children should bring. Pack with your child so they know what they bring. Please no new clothes– **they will get wet and muddy.**

Warning:

- ▶ The children should only bring what they can carry! The coach drops the group off at the bottom of a steep hill. The children must be able to carry or pull their own bag up to the centre.

Routines

- ▶ 7:15am – Rise and shine
- ▶ 8am – Breakfast
- ▶ 9am – Meeting with instructors, gather packed lunches and then out to complete activities.
- ▶ 5:30pm – Evening meal.
- ▶ 7pm – Evening activities.
- ▶ 10pm – Pyjamas and bed.

A provisional programme is planned in advance, but the final choice of activities is arranged each day to suit the needs of the group and make best use of the weather.

During the course, the children will take part in some of the following activities:

- Hill walking
- Ghyll scrambling
- Orienteering
- Ropes course and adventure activities in the grounds.
- Problem solving team exercises
- Caving
- Environmental Study
- Zip wire
- *Kayaking/Sit on Tops
- *Raft building

Evening Activities

The Ghyll Head staff will organise some evening activities for the children.

There **may** be some 'free time' in which the children will be able to play games e.g. pool, table football etc.

Accommodation

- ▶ We will be staying in the Ghyll Head Bungalow.



Bungalow

5 bedrooms sleeping 4-6 chn in the Bungalow



Bedrooms

- ▶ The children will be sleeping in bunkbeds.
- ▶ Boys and girls will be in separate rooms.
- ▶ The children will be able to state a preference as to who they might like to share a bedroom with. We will consider these preferences when allocating rooms. Bedrooms consist of 4, 6 or 8 beds.
- ▶ On some occasions, children may be swapped into a different room.



Expectations

- ▶ It is expected that the children do the following:
- ▶ Make their own beds.
- ▶ Keep their bedrooms tidy
- ▶ Help with setting up for meal times.
- ▶ Help clean and wash after meal times.
- ▶ Keep their kit organised.

Returning a child home

- ▶ If a child is seriously ill, or their behaviour poses a risk to themselves or others, there is a procedure in place for that child to return to school.
- ▶ The Headteacher and the parents will be contacted in these instances.
- ▶ We hope that this does not have to happen.

What not to bring

- ▶ Children should not bring the following:
- ▶ Money
- ▶ Mobile technology
- ▶ Additional food and snacks.

If any of these are found, they will be confiscated and handed to the parents when we return to school on Wednesday.

Keeping up to date

- ▶ Mrs Hoban will be in contact with the school on a daily basis.
- ▶ How the children are getting on and what they have been doing will be put onto the school social media pages.
- ▶ Facebook – St Ambrose RC Primary
- ▶ Twitter – @stambroserc
- ▶ Instagram – stambrose.m21
- ▶ The signal at Ghyll Head is very poor so this will be updated on a daily basis when possible.

Cost

- ▶ £160 per child
- ▶ Payment is made through School Spider
- ▶ £10 deposit secures your child's place
- ▶ Payment can be made in instalments or as one lump sum
- ▶ Any queries re: payment, see Mrs Maguire

Any Questions?

- ▶ If you have any questions, please ask, as many other parents will have similar questions.
- ▶ If you would rather speak quietly to a member of staff, please come and speak to a member of staff.

**HAPPINESS IS
PEACE & QUIET**

