



PSHE Progression of Learning 2025-26

Whilst Outwood Primary School follows the Kapow scheme of work, we carefully reflect on the needs of our own school community by allowing all teachers to be flexible in their delivery.



Year/Skill	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Assessment – EYFS Baseline Self-Regulation My Feelings	Assessment – EYFS Baseline Building Relationships	Assessment – EYFS Baseline Managing Self - Taking on challenges	Assessment – EYFS Baseline Self-Regulation - Listening and following instructions	Assessment – EYFS Baseline Building Relationships: My family and friends	Assessment – EYFS Baseline Managing Self: My Health & Well-Being
Year 1	Ground rules lesson Family and Relationships	Citizenship	Identity	Economic Well-Being	Safety and the Changing Body	Health & Well-Being Transition - getting ready for our new year
Year 2	Ground rules lesson Family and Relationships Citizenship - Lesson: School Council	Citizenship Safety Lesson: Fire Safety/Bonfire Safety	Health & Well-Being	Safety and the Changing Body	Economic Well-Being	Identity Transition - getting ready for our new year
Year 3	Ground rules lesson Identity Family and Relationships	Family and Relationships	Economic Well-Being	Citizenship	Health & Well-Being	Safety and the Changing Body Transition - getting ready for our new year
	Ground rules lesson Citizenship	Health & Well-Being (linking with science topic-animals inc humans)	Family and Relationships	Economic Well-Being	Safety and the Changing Body	Identity Transition - getting ready for our new year
Year 4	Ground rules lesson Family and Relationships	Citizenship	Health & Well-Being	Economic Well-Being	Safety and the Changing Body	Identity Transition - getting ready for our new year
Year 5	Ground rules lesson Family and Relationships	Citizenship	Health & Well-Being	Economic Well-Being	Safety and the Changing Body	Identity Transition - getting ready for our new year
Year 6	Ground rules lesson Identity Family and Relationships	Family and Relationships	Economic Well-Being	Citizenship	Health & Well-Being	Safety and the Changing Body Transition - getting ready for our new school / year

Outwood Primary also celebrates a variety of external events relevant to PSHE through themed days and weeks, alongside the progression map. These include, but are not are not limited to: Safer Internet Day; Anti-Bullying Week; Children’s Mental Health Week; International Women’s Day and Earth Day.