

Family Hubs Network Rossendale Partners

Rossendale Newsletter – September 2026

New Initiatives

☀️ Our Voice: Supporting Young People to Thrive ☀️

Every young person deserves to be heard, supported, and empowered.

Our Voice, delivered by Child Action Northwest, provides emotional wellbeing support for children and young people in care across Lancashire and South Cumbria. Through up to 10 personalised sessions, young people can access a range of support. Including, 1:1 therapeutic sessions, mindfulness activities, creative therapies, and resilience-building workshops.

The support doesn't end when sessions finish. Young people and carers can continue to benefit from ongoing support, peer networks, and helpful resources designed to maintain progress and positive outcome.

Giving young people a voice, building resilience, and helping them reach their full potential.

Working Together

Join Us for a Fantastic Family Fun Day!

Irwell Medical Practice is delighted to invite local families to our Family Fun Day on Thursday 24th September, from 2:00pm to 6:00pm, at Irwell Medical Practice.

There will be plenty of information, advice and practical support available on children's health, healthy eating, nasal flu vaccinations, and general wellbeing. Alongside the health-focused activities, children can enjoy a range of fun games and activities, making it a great day out for the whole family. Best of all, all proceeds from the event will be donated to Bacup Family Centre, helping to support local families in our community.

Everyone is welcome, and we look forward to seeing you there for an afternoon of fun, learning and community spirit!



🎒 Welcome Back & Good Luck! ☀️

As Summer comes to an end, we would like to wish all children, young people, and families a fantastic start to the new academic year. Whether you're heading back to school, starting college, beginning university, taking on an apprenticeship, or exploring a new opportunity, this is an exciting time filled with fresh beginnings, new friendships, and opportunities to learn and grow.

A special congratulations to everyone taking the next step in their journey! From first days and new classrooms to lectures and placements, every achievement is worth celebrating. Remember, it's okay to feel nervous as well as excited, and support is always available when needed.

Here's to a successful year ahead filled with confidence, resilience, new experiences, and plenty of reasons to be proud!



Supporting Local Families

☀️ Join Us at Café & Connect! ☀️

Come along to Café & Connect on Friday 4th September for a warm welcome, a free cuppa, and the chance to connect with other local families, carers, and members of the community.

This friendly event will bring together a range of organisations and services, including Citizens Advice, Family Hubs, financial advisors, mental health support services, and energy advisors, offering practical information, guidance, and support all in one place. Whether you're looking for advice, want to learn more about local services, or simply fancy a chat, there will be something for everyone. Plus, a fun Stay and Play session will be running alongside the event, giving children the opportunity to play and socialise while parents and carers explore the services on offer.

We look forward to welcoming you for a morning of connection, conversation, and community support!

For more info, get in touch today,
Rossendalefamilyhub@lancashire.gov.uk

or call us on 01772536873

