

PSHE Knowledge and Skills Map						
	Personal Dev British Values RHE SMSC Online Safety					
	Autumn 1	Autumn 2 Module 1, Units 1 & 2	Spring 1 Module 1, Units 3 & 4	Spring 2 Module 2 Units 1 & 2	Summer 1 Module 2 Unit 3	Summer 2 Module 3 Unit 1 & 2
Nursery	Do I like to make friends? Emotional Self-regulation Learn how to separate from carers, parents and siblings. Know how to ask when they need help or are upset. Know about their own feelings and how their choices can affect the feelings of others. Personal Managing self Learn hygiene before and after going to the toilet. Know how to carry and use equipment such a scissors, toaster. Learn how to hold a knife and a fork and a spoon. Know how to be safe when walking around the school grounds and how to stay safe. Begin to regulate their behaviour to make sure everyone is happy. Learn the notion of sharing. Social/ building relationships Learn how to say please and thank you. Know how to stay safe coming into class and leaving class at the end of the day. Learn what to do in a fire drill. Learn how to form a queue, how to stand still and stop when asked and how to tidy their space British Values know that there are rules in class that help us to stay safe. Know these as class rules or laws. Know what respect means. Diversity Know that we respect each other and there are many different families in Britain incl: grandparents, foster, adopted, 2 dads, two mums, single parents and step parents. Finance Know that some belongings are personal and some can be shared. Know how to respect other people's things because parents have bought them. Learn to respect equipment because they cost money to replace. Understand the concept of money. Black History Month	Can I respect others' celebrations? Emotional Self-regulation Know some common emotions and some typical pictures that can represent them such as hungry, thirsty, happy, sad, worried. Use an emotions board to show what they are feeling. In festivals know how to show kindness and generosity and manners e.g. when receiving presents. Personal Managing self Learn how to take off, put on and find their clothes and shared items such as wellies, rain macs etc Learn how to wash hands before eating, after doing something messy. Understand why they wash hands. Know how to use plates, forks, spoons and knives. Know the names of them. Learn that there are different spoons. Social/ building relationships Know how their behaviour can affect others. Learn how to look after someone else e.g. if they have tripped or are upset. Learn how to let someone go in front of them. Learn how to hold the door for others. Learn please, thank you and excuse me and bless you. Learn how to stop to a whistle, clap, bell. Firework and bonfire safety. Learn how to behave in different festivals and celebrations such as bonfires, fireworks etc British Values Learn that there are rules about using fireworks. Learn how to call 999 but the rules about calling them. Diversity Respect different festivals and celebrations and the fact that some people have different traditions Study Christmas, Diwali, Hannukah. Finance Understand how to say thanks for a gift because someone has spent time and money and effort making it or buying it. Understand the idea of someone lending something and someone giving something. Remembrance Anti-Bullying Week	Can I help people? Emotional Self-regulation Build on the emotions they have learned. Understand how to cope with disappointment, frustration and making mistake. Know that everyone is valued in the class for their contribution. Learn what caring means. Learn how to behave with others so that other children feel happy. Personal Managing self Know how to manage how they act to others. Build on hygiene skills and learn how to blow noses, cough in hands, how not to spread germs and diseases. Learn how to care for their teeth. Learn the hygiene of tooth care. Know how to wash hands before touching eyes and before eating. Social/ building relationships Understand the idea of fair and unfair and how this relates to building relationships with others. Learn how to take turns and how to share with others. Build on manners: letting someone go first; asking how someone is, stopping so as not to speak over someone and waiting for someone to speak. Stop what they are doing when requested. Know how to be quiet in different circumstances such as in assembly, when waiting for lunch. British Values Learn that people have different opinions and these should be respected. Learn that it is fine to like different things and have different views of the same thing. Diversity Understand that colours are not matched to gender so girls can like green and blue and boys can like pink and yellow for example. Learn that boys and girls can all cook and do housework and play with same toys Finance Understand how we can save money for example, by not having the doors and windows open in winter. Learn about switching lights and other equipment off, saving money. Children's Mental Health Awareness	Can I show care for the environment? Emotional Self-regulation Take care for an animal and a plant. Learn what animals need. Learn that pets have emotions and can be scared, excited. Learn how to be gentle with animals and positive ways of being with a dog and a cat, for example. Learn how to protect animals. Understand why it is wrong to harm or hurt animals. Personal Managing self Understand the concept of right and wrong. Know how to act in the right ways and what to do when they have done something wrong. Learn the notion of truth and lie. Learn how to clear up rubbish and not throw litter. Learn how to clear up after snack and lunch. Know that there are changes that happen as they grow. Learn how to clean themselves. Social/ building relationships Show sensitivity to others. Show patience. Learn how to complete an activity with someone else. Use this as a way of working together and helping each other. Learn to start valuing others' contributions. Use manners of appreciation. Use manners of sensitivity. Learn how to sit still and quietly in adult-led time such as phonics on the carpet, story time. British Values Learn about right and wrong, truth and lie, and that they have choices. Learn the good choices that people can make. Diversity Experience the awe and wonder of spring and new life, trees and plants blossoming and the diversity in the environment. Learn diversity in an animal such as the wide range of different dogs. Finance Understand the idea of waste and how expensive it is to waste equipment, materials, food, energy. Understand that looking after plants and animals costs money.	What is similar and different in people's lives? Emotional Self-regulation Building on caring: learn about some jobs in which people care for others such as nurse, vet, dentist, doctor, teacher, babysitter, childminder. Know that in some jobs, you have to control your emotions such as: police, fire officer, umpire. Personal Managing self Building on right and wrong, learn about the right and wrong ways of acting when you in a particular job or when you are a customer. Learn about trusted professions and who you can go to if worried or upset. Know that people are different and that some people find things funny and others find the same thing upsetting. Know how to stop themselves and learn the right choices. Social/ building relationships Learn how people in different jobs interact with others. Role play certain jobs such as: hotelier; builder; chef. Understand the idea of being polite and friendly to customers. Understand that people have different needs and likes. British Values Learn about tolerance in different jobs. Diversity Building on what they learned about gender – link this to jobs e.g. nurses can be men; builders can be women and girls. Chief executives of companies can be girls as can fire and police officers. Finance Know that we need a job to earn money so that we can buy things. Know that some jobs pay more than others. Mental Health Awareness	Can I prepare for a change of class? Emotional Self-regulation Learn to talk about feelings when things change and that change can sometimes be good. Learn how to prepare for a change such as a change in class or teacher to make the change smoother and easier. Understand that different is neither better nor worse. Personal Managing self Learn how to protect yourself in the summer. Know that sun is good for you as it contains good vitamins but it can damage your skin if you are out too long. Learn how to apply cream and sun cream and to cover heads in the sun. Learn that words and looks can hurt. Understand how to manage words and looks to be kind and helpful to others. Social/ building relationships Know that on holiday we sometimes see different people. Role play meeting someone new at the beach, camp site, hotel, city. Learn how to build a friendship with someone they have only just met. Know that other people speak different languages. Learn that some people use braille or sign language. Build their skills of manners further into scenarios based on meeting someone new. Understand that some people may not be able to hear what they said and can ignore them. British Values Learn to respect people's differences of opinion, for example games they like to play on holiday, where thy like to sit, things they like to do. Diversity Learn about diversity in languages. Learn about people with different disabilities and how we can respect them. Hinduism Finance Role play buying things for their summer holiday from a shop in pound notes and/or pennies (no other denominations). Know that holidays cost money particularly hotels and air fares but also camp sites and trips and visits and how to appreciate those who buy us things.
Vocabulary						

Trips/Visits					Different jobs: Vets, dentist, librarian	
Key Texts	Traditional tales				Milo's Money	
Awareness days	St Ambrose Feast Day Black History Month	Remembrance Sunday Anti-Bullying Week	Holocaust Memorial Day Internet Safety Day Children's Mental Health Awareness	Ash Wednesday	Mental Health Awareness	
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Emotional Self-regulation know and learn the boundaries and expectations of the class. Will begin to explain how they are feelings happy, sad, angry, lonely, joyful. Know and understand why we tidy up after ourselves. Personal Managing self Begin to learn about a healthy eating. Know how and will learn to ask for help from an adult. Know why washing hands is important and wash them regularly. Social/ building relationships Know what makes a good friend. Know what friendly behaviour looks like. Will describe and show friendly behaviour. Know and learn to take turns. British Values Know the class rules. Know that rules help us to stay safe. Diversity Know that we are all different and it is ok to be different. Know that we all have our own name and that we are all special individuals. Know that we can speak different languages. Finance Know to say 'thank you' when somebody gives them something. Black History Month	Emotional Self-regulation Know about important dates in their lives. Give children strategies for staying calm when they are frustrated. Personal Managing self Know why sleep is important to keeping healthy. Know how to stay safe as a pedestrian by holding hands, staying on the pavement and walking. Know that it is not safe to touch a plug socket. Social/ building relationships Know how to initiate conversations with others and this is friendly behaviour. Know and understand kind and considerate behaviour through modelling and commentary. British Values Know about the festivals of Diwali, Halloween, Christmas. Know how to talk about different festivals. Diversity Know and respect the different celebrations from different religions. understand why different people celebrate different things. Hindusim Finance Know to say 'thank you' when somebody gives them something. Know that we can give money to charity to help those in need and why this is important. Remembrance Anti-Bullying Week	Emotional Self-regulation Know and learn right from wrong. Understand how to make the right choices and the consequences of not making the right ones. Be able to talk about why a character has made a poor choice and what the consequences are. Be able to talk about how the character could have made a better choice. Personal Managing self Know that too much screen time is not good for them. Know why it is important to eat plenty of fruits and vegetables and drink plenty of water, Social/ building relationships Know their behaviour and choices affects others. Know why it is important that they listen to their friends. Encourage children to talk about their own work and the work of others. British Values Understand that we have different views and opinions. Begin to try and see things from another's point of view. Diversity Know we celebrate and respect the celebrations from other cultures. Judaism Finance Know that we pay for food with money and the different ways we can do this. (self-checkout, cashier, card, cash) Children's Mental Health Awareness	Emotional Self-regulation Identify ways of being helpful to others and how this will make them feel. Talk about the effect my behaviour has on others. Model and commentate on how problems have been solved. Know that mistakes are an important part of learning. Personal Managing self Know that regular exercise is good for their health. Know that regular handwashing is important to health Social/ building relationships Understand that people need help. Know some ways that they can give help – tidy up, smile, hold hands. Know how to co-operatively play with others. Know how conflict can be resolved – say sorry, turn taking, sharing etc British Values Know how to make decisions together – name the chickens, which book to read... Diversity Know that we grow and change in different ways. Islam	Emotional Self-regulation Know how to set their own goals and targets. Discuss with the chn how they can plan to meet them. Know how to be resilient and persevere when faced with a challenge. Know how to negotiate and solve problems without aggression. Personal Managing self Know that brushing teeth is important. Know that doctors, nurses and dentists can help up when we are not well. Know how to be a safe pedestrian. Will manage needs independently. Social/ building relationships Know how their behaviour affects others. Discuss and know how characters might be feeling at different points of the story. Describe ways that we can work together to help protect the environment. British Values Develop further awareness of self and self-esteem through the achievement of achieving goals that have been set. Know that it is important to express your opinion and listen to the opinion of others. Know that we are entitled to free speech. Diversity Know and appreciate a range of jobs that people do and how they can help. Know that people in the past (and now) stood up for what is right. Finance Know that most jobs people earn money for food, clothes, bills etc. Know that some people choose to give up their own time and volunteer for some jobs. Mental Health Awareness	Emotional Self-regulation Know that setting goals are important and provide support and guidance to help achieve them. Know that trial and error is important in learning. Chn talk about problems. Personal Managing self Know how to stay safe as a pedestrian. Know how to stay safe around water. Know to wear sun cream, hat, stay in the shade and drink plenty of water to stay safe in the sun. Social/ building relationships be able to talk about the relationships they have at home with their family and friends. Know how to share, turn take and wait politely. British Values Know the consequences of their behaviour and choices, especially in relation to choices about the environment. Know what is right and wrong and behave accordingly. Diversity Know that different people live in different environments. Finance Know the financial benefits of reducing waste. Know that you have to pay for food, water, electricity. Know that there are charities to help make the world a fairer place -CAFOD
Vocabulary						
Trips/Visitors					CAFOD	
Key Texts					Milo's Money	
Awareness days	St Ambrose Feast Day and mission Black History Month	Remembrance Sunday Anti-Bullying Week	Holocaust Memorial Day Internet Safety Day Children's Mental Health Awareness	Ash Wednesday	Mental Health Awareness	
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year B 2027-2028	Scripture: Let the children come P&L Brainwave	Remembrance Anti-Bullying Week M1 U3 S1 Feelings, Likes and Dislikes: they have different feelings inside their	Scripture: The Prodigal Son P&L Internet Safety Day Children's Mental Health Awareness	M2 U3 S2 – Rules to help us – recognise safe and unsafe situations in both 'real' and 'online life'	The Holy Trinity P&L Scripture: The Good Samaritan P&L Mental Health Awareness	Hinduism: Stories Hinduism: Stories - Krishna and Ganesh Raksha Bandan

	M1 U2 S1 I am unique: similarities and differences, things that make us unique and special M1 U2 S2 My Girls and Boys: celebrate girls and boys on physical, emotional and spiritual levels. M1 U2 S3 Clean and Healthy – how to take care of our bodies. Black History Month Judaism : Stories – Abraham and Moses Judaism : Stories – Leaders of the Jewish Faith	heads and have different likes and dislikes. M1 U3 S2 Feelings Inside and Out: feelings inside their heads M1 U3 S3 Super Suzy Gets Angry: what to do when experiencing strong feelings for the first time. M1 U4 S1 The Cycle of Life – human life cycle and how they have already changed and grown. M1 U4 S3 Changes All Around – how experiences help prepare them for changes to come.	M2 U2 S1 Special People – identify a network of special people form them M2 U2 S2 Treat Others Well – reflect on how their behaviour affects others. M2 U2 S3 Saying Sorry – reflect on experiences of giving and receiving forgiveness. M2 U3 S1: Real life online – how we feel in real life we can also feel like that digitally as well. M2 U3 S2 – Rules to help us feel safe on the inside	M2 U4 S1 Good and Bad Secrets – learn how to resist pressure when feeling unsafe M2 U4 S2 - Physical Contact PANTS – privates are private and their body belongs to them. M2 U4 S4- Can you help me? Part 1 – explore what makes a situation a 999 emergency Islam : Stories – Muhammad Islam : Stories – the importance of Muhammad	M3 U2 S1 – The communities we live in – the communities they live in and the rights and responsibilities that come with it M3 U2 S2 Who will I be? – explore strengths and qualities needed for different jobs. What is a vote? Sikhism : Stories- Guru Nanak Sikhism : Guru Nanak was a teacher	Lifesavers - How does money make us feel? - Know that money can affect our emotions and the way we behave, but that money does not guarantee us happiness Lifesavers - Where do I get my money from? where adults get their money from and how work can enhance life and the way we feel about ourselves Water safety RNLI
Vocabulary:						
Trips/Visitors		Lead on Advent Collection		Local 999 Call Centre		
Key Texts						
Awareness days	St Ambrose Feast Day and mission Black History Month	Remembrance Sunday Anti-Bullying Week	Holocaust Memorial Day Internet Safety Day Children’s Mental Health Awareness	Ash Wednesday	Mental Health Awareness	
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year A 2026-2027	Scripture : Let the children come P&L Brainwave M1 U2 S1 I am unique: similarities and differences, things that make us unique and special M1 U2 S2 My Girls and Boys: celebrate girls and boys on physical, emotional and spiritual levels. M1 U2 S3 Clean and Healthy – how to take care of our bodies. Black History Month Judaism : Prayer and Home Judaism : Shabbat	Remembrance Anti-Bullying Week M1 U3 S1 Feelings, Likes and Dislikes: they have different feelings inside their heads and have different likes and dislikes. M1 U3 S2 Feelings Inside and Out: feelings inside their heads M1 U3 S3 Super Suzy Gets Angry: what to do when experiencing strong feelings for the first time. M1 U4 S1 The Cycle of Life – human life cycle and how they have already changed and grown.	Scripture : The Prodigal Son P&L Internet Safety Day Children’s Mental Health Awareness M2 U2 S2 Treat Others Well – reflect on how their behaviour affects others. M2 U2 S3 Saying Sorry – reflect on experiences of giving and receiving forgiveness. M2 U3 S1: Real life online – how we feel in real life we can also feel like that digitally as well. M2 U3 S2 – Rules to help us feel safe on the inside	M2 U4 S1 Good and Bad Secrets – learn how to resist pressure when feeling unsafe M2 U4 S2 - Physical Contact PANTS – privates are private and their body belongs to them. M2 U4 S3 – Harmful substances – harm alcohol and tobacco can have on bodies M2 U4 S 5- Can you help me? Part 2 – basic principles of First Aid Islam : Prayer five times a day Islam : Prayer is important for Muslims	The Holy Trinity P&L Scripture : The Good Samaritan P&L Mental Health Awareness Who runs the country? notes What is the Law? notes M3 U2 S1 – The communities we live in – learn how they can help or harm their communities Sikhism : Prayer Sikhism : family life	Hinduism : prayer at home Hinduism : puja Lifesavers -What do we need our money for? Know about the things they value in life, some of which they will pay for and some of which cannot be bought M3 U2 S3 – Needs and wants – consider choices how to save or spend money Water safety RNLI
Vocabulary:						
Trips/Visitors	Avro Air centre		Alcock and Brown Walk Southern Cemetery		MP Visit	
Key Texts						
Awareness days	St Ambrose Feast Day and mission Black History Month	Remembrance Sunday Anti-Bullying Week	Holocaust Memorial Day Internet Safety Day Children’s Mental Health Awareness	Ash Wednesday	Mental Health Awareness	
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 3	Jairus’ Daughter P&L The Sacraments P&L Brainwave M1 U2 S1 We don’t have to be the same – similarities and differences should be celebrated. M1 U2 S2 Respecting Our Bodies – how to look after and respect our bodies. M1 U3 S1 What Am I Feeling? – emotional well-being and what they can do to help stay emotionally healthy Black History Month Judaism : Places of Worship Judaism : Importance of the Synagogue	Remembrance Anti-Bullying Week M1 U3 S2 What Am I Looking At? – identify and see through a fake reality than can be represented through the media M1 U3 S3 I Am Thankful – build resilience and resist peer pressure M2 U2 S2 Family, Friends and Others – what it means to be a good friend and learn strategies to use when relationships become difficult. M2 U2 S3 When Things Feel Bad – how o recognise bullying and abuse in reality and online. Resist pressure and practise resilience.	Scripture : The Prodigal Son P&L Internet Safety Day Children’s Mental Health Awareness M2 U3 S1 Sharing Online - learn that the speed things can be shared around the world can be damaging and learn steps to keep them safe. M2 U3 S2 Chatting Online – learn how they can report and get help if they encounter inappropriate messages or material M2 U4 S3 Safe In My Body v1 – learn about different kinds of abuse and know trusted adults they can talk to. M2 U4 S2 Drugs, Alcohol and Tobacco – learn about making the right choices when it comes to substances.	The Holy Trinity P&L Together for the Common Good P&L M2 U4 S4 Rights and Responsibilities – identify legal rights and when these are compromised. M3 U2 S1 How Do I Love Others? – putting love into action in our communities. M3 U2 S2 Working Together – explore why people do different jobs and factors that influence job choices. Islam : The Mosque Islam : How Muslims worship	Mental Health Awareness Democracy part 1 – what is democracy Democracy part 2 – central and local government Sikhism : Gurdwara, langar Amritsar Sikhism : The gurdwara	Hinduism : places of worship Hinduism : The Mandir Lifesavers - Where do adults get their money? Pg 10 Know my money comes to me in different ways e.g. earning, winning, borrowing, finding, being given. M3 U2 S3 Money Matters – practicalities of managing money, including different payment methods. Lifesavers -Why do we work? Pg 11 know that there is a range of jobs - paid and unpaid and some jobs pay more than others.

			M2 U4 S3 1 st Aid Heroes – learn how 1 st Aid, quick reactions and staying calm can be the difference between life and death			
Vocabulary:						
Trips/visitors				Mosque	Local councillors MP Manchester Town Hall	
Key Texts						
Awareness Days	St Ambrose Feast Day and mission Black History Month	Remembrance Sunday Anti-Bullying Week	Holocaust Memorial Day Internet Safety Day Children’s Mental Health Awareness	Ash Wednesday	Mental Health Awareness	
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 4	Jairus’ Daughter P&L The Sacraments P&L Brainwave M1 U2 S1 We don’t have to be the same – similarities and differences should be celebrated. M1 U3 S1 What Am I Feeling? – emotional well-being and what they can do to help stay emotionally healthy M1 U3 S2 What Am I Looking At? – identify and see through a fake reality than can be represented through the media M1 U3 S3 I Am Thankful – build resilience and resist peer pressure Black History Month Judaism: Holy Books Judaism: Importance of the Torah	Remembrance Anti-Bullying Week M1 U2 S2 Respecting Our Bodies – how to look after and respect our bodies. M1 U2 S3 What is Puberty? – know some of the changes when boys and girls enter puberty M1 U2 S4 Changing Bodies – physical and emotional changes that will take place over the coming years M2 U3 S2 Chatting Online – learn how they can report and get help if they encounter inappropriate messages or material M1 U4 S2 – A Time for Everything – reflect compassionately on complexities of grief and how they can support themselves and others.	Scripture: The Prodigal Son P&L Internet Safety Day Children’s Mental Health Awareness M2 U4 S3 Safe In My Body v1 – learn about different kinds of abuse and know trusted adults they can talk to. M2 U4 S2 Drugs, Alcohol and Tobacco – learn about making the right choices when it comes to substances. M2 U4 S3 1 st Aid Heroes – learn how 1 st Aid, quick reactions and staying calm can be the difference between life and death M2 U4 S4 Rights and Responsibilities – identify legal rights and when these are compromised.	The Holy Trinity P&L Together for the Common Good P&L M3 U2 S1 How Do I Love Others? – putting love into action in our communities. M3 U2 S2 Working Together – explore why people do different jobs and factors that influence job choices. Islam: Holy Books Islam: The importance of the Qu’ran	Mental Health Awareness M3 U2 S3 Money Matters – practicalities of managing money, including different payment methods. Lifesavers – How can we look after our money? – pg12 – know that there are different ways that we can keep track of how much we spend. Sikhism: Guru Granth Sahib Sikhism: Guru Granth Sahib and the gurus.	Democracy part 3 - laws Lifesavers- Why save money? Pg 13 – know that there are various ways that we can spend or save. Hinduism: Holy Books Hinduism: Vedas and Bhagavad-Gita How can we look after our money?
Vocabulary:						
Trips/visitors	Jewish Museum and Synagogue					
Key Texts						
Awareness Days	St Ambrose Feast Day and mission Black History Month	Remembrance Sunday Anti-Bullying Week	Holocaust Memorial Day Internet Safety Day Children’s Mental Health Awareness	Ash Wednesday	Mental Health Awareness	
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 5	Calming the Storm P&L Brainwave M1 U2 S1 Gifts and Talents – develop personal value and self-confidence Kooth Sign up session M1 U2 S4 Spots and Sleep – making good choices relating to sleep and personal hygiene M1 U3 S1 Body Image – developing resilience and exploring some of the pressures they may feel. Black History Month Judaism: Beliefs and Festivals Judaism: Pesach	Remembrance Anti-Bullying Week M1 U3 S2 Peculiar Feelings – know some behaviours are wrong no matter what feelings accompany them M1 U3 S3 Emotional Changes – how to manage feelings that may seem uncontrollable. M1 U2 S1 Girls’ Bodies – physical changes that take place during puberty M1 U2 S3 Boys’ Bodies – physical changes during puberty	Scripture – Zacchaeus- God is calling you Internet Safety Day Children’s Mental Health Awareness M1 U4 S1 Making Babies P1 – how a baby develops in the womb M1 U4 S3 Menstruation – how periods are managed and some side effects. M1 U4 S4 Hope Beyond Death – finding ways to deal with grief. M1 U4 S5 – Coping with Change – looking forward to upcoming challenges with resilience and gratitude.	M2 U2 S1 – Under Pressure – different ways people can experience pressure and how it can be resisted M2 U2 S3 Self-Talk – how pressures affect how they relate to the world and the people around them. M2 U2 S4 – Build others up – exploring the concepts of fairness, prejudice and discrimination. Islam: Beliefs and Festivals - pilgrimage Islam: Ramadan and Eid	The Holt Trinity P&L M2 U3 S1 Sharing isn’t always caring – making safe and sensible decisions about what to share or not to share. M3 U1 S2 Catholic Social Teaching – learn how we can apply principles in our daily life M3 U2 S1 – Reaching Out – analyse issues in relation to Catholic Social Teaching, Mental Health Awareness Sikhism: Beliefs and Festivals - Baisakhi, the Khalsa, Mool Mantra Sikhism: The Khalsa. One God	Hinduism: Beliefs and festivals – belief in one god Hinduism: pilgrimage M2 U4 S4 – Giving assistance – recovery position and primary survey. Lifesavers - What is borrowing? – pg 15 – know what interest is and how it is added to money we save and borrow. Lifesavers -How much do I have to spend? How does money make us feel? Pg 11 M3 U2 S3 – Money and Me – explore how our spending power can be used for the good of others.
Vocabulary:						
Trips/visitors	Kooth stall at Parent’s Evening Kooth	Southern Cemetery service		Kooth stall at Parent’s Evening Kooth		Laudato Si Centre Barlow High Environment Day Gita Bhavan Hindu Temple
Key Texts						
Awareness Days	St Ambrose Feast Day and mission Black History Month	Remembrance Sunday Anti-Bullying Week	Holocaust Memorial Day Internet Safety Day	Ash Wednesday	Mental Health Awareness	

			Children's Mental Health Awareness			
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 6	Calming the Storm P&L Brainwave M1 U2 S1 Gifts and Talents – develop personal value and self-confidence Kooth Sign up session M1 U2 S1 Girls' Bodies – physical changes that take place during puberty M1 U4 S3 Menstruation – how periods are managed and some side effects. Black History Month Judaism: Belonging and Values Judaism: Yon Kippur	Remembrance Anti-Bullying Week M1 U2 S3 Boys' Bodies ext – physical changes during puberty M1 U2 S4 Spots and Sleep ext – making good choices relating to sleep and personal hygiene M1 U3 S1 Body Image – developing resilience and exploring some of the pressures they may feel. M1 U3 S2 Peculiar Feelings – know some behaviours are wrong no matter what feelings accompany them	Scripture – Zacchaeus- God is calling you Internet Safety Day – M2 U3 S2 Cyberbullying – how to report and get help if they encounter inappropriate messages or material. Children's Mental Health Awareness M1 U3 S3 Emotional Changes ext – how to manage feelings that may seem uncontrollable. M2 U2 S1 – Under Pressure ext – different ways people can experience pressure and how it can be resisted M2 U2 S1 Do you want a piece of cake? – issue of bodily autonomy equipping them with the confidence and ability to say no	M2 U2 S4 – Build others up ext – exploring the concepts of fairness, prejudice and discrimination. M2 U4 S1 – types of abuse – consider how abuse violates their rights. M2 U4 S2 Impacted Lifestyles – know how drugs, alcohol and tobacco impact on lifestyle and body's natural functioning. M2 U4 S3 Making Good choices – peer pressure to use alcohol, tobacco or drugs. Islam: Guidance and Values Islam: The five pillars	Mental Health Awareness Sikhism: Guidelines for living, sewa Sikhism: Commitment to service, sewa M3 U2 S2 The World of Work – know how personal values, attitudes and life skills contribute to our future M3 U2 M3 Money and Me – consider the financial inequalities in the UK. Lifesavers -What are taxes and why do we have to pay them? -pg 13 know that money is deducted from earnings to pay for other services.	Smart Moves Transition Programme Hinduism: beliefs and values: Karma Hinduism: Karma and Dharma
Vocabulary:						
Trips/Visitors	Lancashire Cricket Club – healthy hearts Kooth stall at Parent's Evening Kooth	Southern Cemetery service	People's History Museum	Kooth	The gurdwara	Crucial Crew Marist Convent
Key Texts						
Awareness Days	St Ambrose Feast Day and mission Black History Month	Remembrance Sunday Anti-Bullying Week Parliamentary Week	Holocaust Memorial Day Internet Safety Day Children's Mental Health Awareness	Ash Wednesday	Mental Health Awareness	